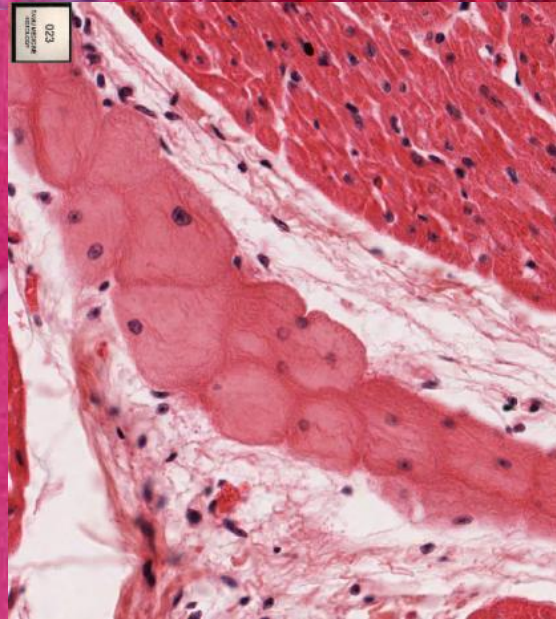
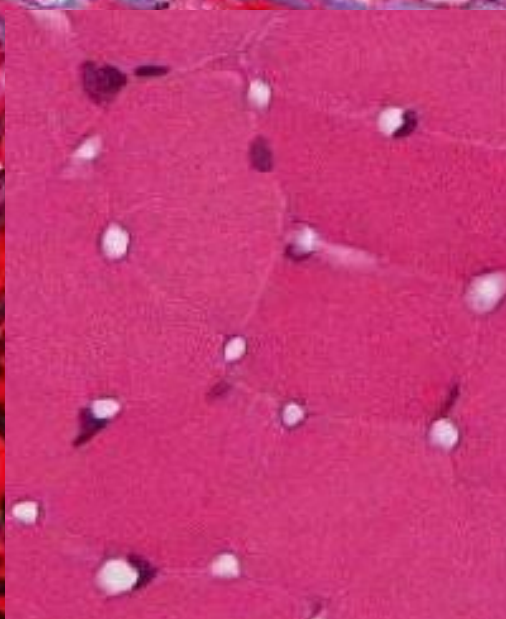


CARDIOVASCULAR SYSTEM PART 1

Dr. Larry Johnson



Objectives

Part 1

- Identify elastic and muscular arteries, arterioles, capillaries, venules and veins.
- Describe the intima, media, and adventitia of all vessels.

Part 2

- Describe the structure of the heart.
- Also regulation of blood flow, lymphatic vessels, and diseases

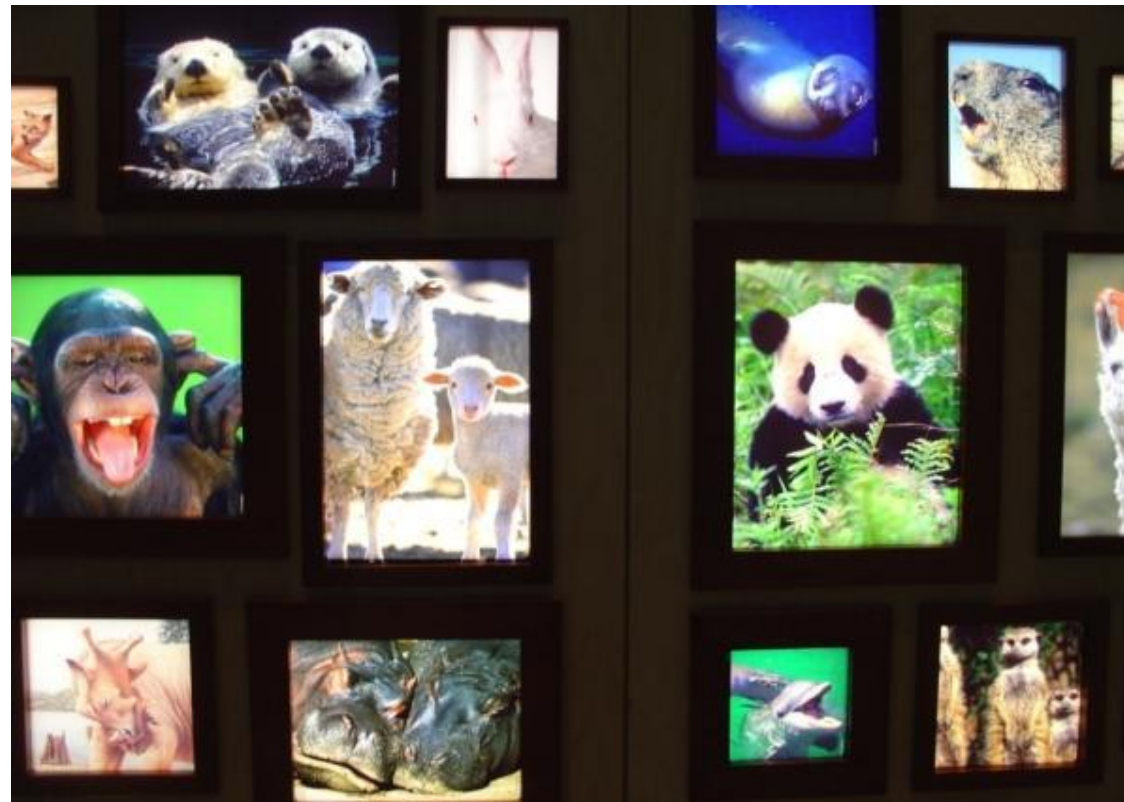
Introduction

Multicellular Organisms Need 3 Mechanisms

1. Distribute oxygen, nutrients, and hormones

2. Collect waste

3. Transport waste
to excretory organs

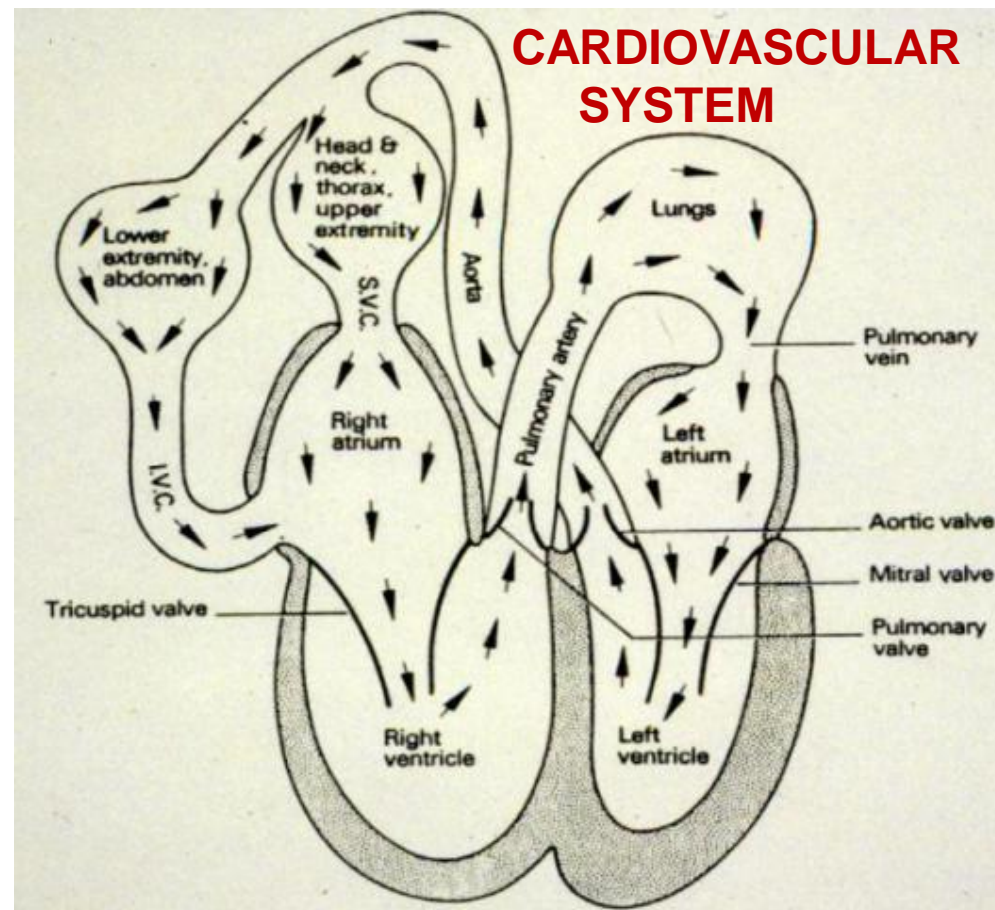


Introduction

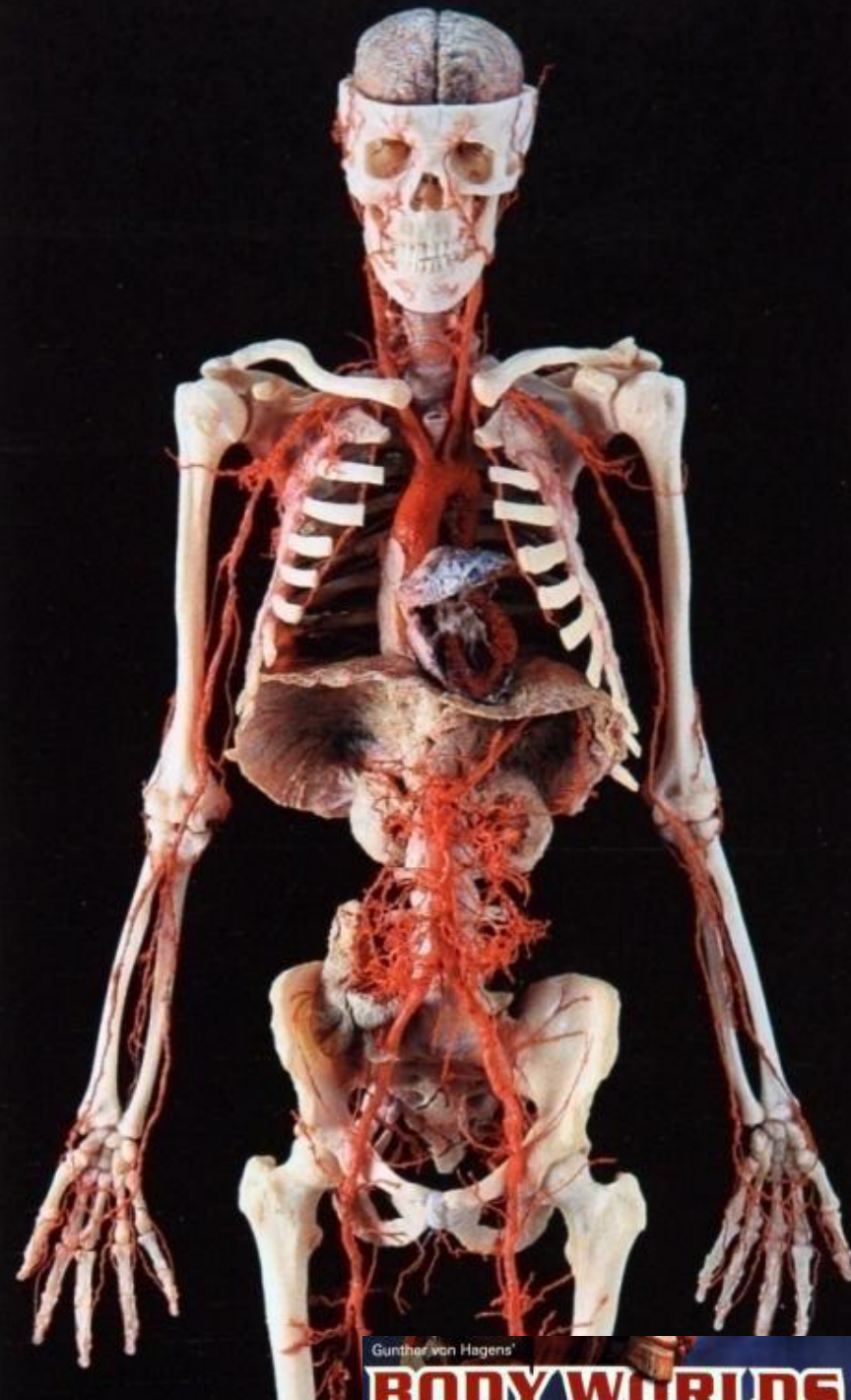
Multicellular Organisms Need 3 Mechanisms

1. Distribute oxygen, nutrients, and hormones
2. Collect waste
3. Transport waste to excretory organs

The **cardiovascular system** is composed of two sets of closed vessels open only to each other. One goes to the lungs and the other to the rest of the body

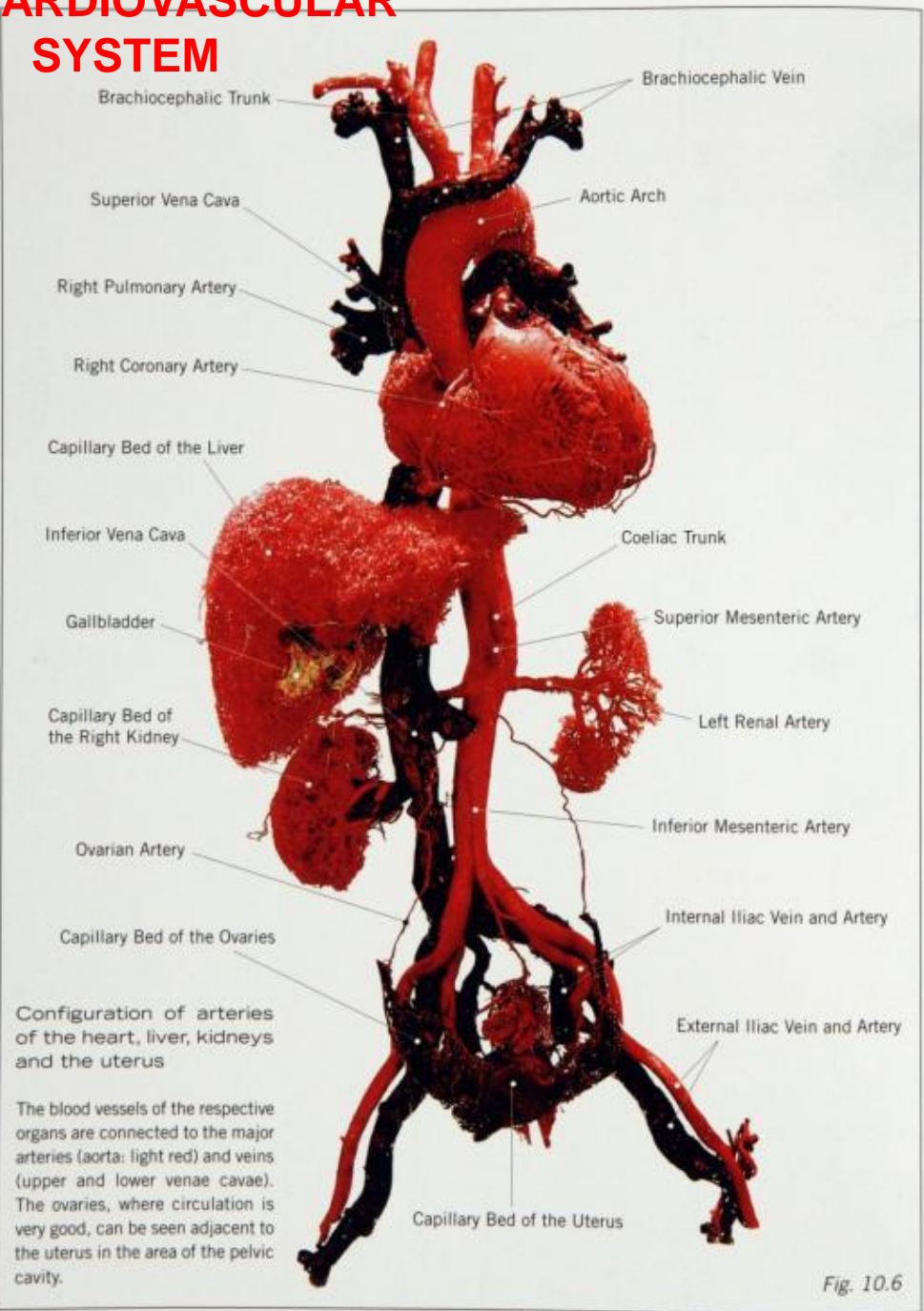


CARDIOVASCULAR SYSTEM



Gunther von Hagens'

BODY WORLDS



Configuration of arteries of the heart, liver, kidneys and the uterus

The blood vessels of the respective organs are connected to the major arteries (aorta: light red) and veins (upper and lower venae cavae). The ovaries, where circulation is very good, can be seen adjacent to the uterus in the area of the pelvic cavity.

Fig. 10.6

CARDIOVASCULAR SYSTEM

COMPONENT

HEART

ELASTIC ARTERIES

MUSCULAR ARTERIES

ARTERIOLES

CAPILLARIES

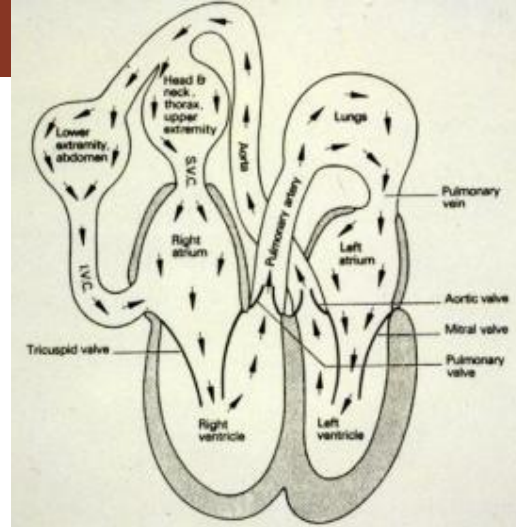
VENULES

VEINS

LARGER VEINS

FUNCTION

- PRODUCE BLOOD PRESSURE (SYSTOLE)
- CONDUCT BLOOD AND MAINTAIN PRESSURE DURING DIASTOLE
- DISTRIBUTE BLOOD, MAINTAIN PRESSURE
- **PERIPHERAL RESISTANCE** AND DISTRIBUTE BLOOD
- EXCHANGE NUTRIENTS AND WASTE
- COLLECT BLOOD FROM CAPILLARIES (EDEMA)
- TRANSMIT BLOOD TO LARGE VEINS, RESERVOIR
- RECEIVE LYMPH AND RETURN BLOOD TO HEART, BLOOD RESERVOIR



CARDIOVASCULAR SYSTEM

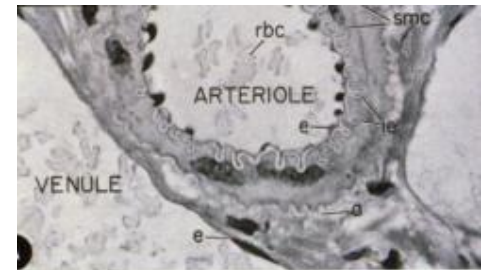
**MUSCULAR ARTERIES -
DISTRIBUTE BLOOD, MAINTAIN
PRESSURE**



CARDIOVASCULAR SYSTEM

**MUSCULAR ARTERIES -
DISTRIBUTE BLOOD, MAINTAIN
PRESSURE**

**ARTERIOLES - PERIPHERAL
RESISTANCE AND DISTRIBUTE
BLOOD**

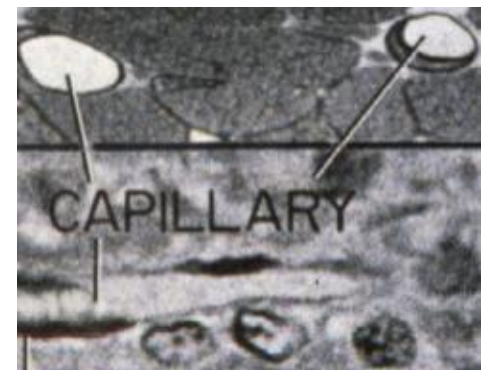
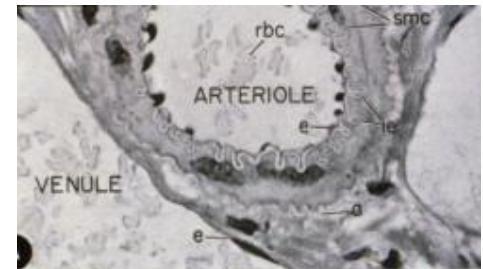


CARDIOVASCULAR SYSTEM

**MUSCULAR ARTERIES -
DISTRIBUTE BLOOD, MAINTAIN
PRESSURE**

**ARTERIOLES - PERIPHERAL
RESISTANCE AND DISTRIBUTE
BLOOD**

**CAPILLARIES - EXCHANGE
NUTRIENTS AND WASTE**



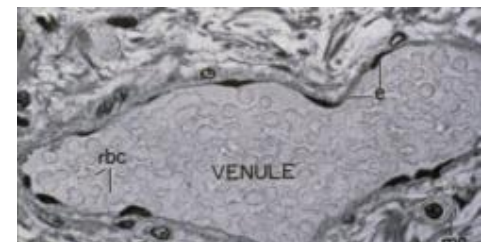
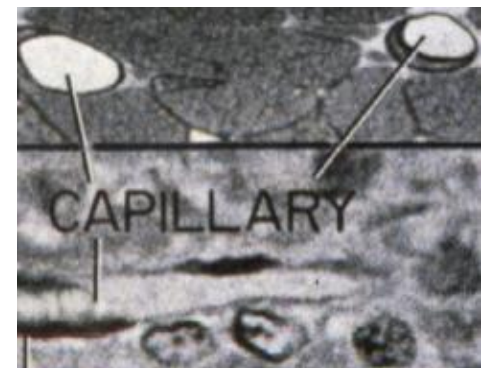
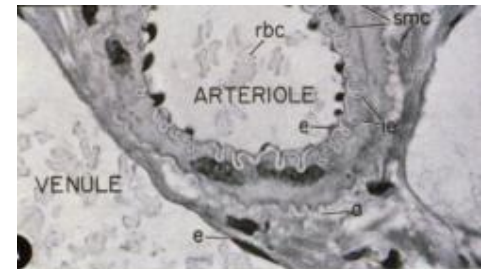
CARDIOVASCULAR SYSTEM

MUSCULAR ARTERIES - DISTRIBUTE BLOOD, MAINTAIN PRESSURE

ARTERIOLES - PERIPHERAL RESISTANCE AND DISTRIBUTE BLOOD

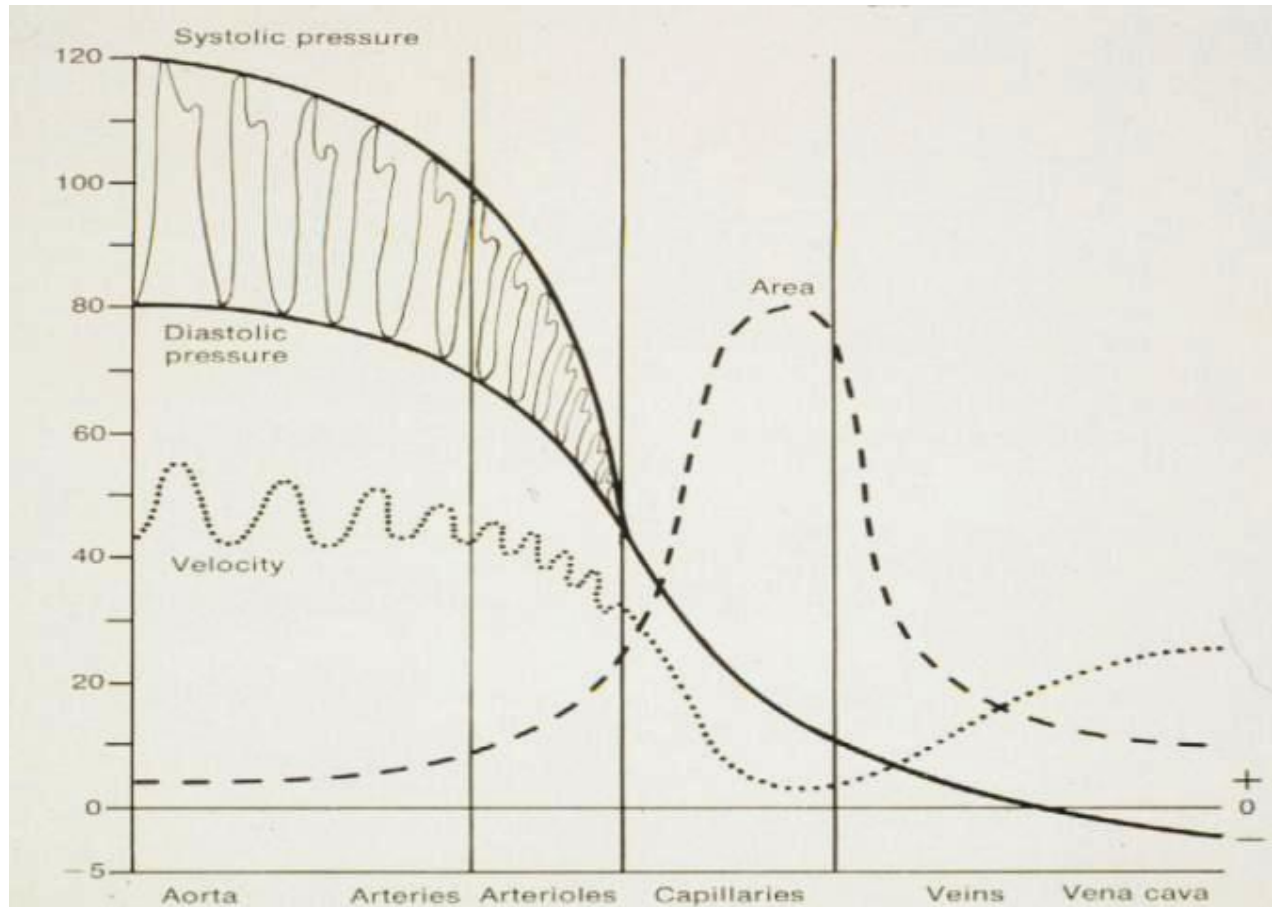
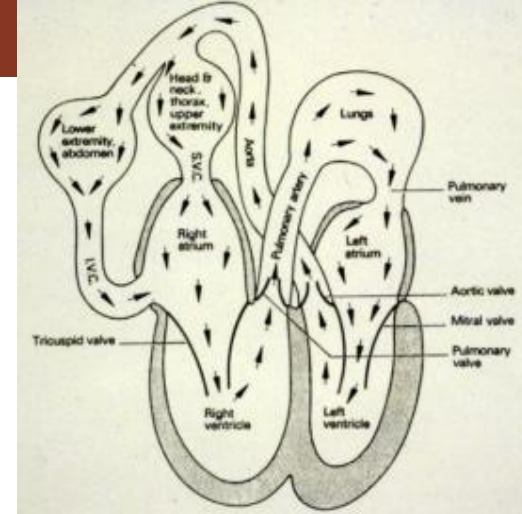
CAPILLARIES - EXCHANGE NUTRIENTS AND WASTE

VENULES - COLLECT BLOOD FROM CAPILLARIES (EDEMA)



CARDIOVASCULAR SYSTEM

HEART PRODUCES BLOOD PRESSURE (SYSTOLE)



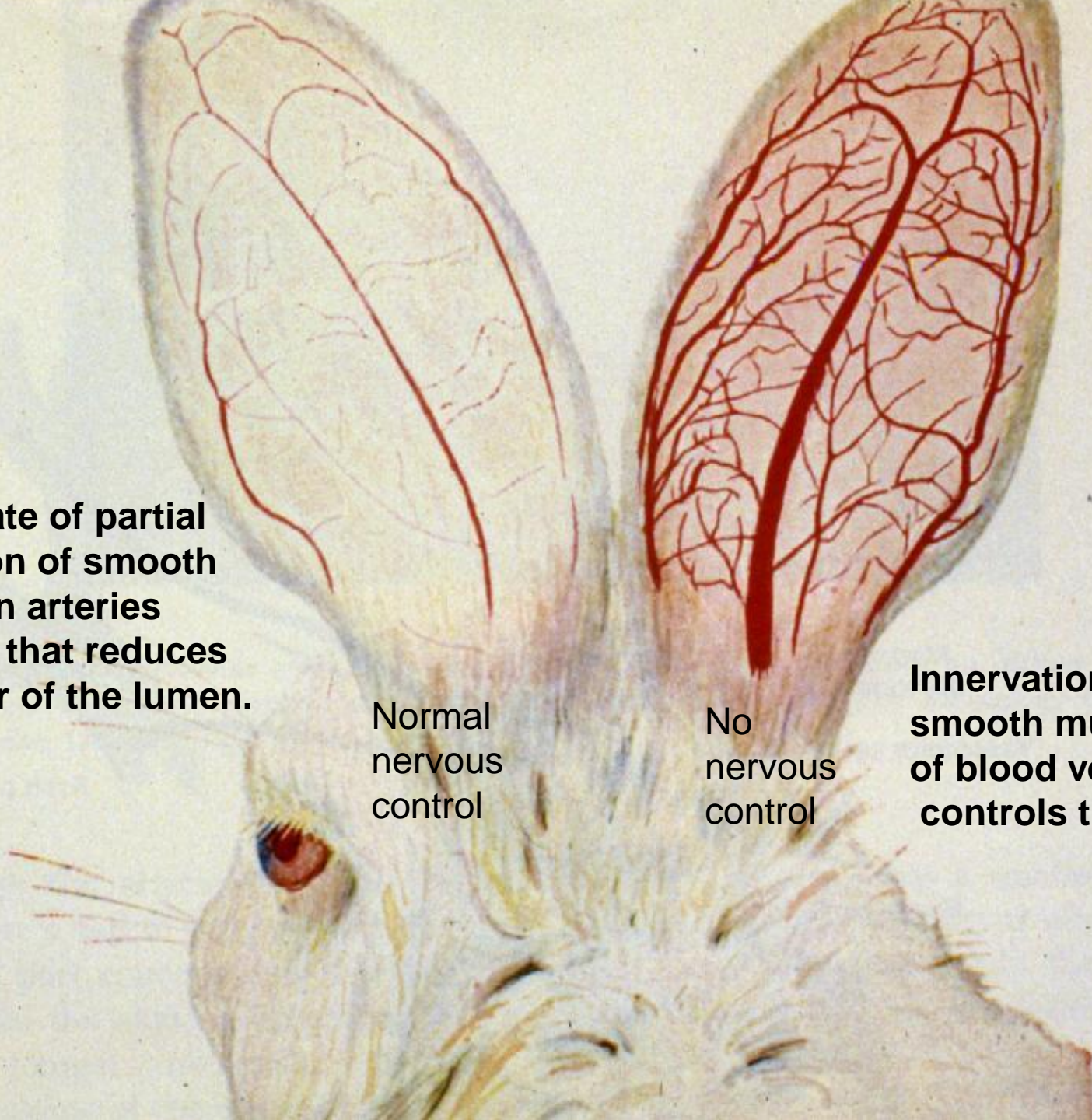
Smooth muscle contraction in blood vessel wall reduces the vessel caliber and restricts blood flow. A state of partial contraction is known as "tone".

Tone – state of partial contraction of smooth muscles in arteries and veins that reduces the caliber of the lumen.

Normal nervous control

No nervous control

Innervations of smooth muscle cells of blood vessels controls the tone.

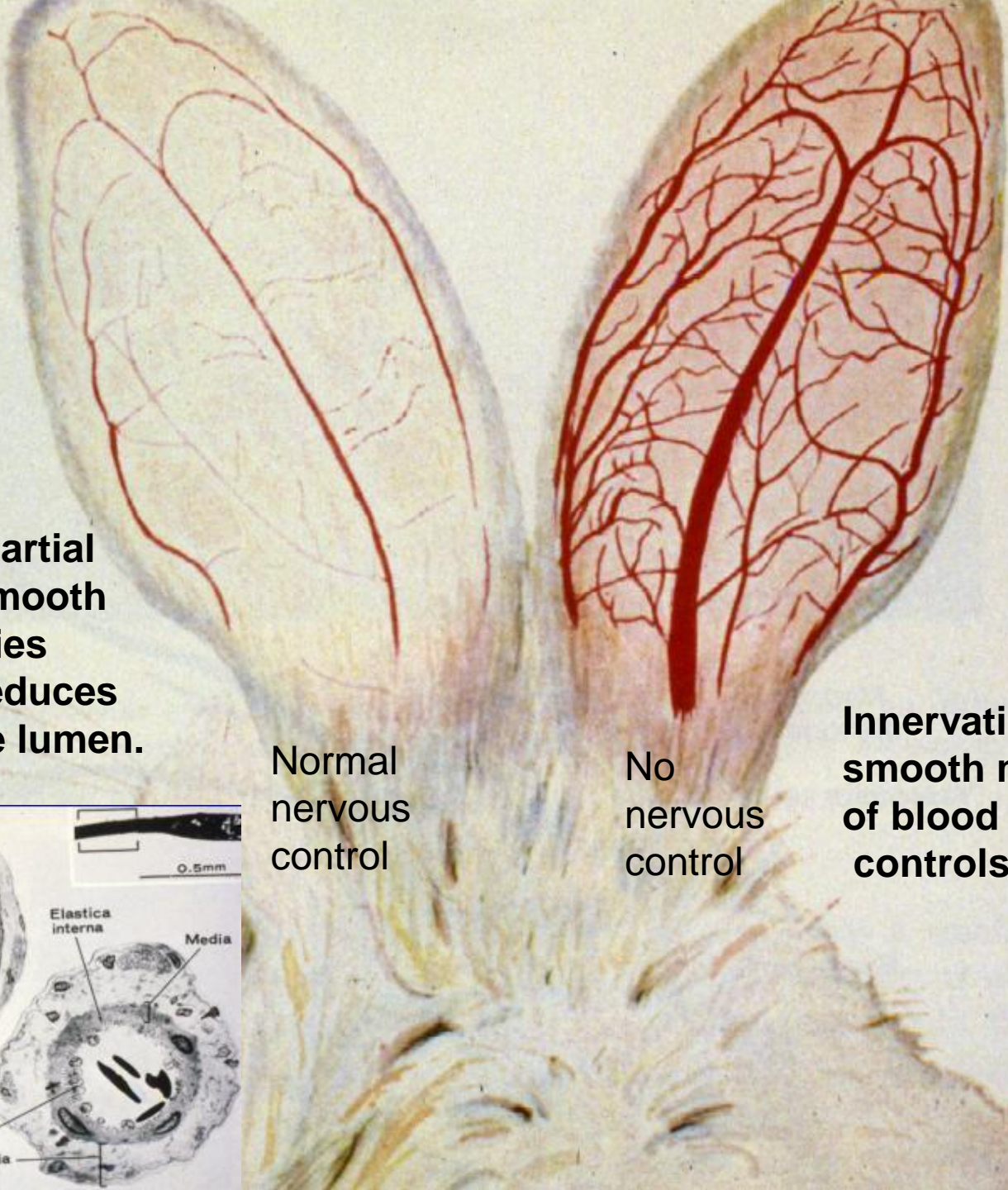
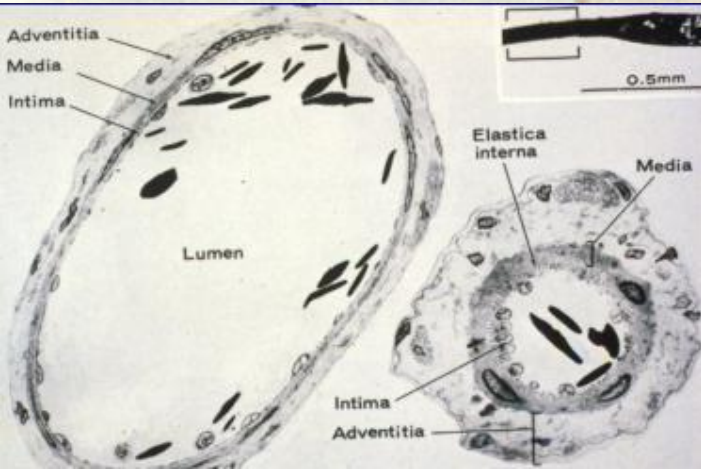


Tone – state of partial contraction of smooth muscles in arteries and veins that reduces the caliber of the lumen.

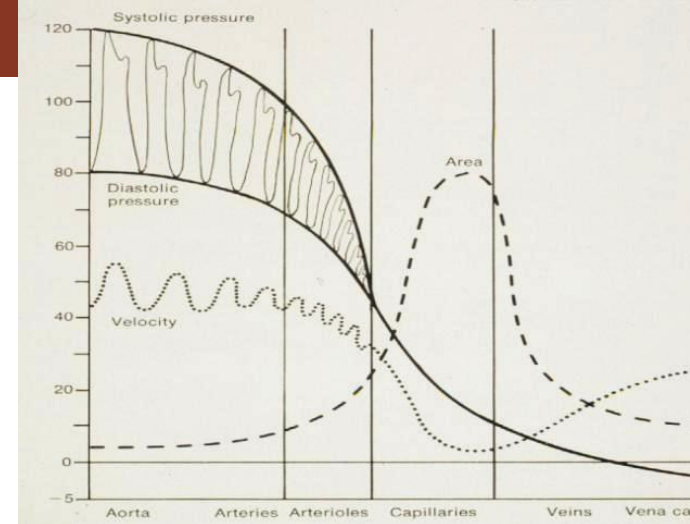
Normal nervous control

No nervous control

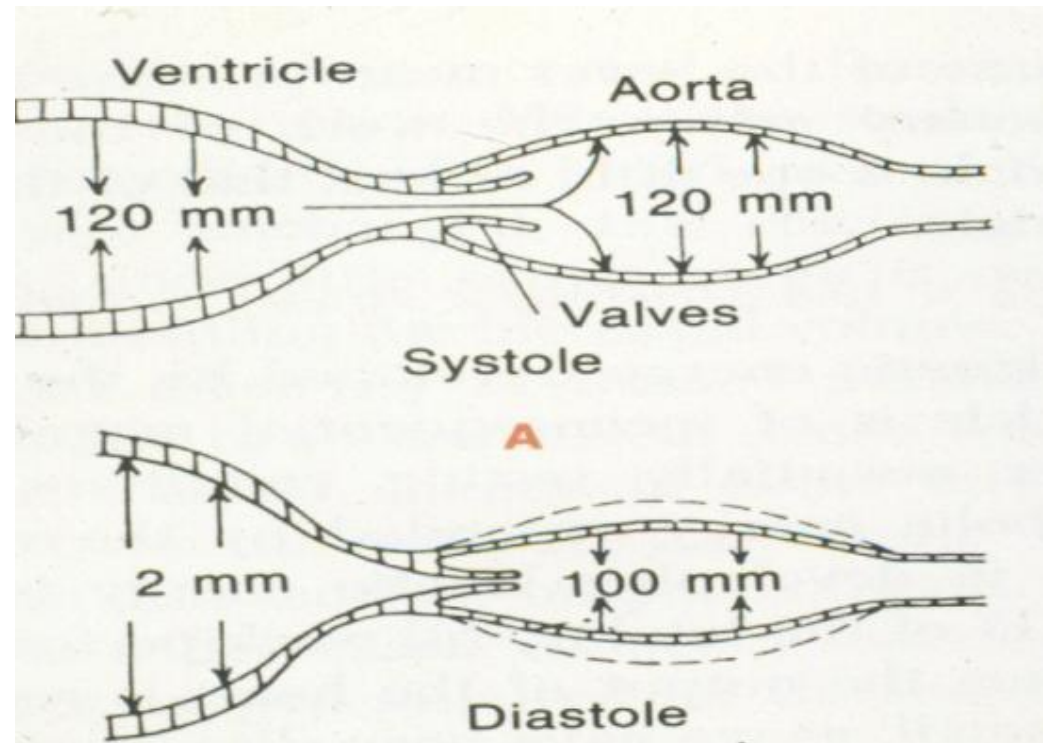
Innervations of smooth muscle cells of blood vessels controls the tone.



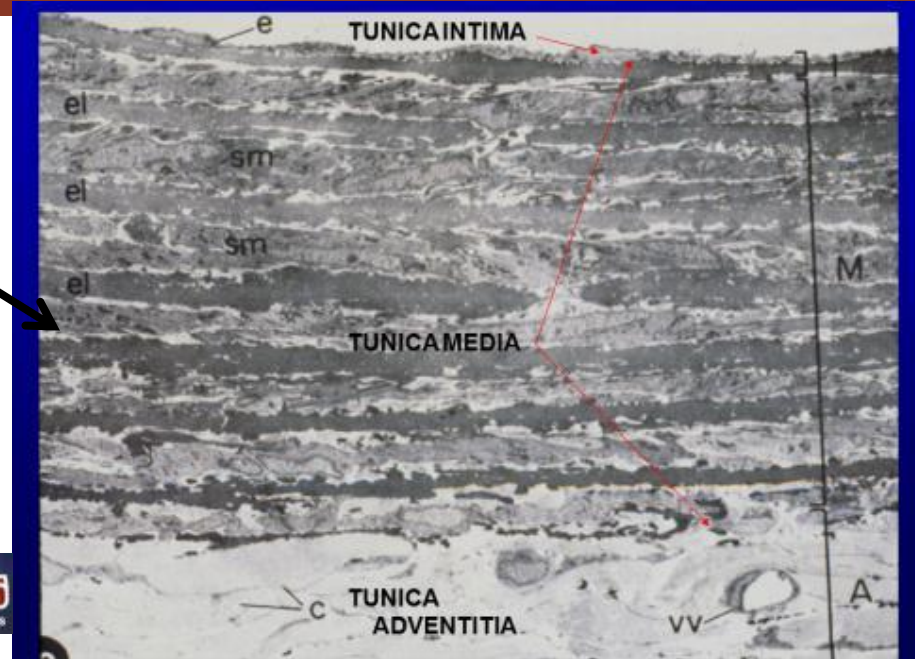
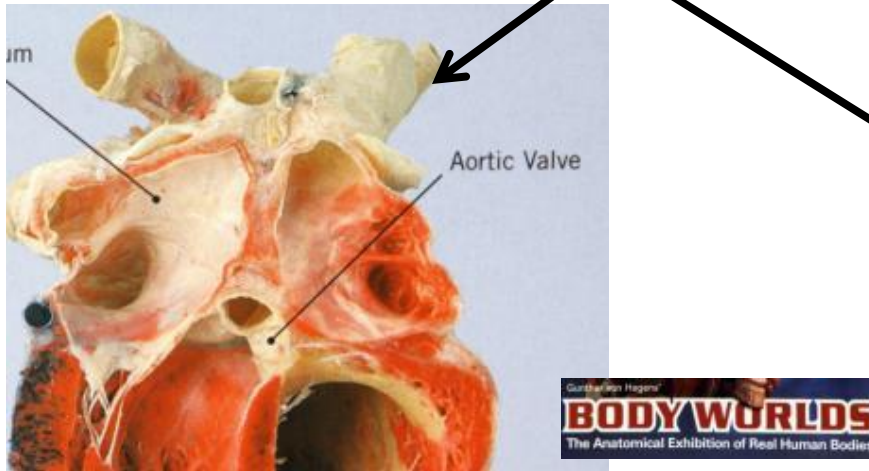
CARDIOVASCULAR SYSTEM



ELASTIC ARTERIES - CONDUCT BLOOD AND MAINTAIN PRESSURE DURING DIASTOLE

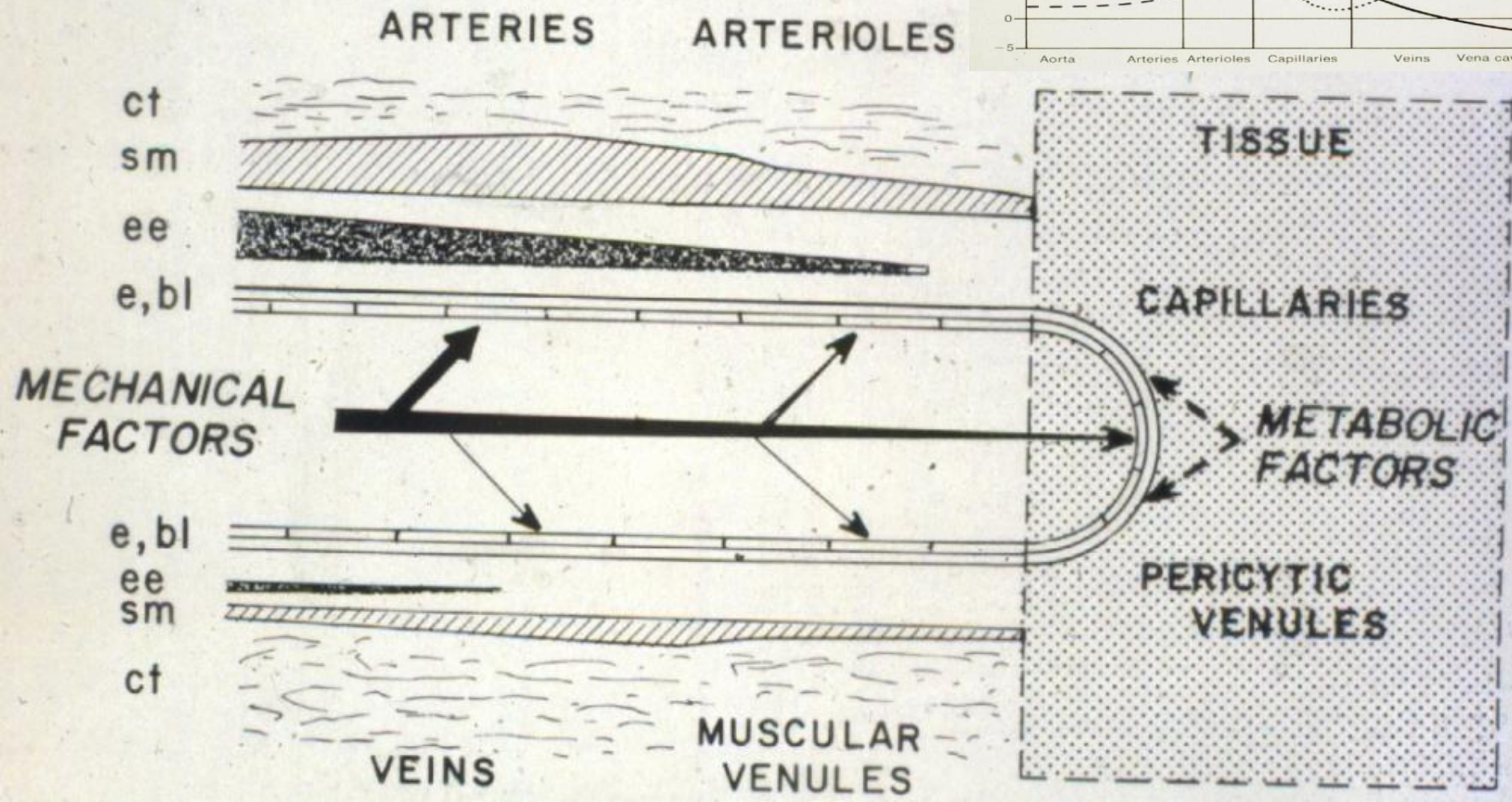
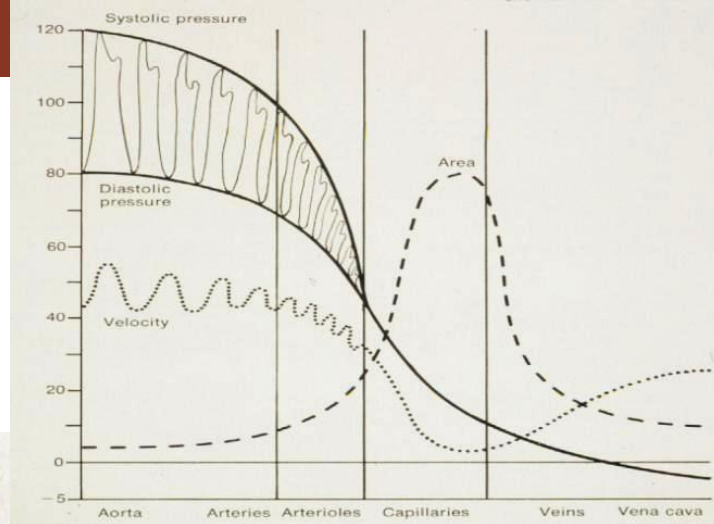


Elastic arteries



The elasticity of large arteries close to the heart is important as it facilitates a more uniform blood flow. During systole, blood moves forcefully into the large elastic arteries; however, the elastic fibers in the arterial wall stretch to compensate. This expansion of the lumen caliber dampens the rise in pressure. During diastole, both the ventricular pressure and resulting arterial pressure are low, but elastin in the wall of elastic arteries recoils to its original shape and reduces the lumen caliber and, thereby, maintains a relative high arterial pressure. How does this relate to arteriosclerosis?

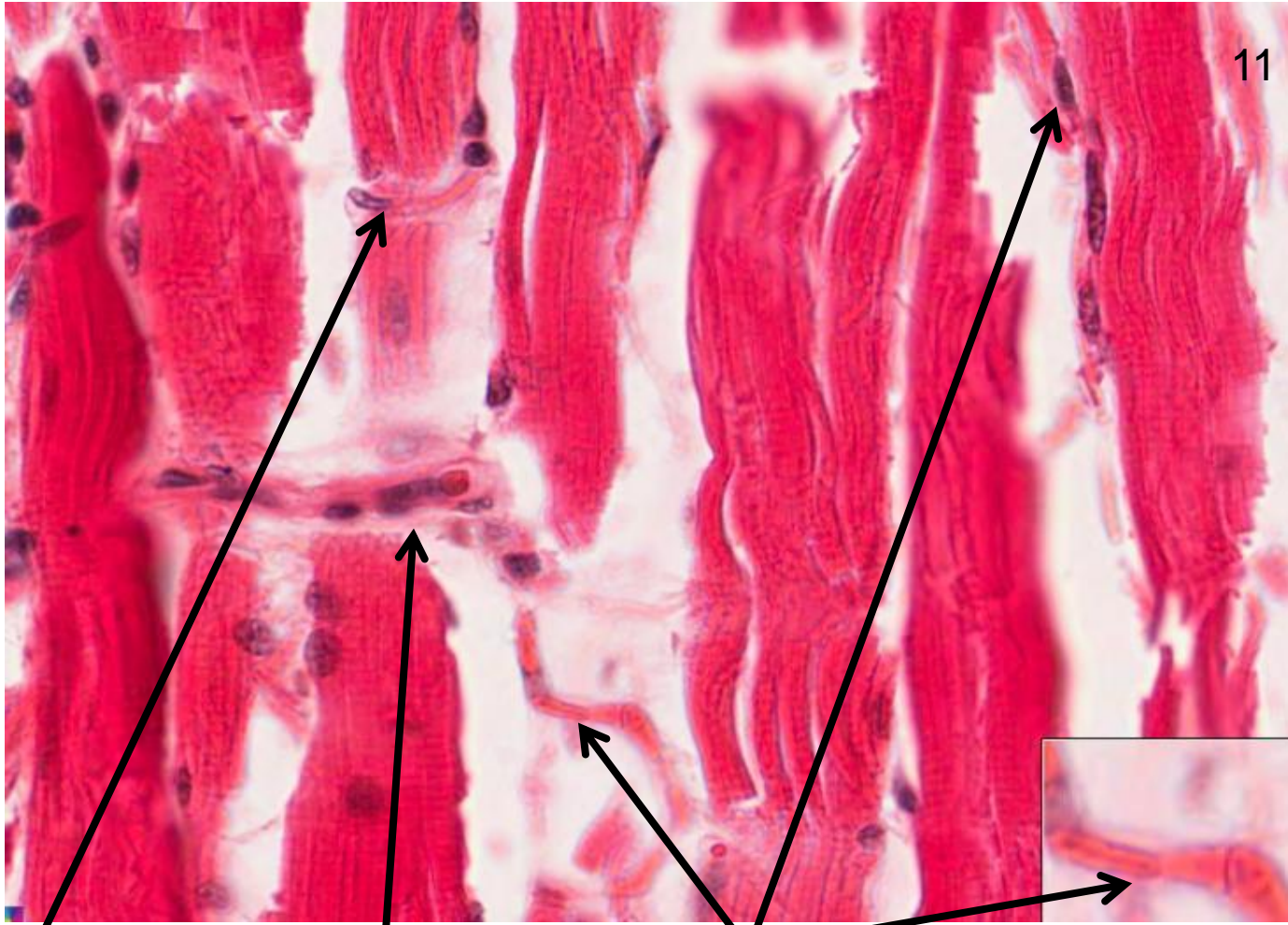
Vessels are structurally adapted to physical and metabolic requirements.



Cardiovascular System Overview

Heart	Modified vessel that pumps the blood through the network
Macrovasculars	Arteries and veins that serve as large conduits between organs and body parts
Microvasculars	Capillaries and venules carrying metabolites, gases, immune cells and waste products
Vessel layers	<ul style="list-style-type: none">• Tunica intima: simple squamous endothelium over loose CT (subendothelium); non-thrombogenic• Tunica media: smooth muscle layer; accommodate pressure by expanding• Tunica adventia: fibroelastic CT and vascular networks; reinforces wall shape, prevents rupture, and brings nutrients to outer layers of tunica media via vasa vasorum (<i>vessels of the vessel</i>)
Heart layers	<ul style="list-style-type: none">• Endocardium – (tunica intima) simple squamous endothelium on loose fibroelastic subendothelial CT, merges with endomysium and perimysium surrounding cardiac myofibers in the media• Myocardium – (tunica media) thicker in the ventricle• Epicardium – (tunica adventia) visceral pericardium and adventitia of heart
Purkinje cells	<ul style="list-style-type: none">• No intercalated discs• Bound together by macular adherens• Electrically integrated by gap junctions which conduct depolarization from pacemaker cell in the sinoatrial nodes• Coordinate ventricular contraction and comprise the bundle of His

Slide 11: Skeletal muscle



Endothelial cell

Arteriole

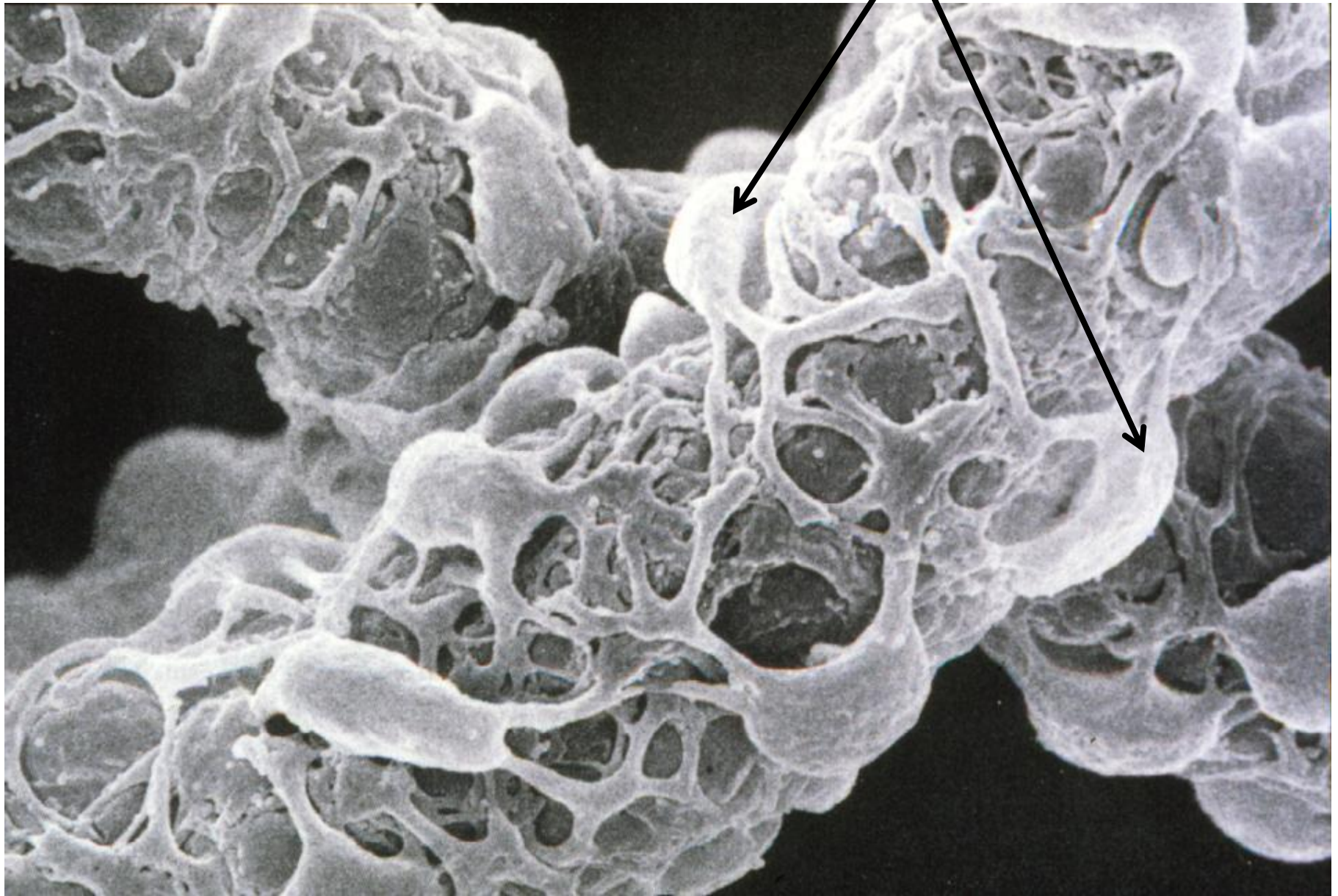
Capillaries

ARTERIOLE - CAPILLARY - VENULE

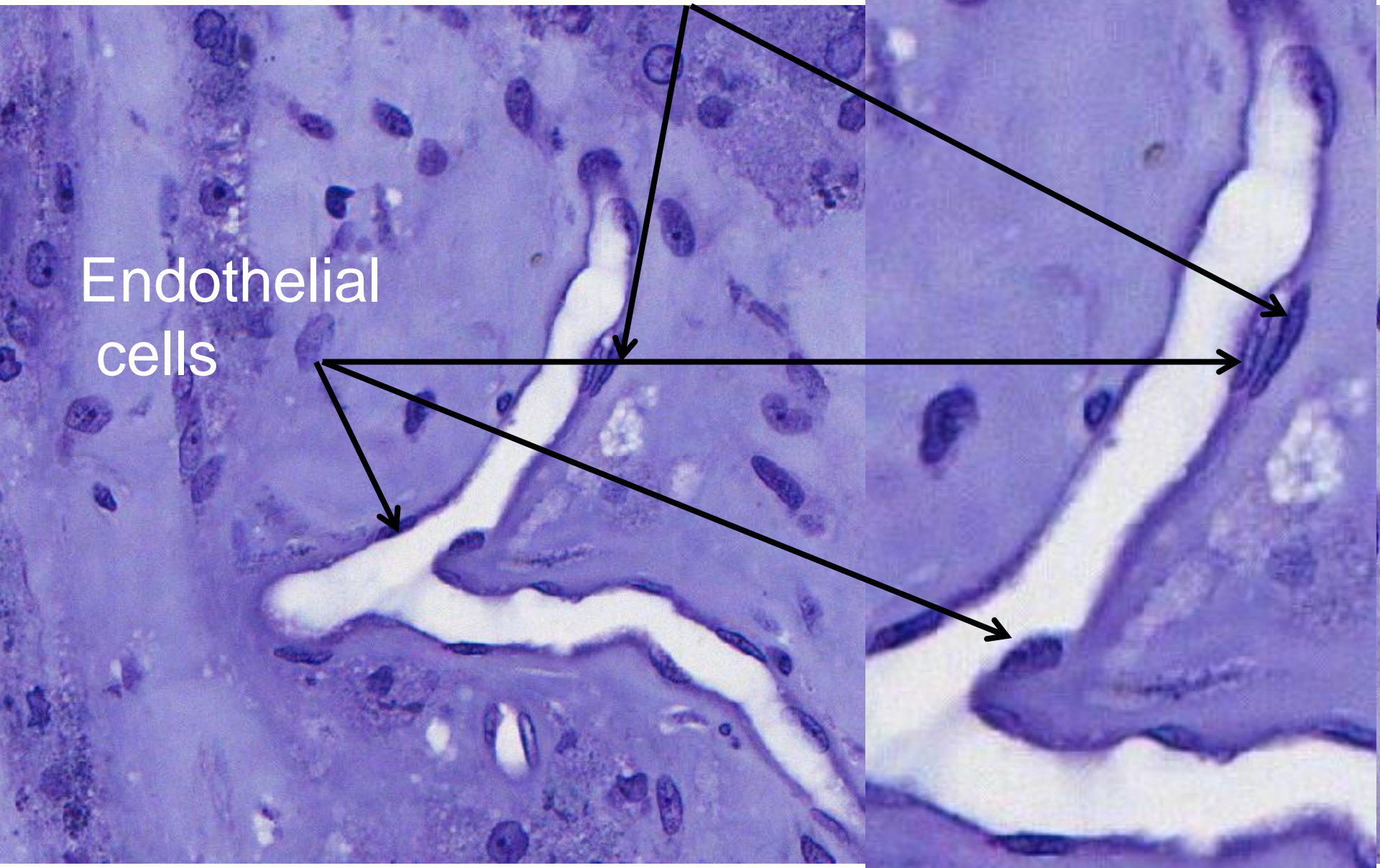


CAPILLARY

pericyte



CAPILLARY pericyte UT 166

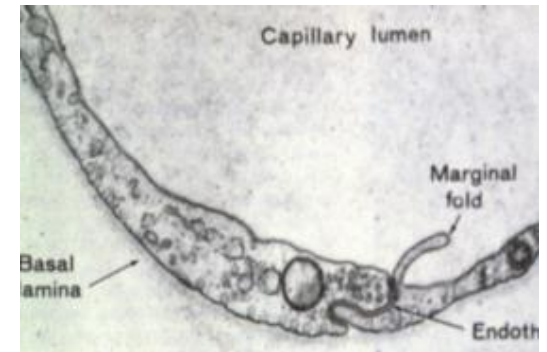


ENDOTHELIUM - ACTIVE CELL

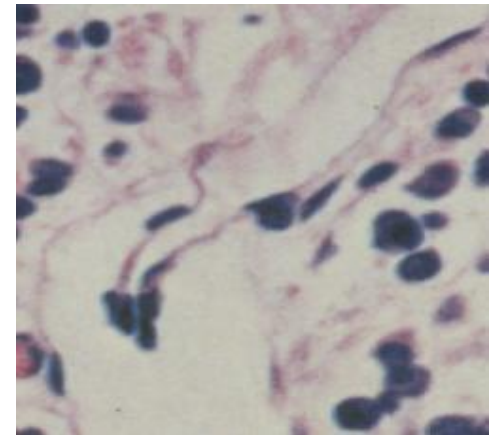
**HAS ENZYMES AND RECEPTORS
TRANSPORT WITHOUT MUCH
ENERGY**

FLAT FOR LESS TURBULANCE

**NEGATIVELY CHARGED
SURFACE
NOT WETABLE SURFACE**

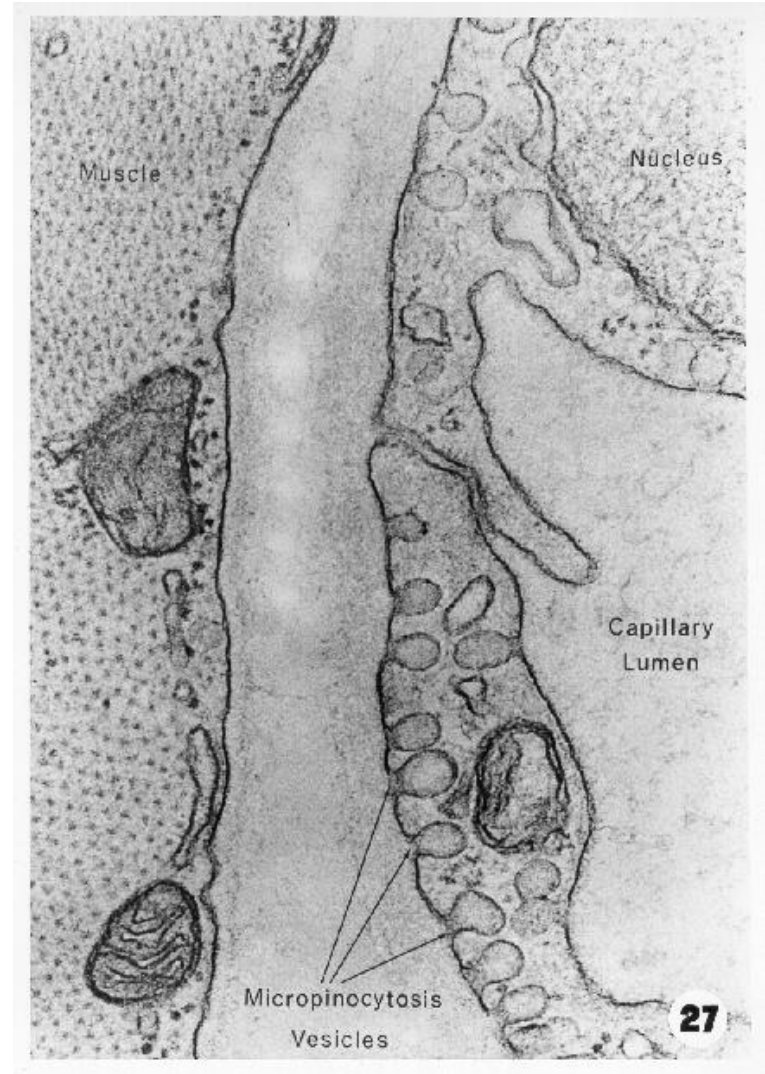
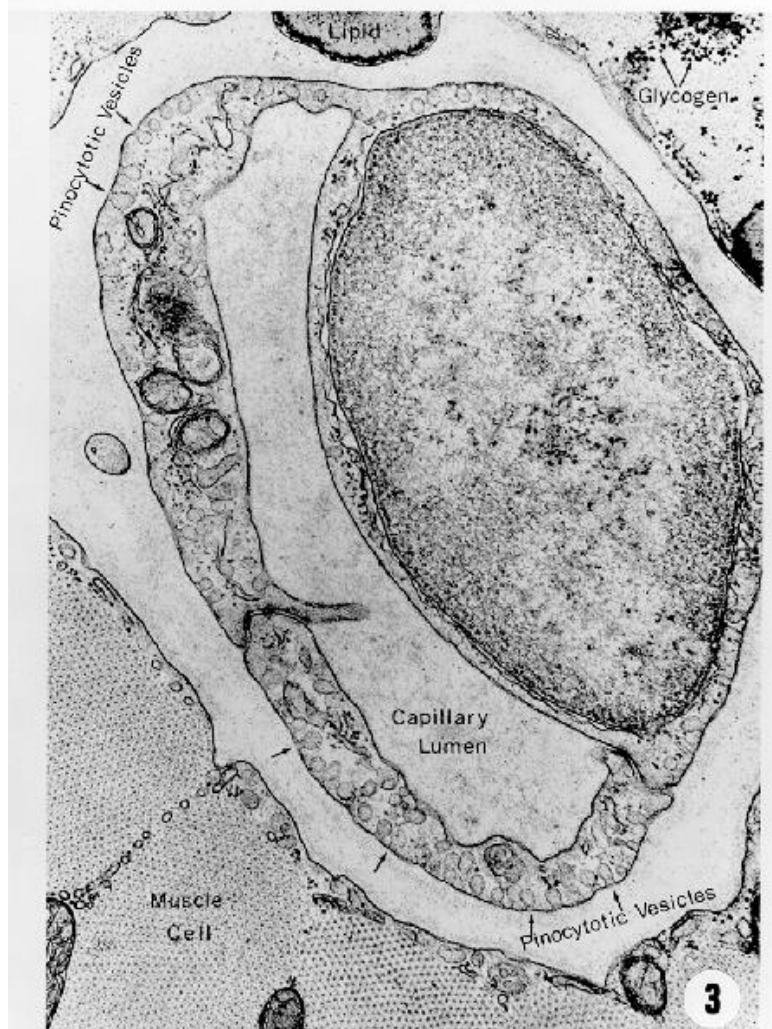


Blood capillary



Lymphatic vessel with valve

EM 3 & 27: Endothelial cells



TYPES OF CAPILLARIES & BASAL LAMINA CHARACTERISTICS

CAPILLARIES LOCATIONS

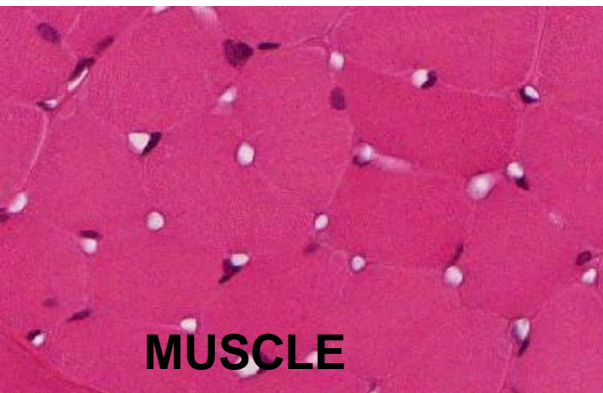
BASAL LAMINA

EXAMPLES OF

CONTINUOUS

COMPLETE

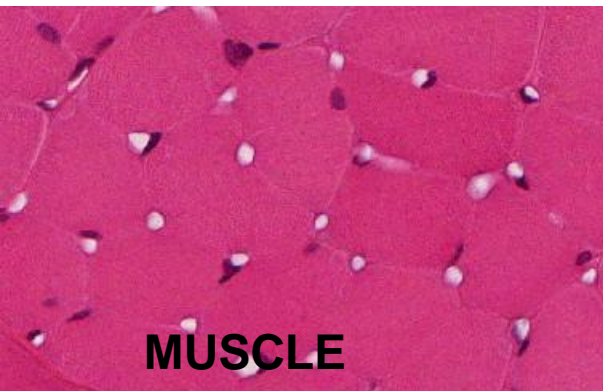
MUSCLE, TESTIS, BRAIN,
THYMUS



MUSCLE

TYPES OF CAPILLARIES & BASAL LAMINA CHARACTERISTICS

<u>CAPILLARIES LOCATIONS</u>	<u>BASAL LAMINA</u>	<u>EXAMPLES OF</u>
CONTINUOUS	COMPLETE	MUSCLE, TESTIS, BRAIN, THYMUS
FENESTRATED	COMPLETE	GLOMERULUS, ADRENAL



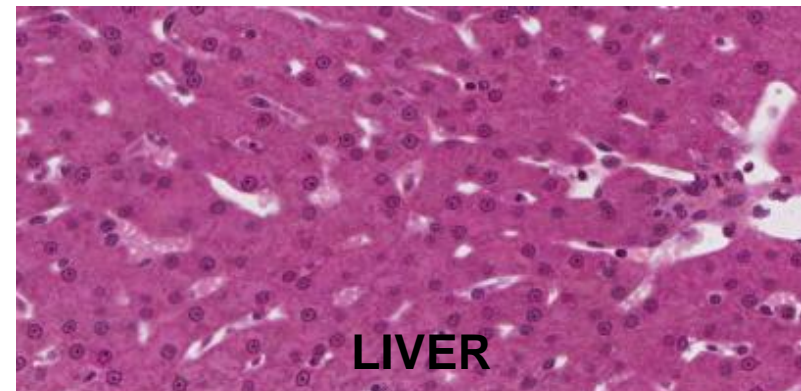
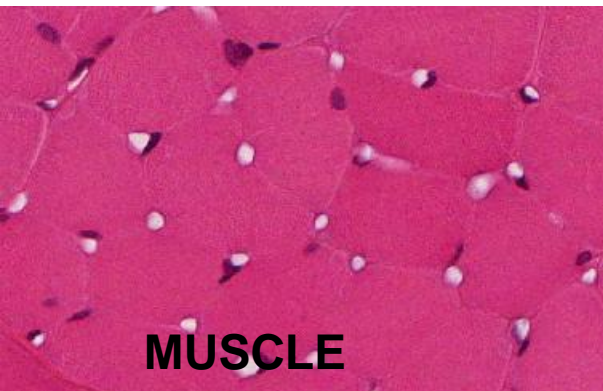
MUSCLE



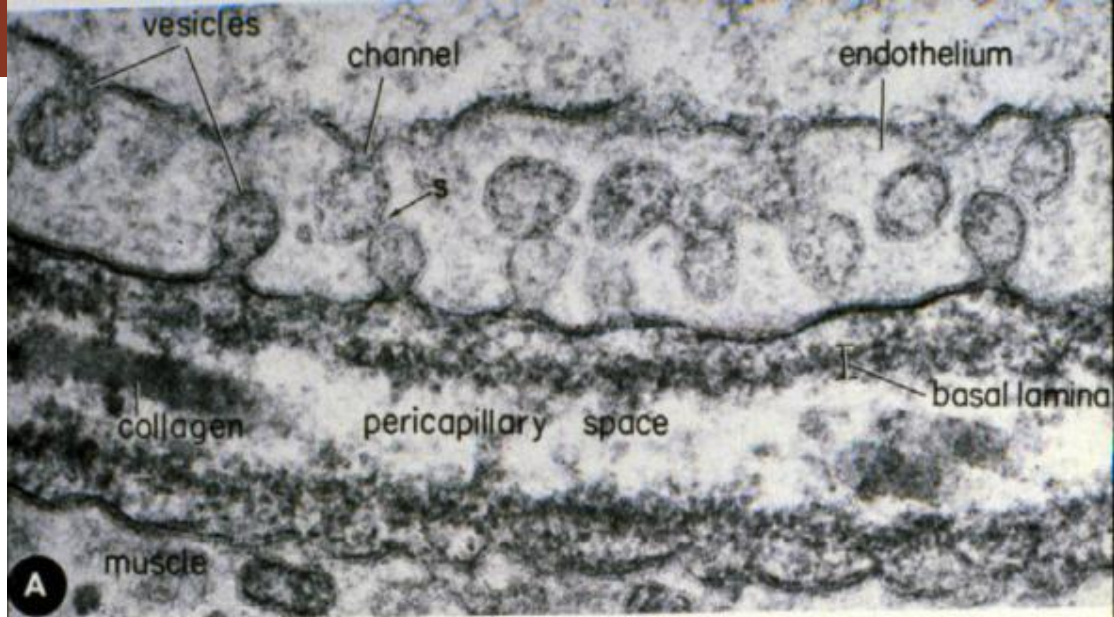
GLOMERULUS

TYPES OF CAPILLARIES & BASAL LAMINA CHARACTERISTICS

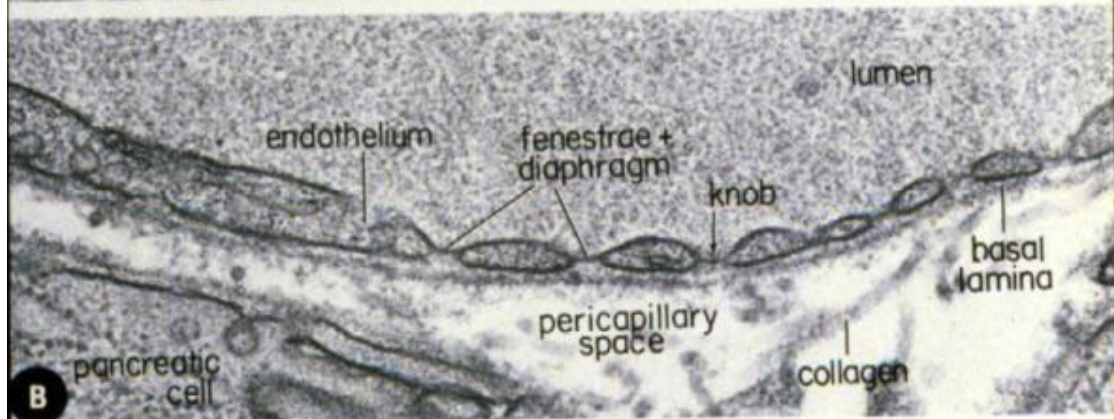
<u>CAPILLARIES LOCATIONS</u>	<u>BASAL LAMINA</u>	<u>EXAMPLES OF</u>
CONTINUOUS	COMPLETE	MUSCLE, TESTIS, BRAIN, THYMUS
FENESTRATED	COMPLETE	GLOMERULUS, ADRENAL
DISCONTINUOUS OR SINUSOIDAL	INCOMPLETE OR LACKING	LIVER, SPLEEN, BONE MARROW



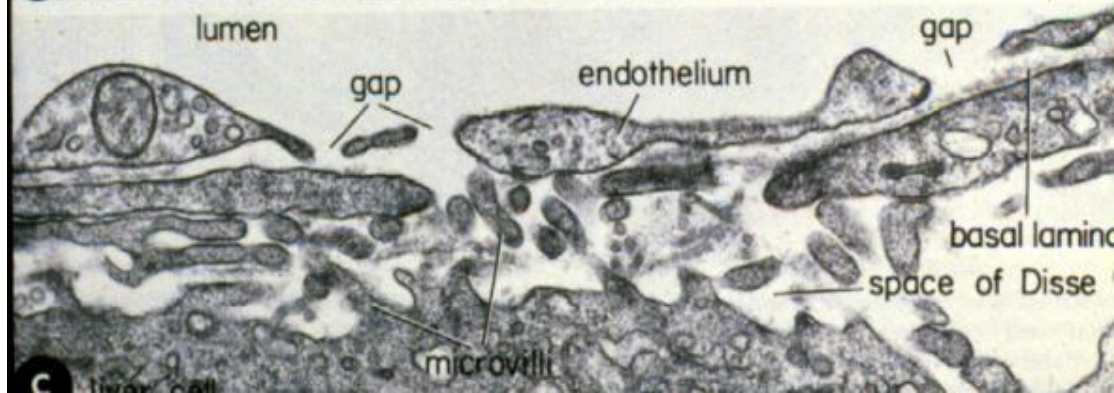
CONTINUOUS

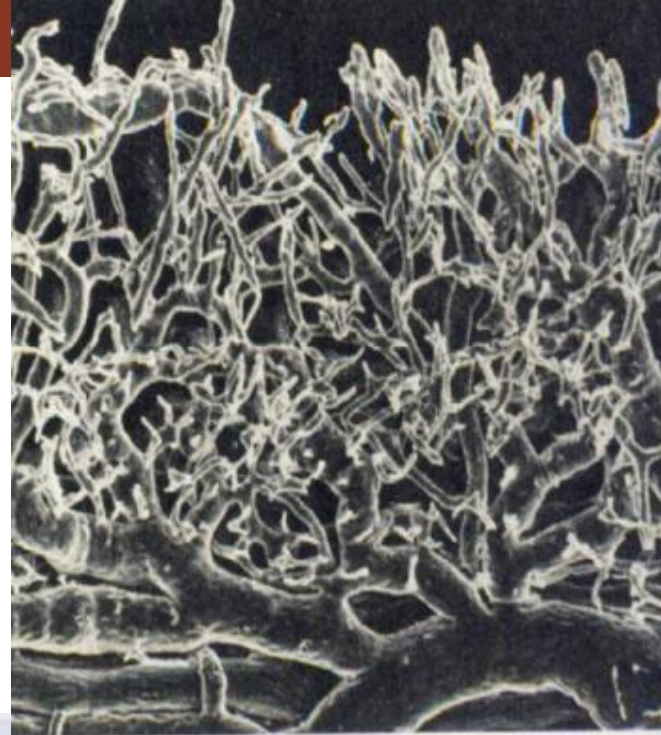
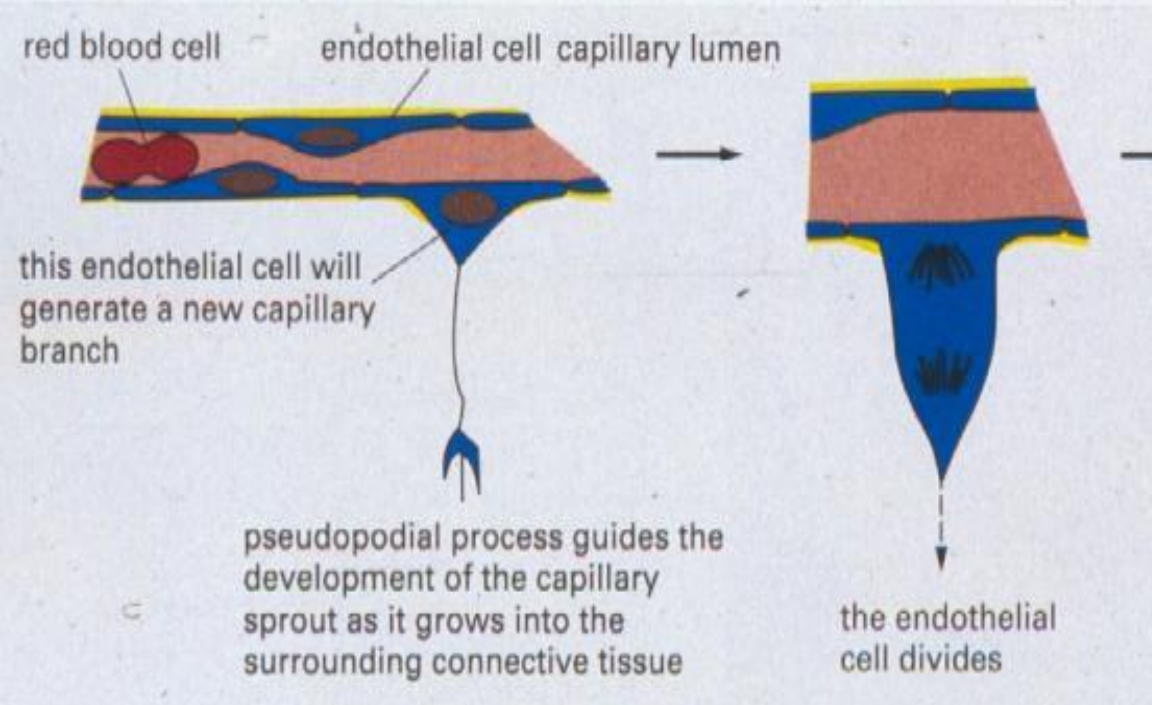


FENESTRATED



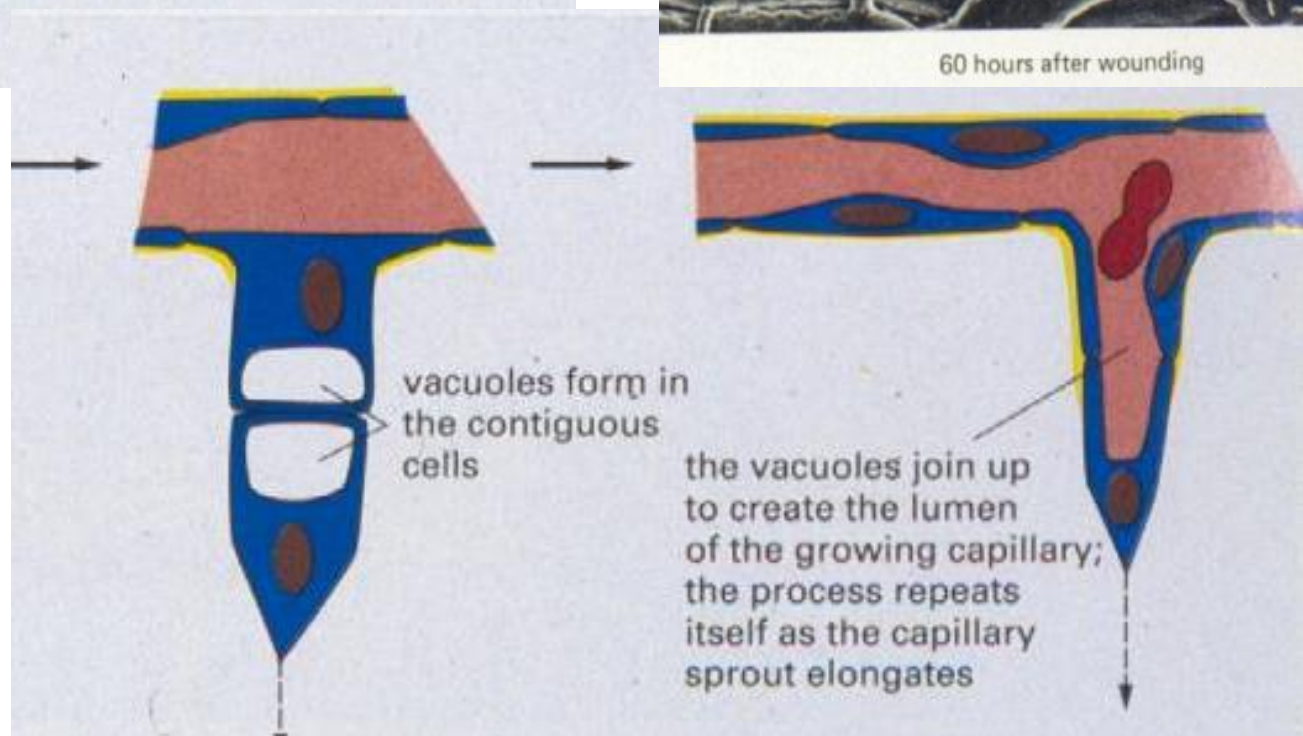
SINUSOIDAL





60 hours after wounding

ANGIOGENESIS – growth of blood vessels

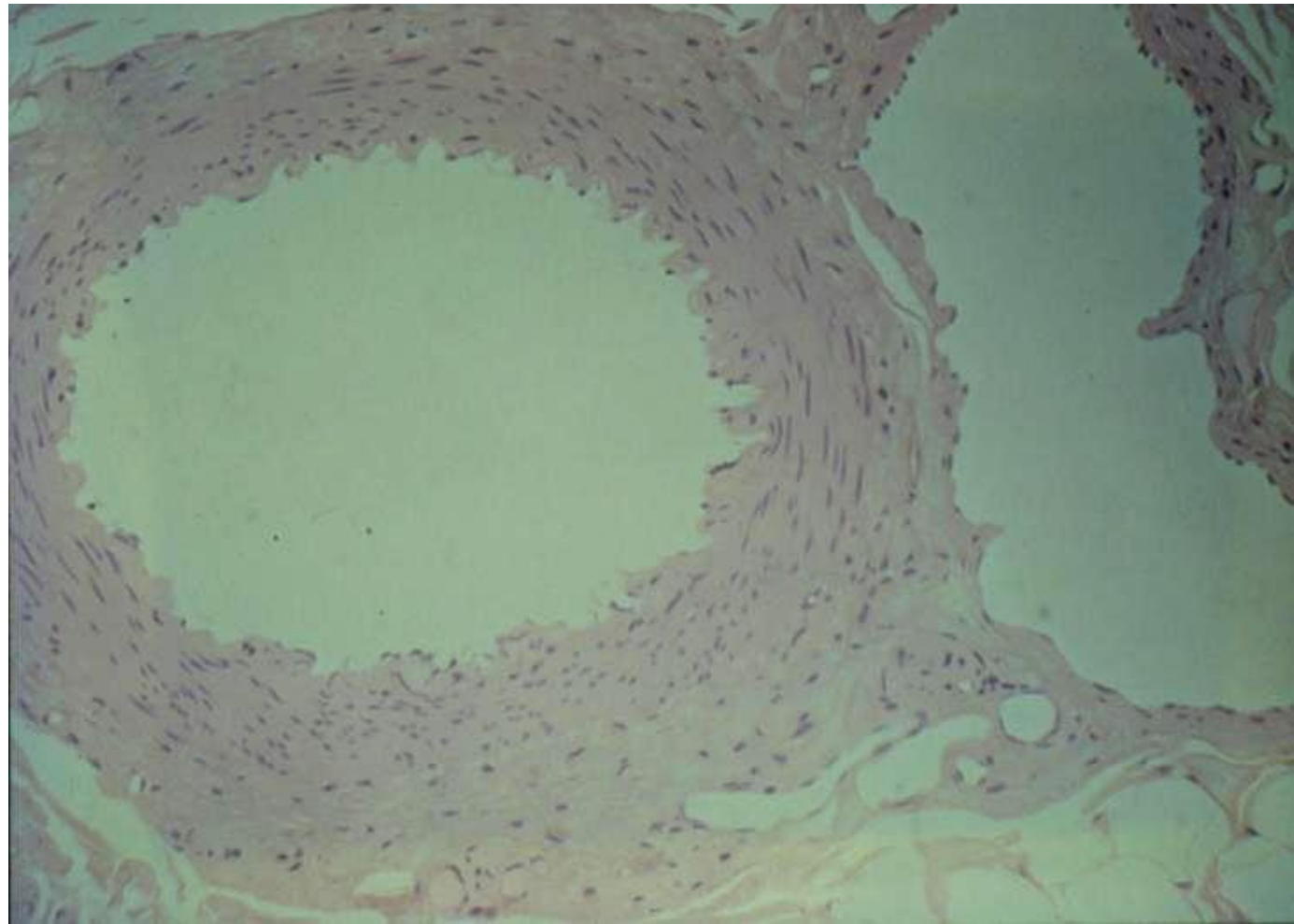


CLASSIFICATION OF VESSEL

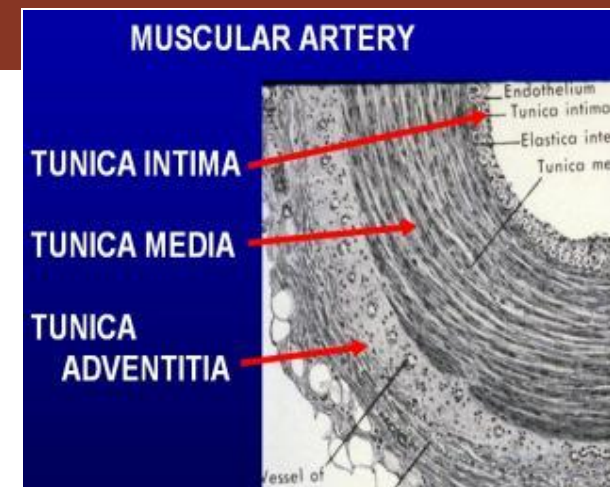
SIZE (CALIBER)

PROMINENT STRUCTURES IN WALL

FUNCTION



LAYERS IN VASCULAR WALL



LAYER
TUNICA INTIMA

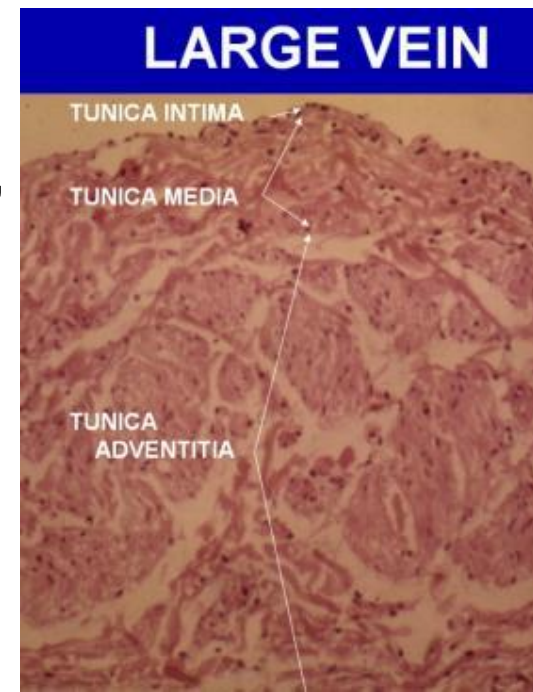
COMPOSITION
ENDOTHELIUM
(SUBENDOTHELIAL CT.
INTERNAL ELASTIC
LAMINA)

TUNICA MEDIA

SMOOTH MUSCLE
(ELASTIC LAMELLAE,
EXTERNAL ELASTIC
LAMINA)

TUNICA
ADVENTITIA

CONNECTIVE TISSUE
(LONGITUDINAL
SMOOTH MUSCLE,
VASA VASORUM)

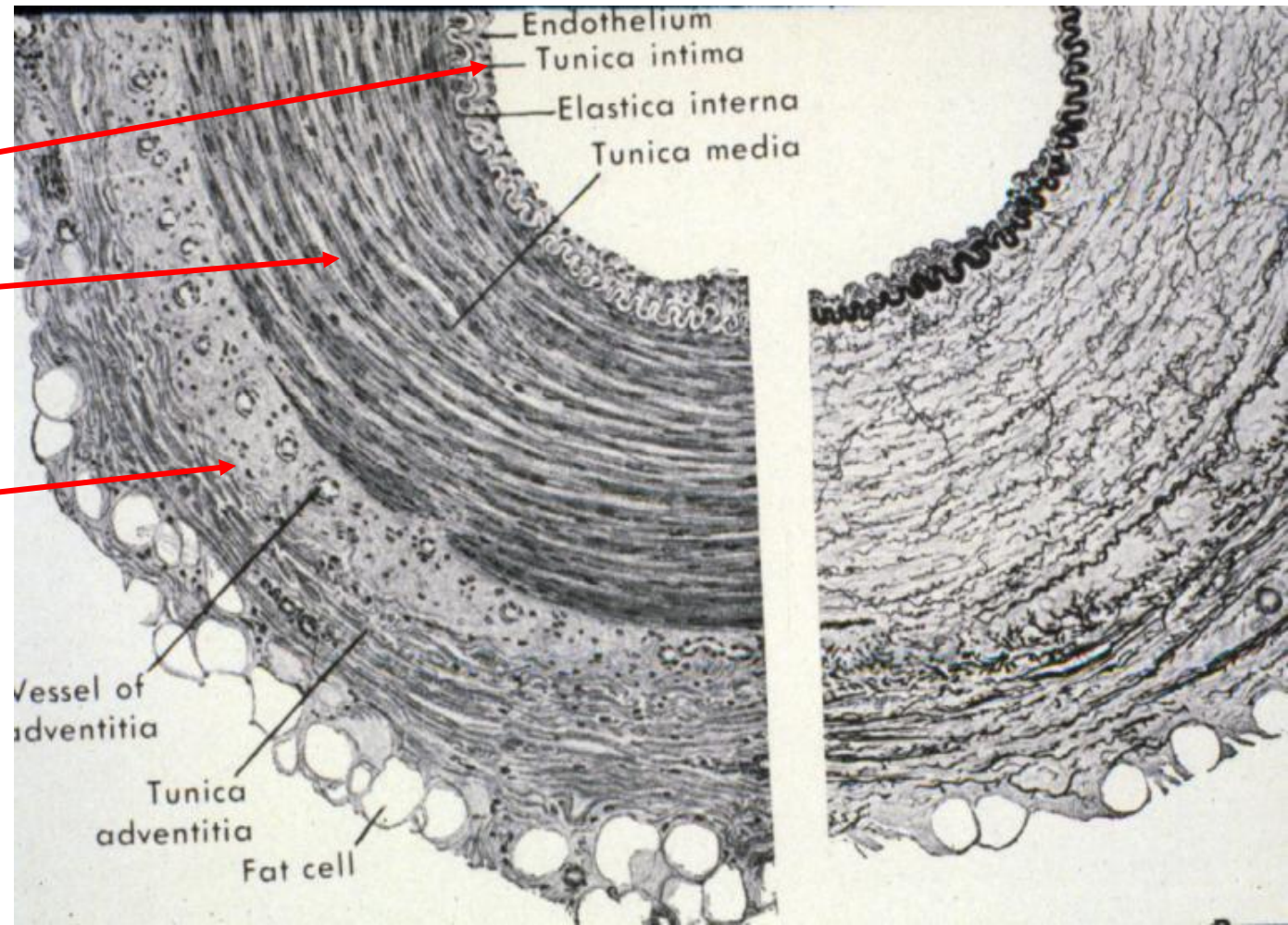


LAYERS IN VASCULAR WALL

TUNICA INTIMA

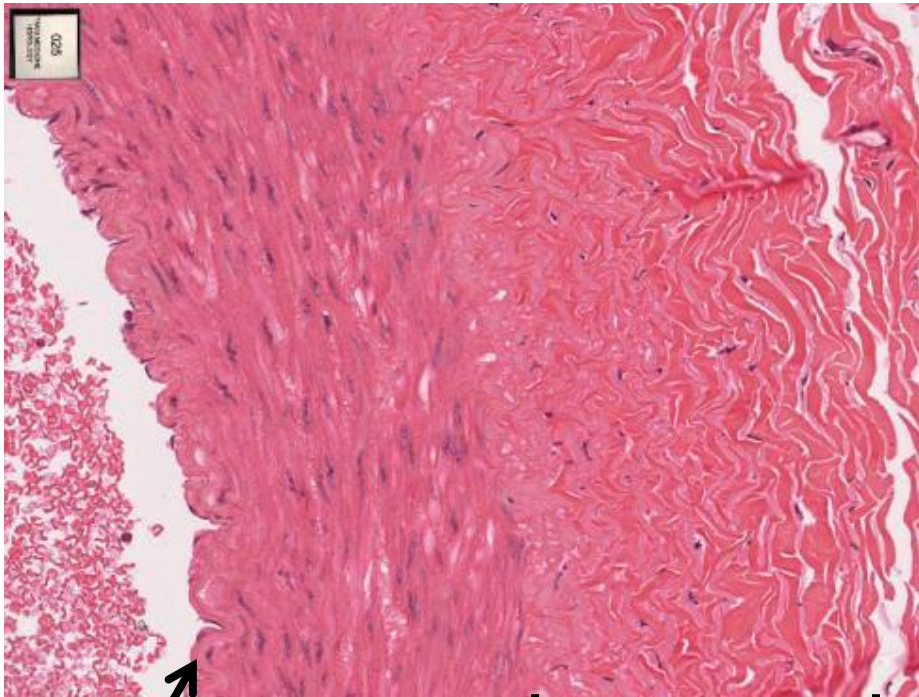
TUNICA MEDIA

**TUNICA
ADVENTITIA**



Slide 25: Muscular artery/vein/nerve (H&E)

Muscular Artery

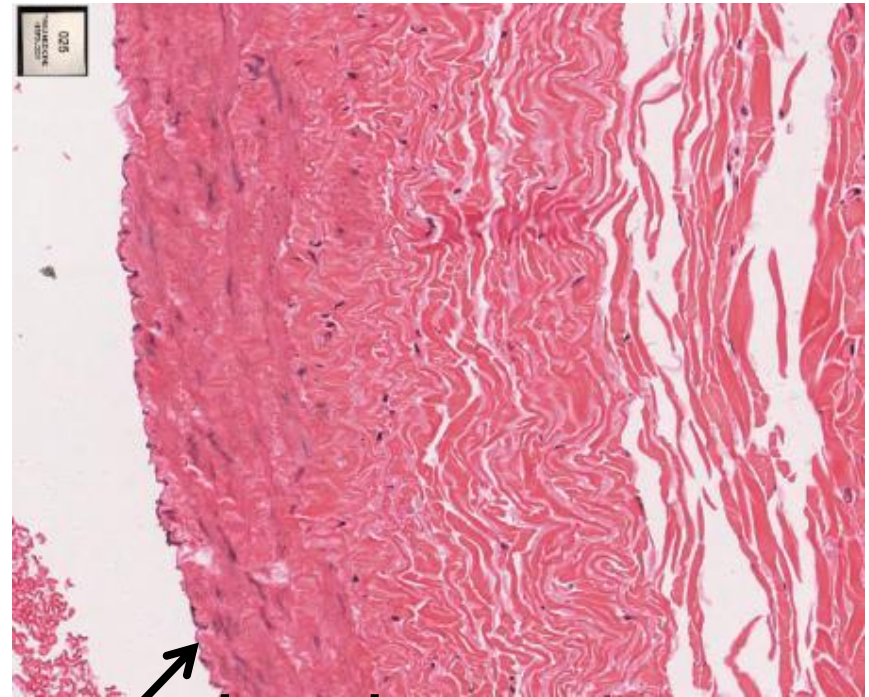


Tunica intima

Tunica media

Tunica adventitia

Large Vein



Tunica intima

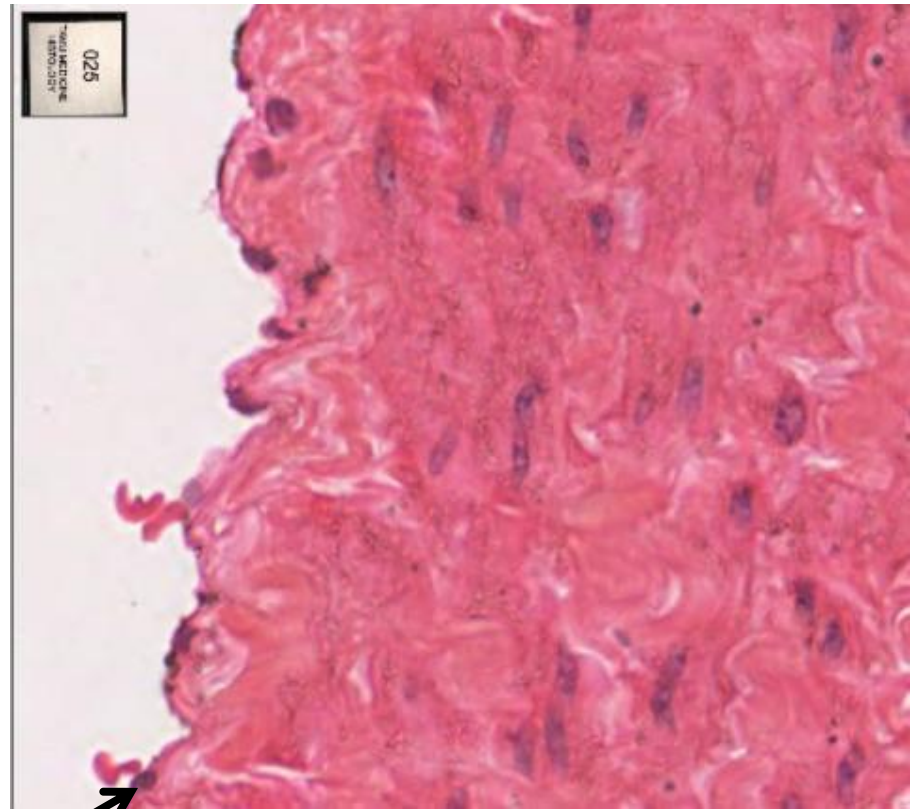
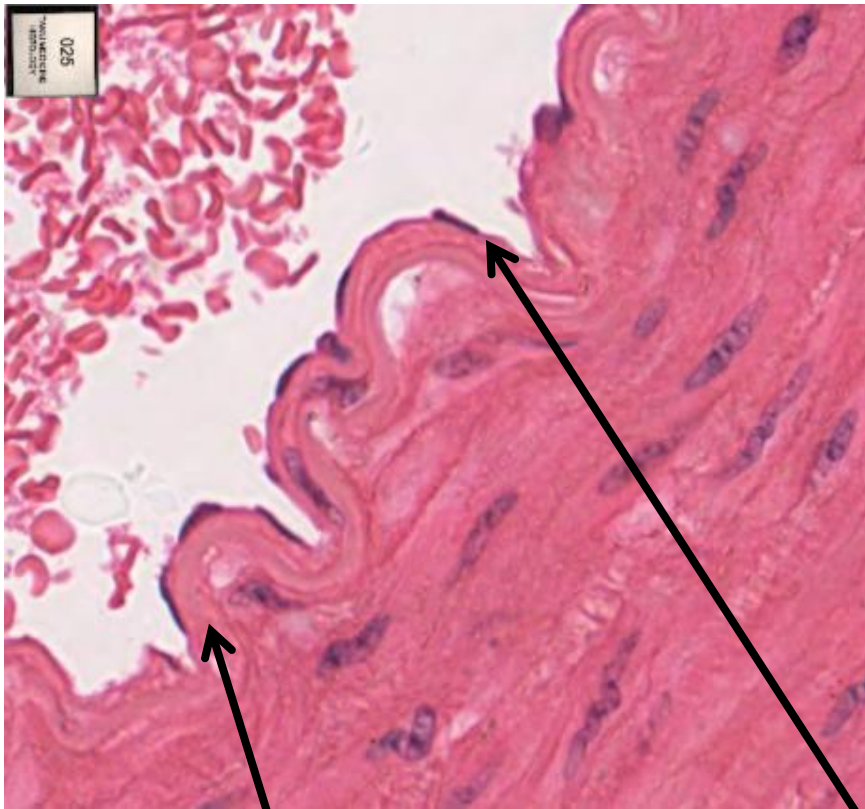
Tunica media

Tunica adventitia

Slide 25: Muscular artery/vein/nerve (H&E)

Muscular Artery

Large Vein

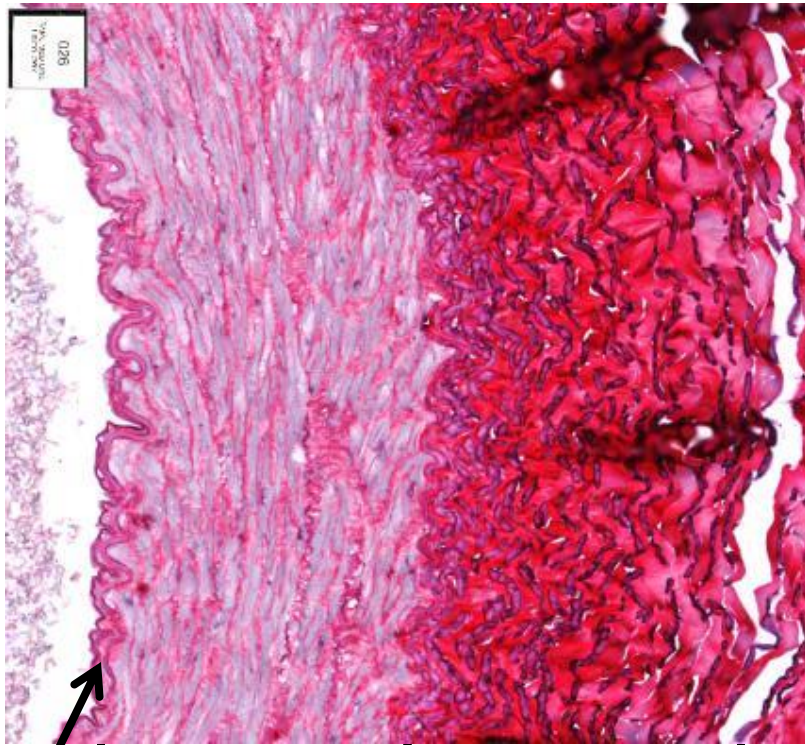


Internal elastic lamina (IEL)

Tunica intima with endothelium
and subendothelium

Slide 26: Muscular artery/vein/nerve (elastic-collagen stain)

Muscular Artery

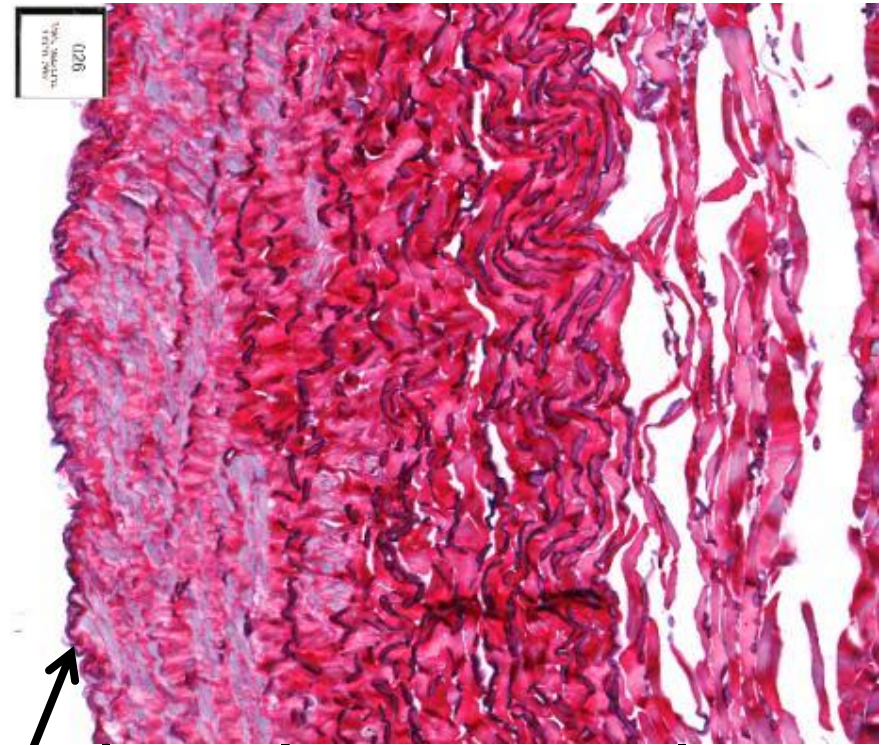


Tunica intima

Tunica media

Tunica adventitia

Large Vein



Tunica intima

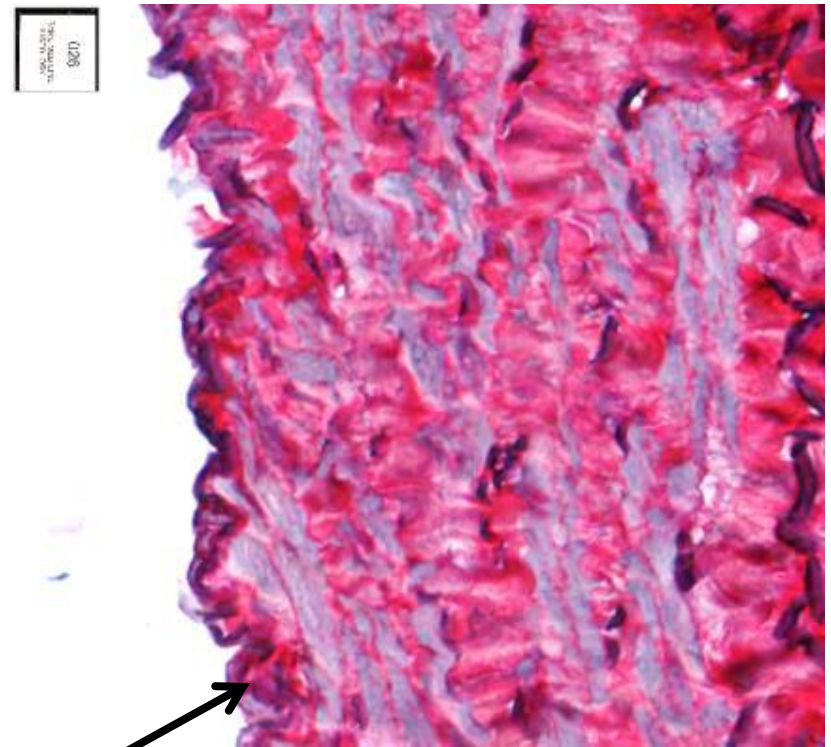
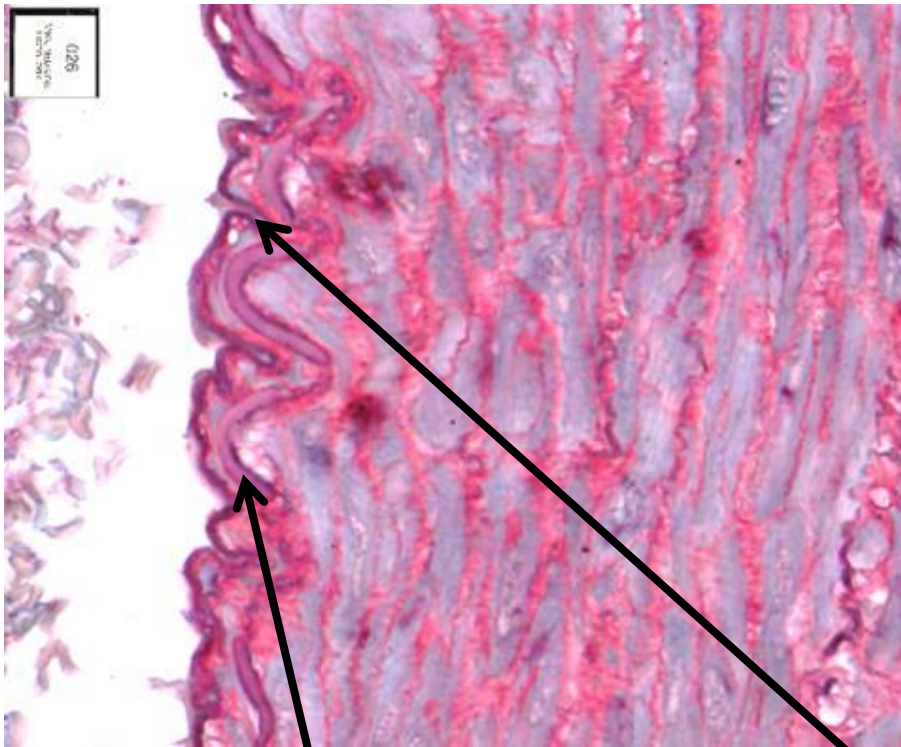
Tunica media

Tunica adventitia

Slide 26: Muscular artery/vein/nerve (elastic-collagen stain)

Muscular Artery

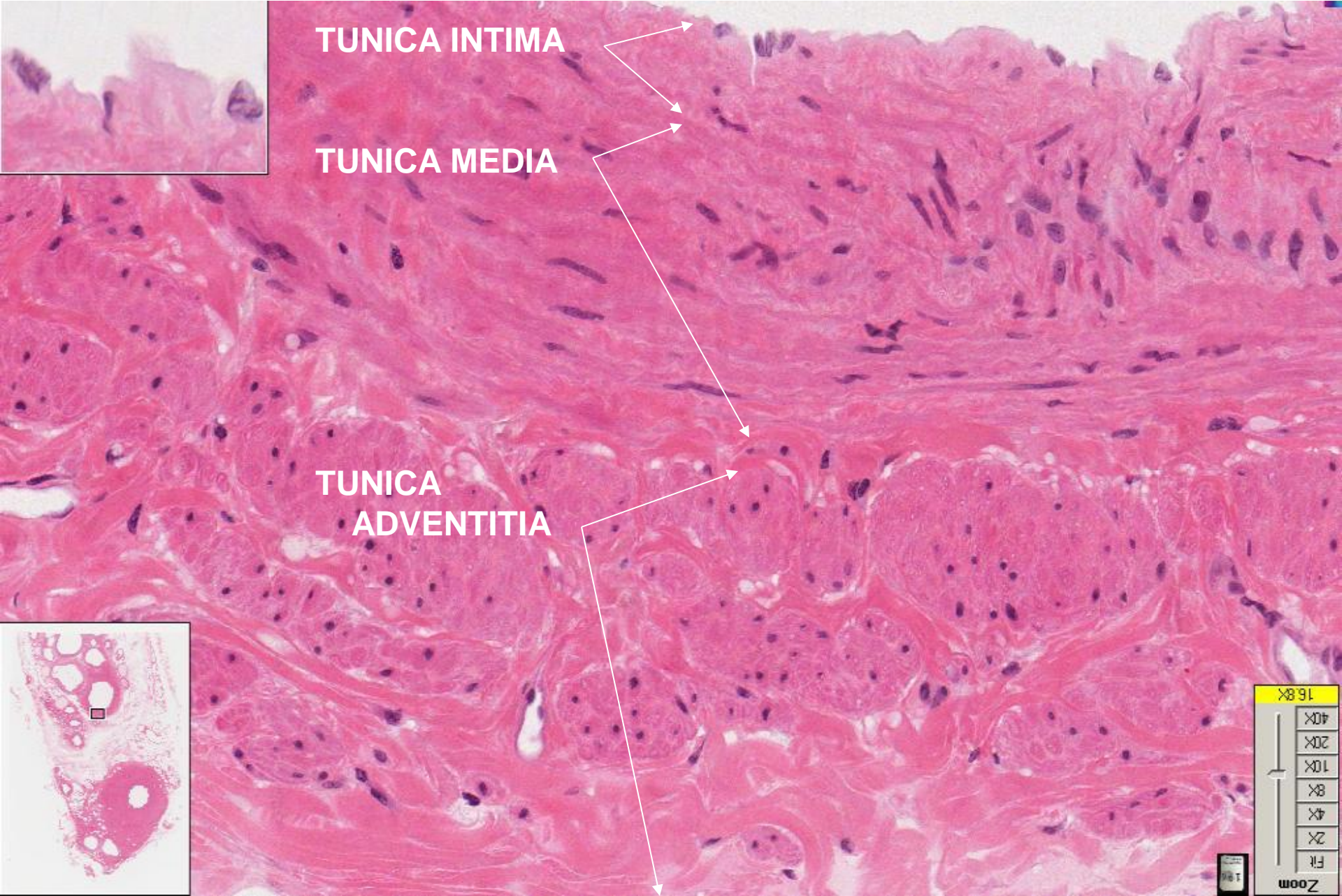
Large Vein



Internal elastic lamina (IEL)

Tunica intima with endothelium
and subendothelium

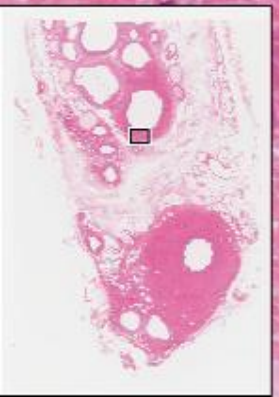
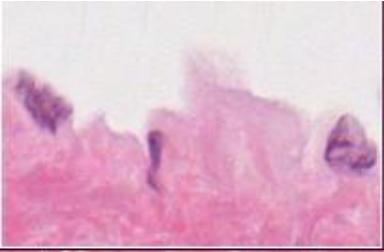
LARGE VEIN



TUNICA INTIMA

TUNICA MEDIA

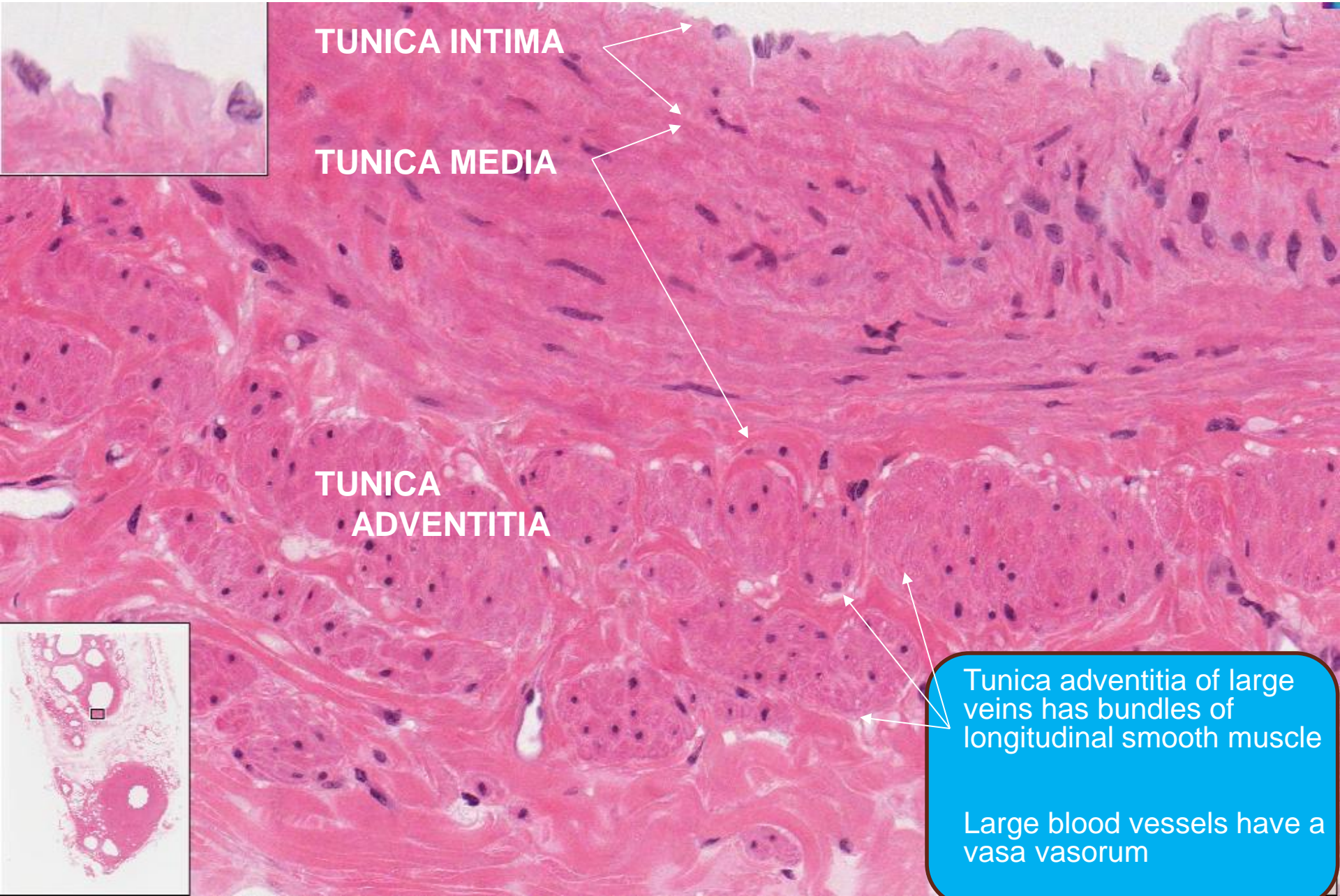
TUNICA
ADVENTITIA



16.8X
40X
20X
10X
8X
4X
2X
Fi
Zoom

LARGE VEIN

UT 196



TUNICA INTIMA

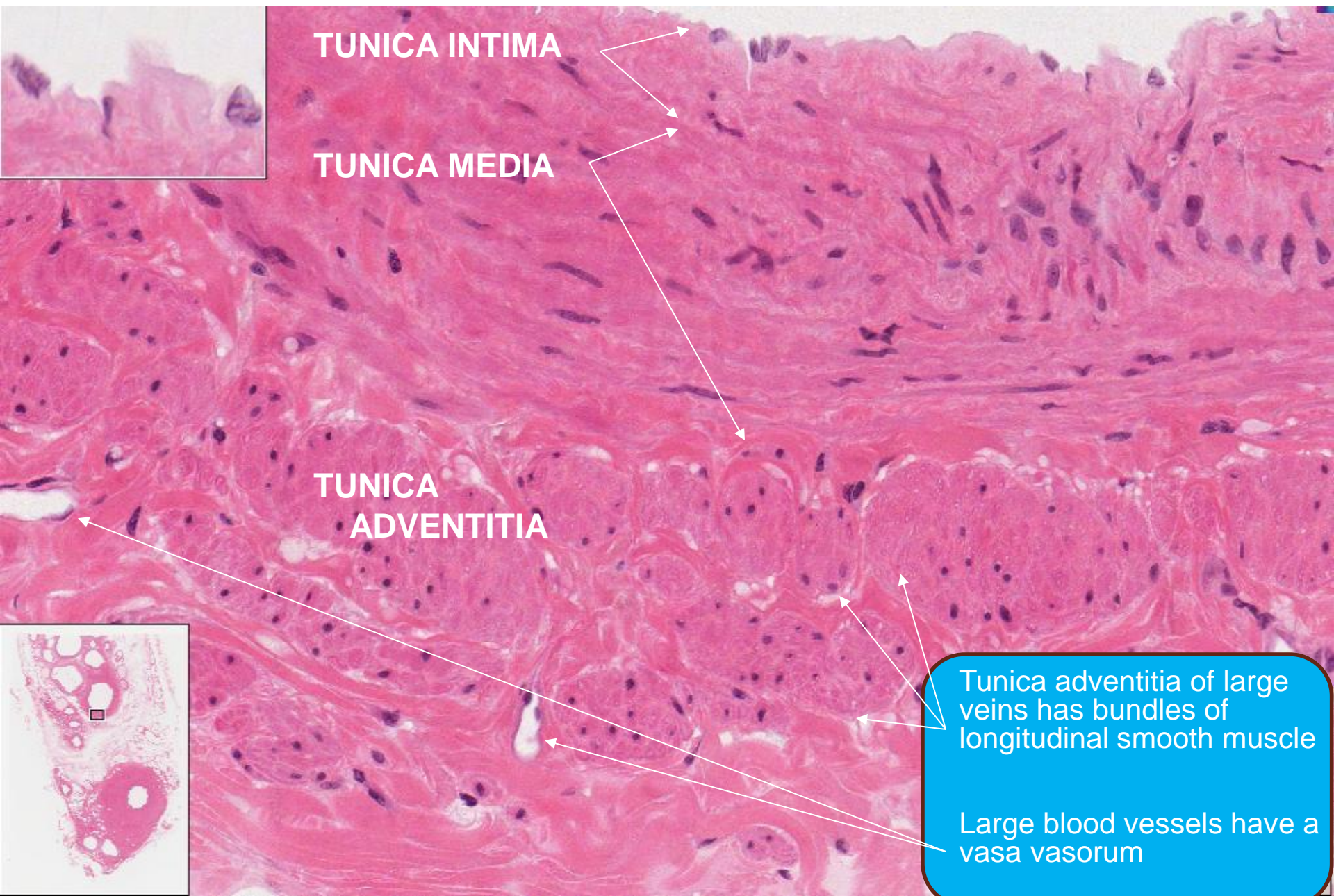
TUNICA MEDIA

TUNICA
ADVENTITIA

Tunica adventitia of large
veins has bundles of
longitudinal smooth muscle

Large blood vessels have a
vasa vasorum

LARGE VEIN



TUNICA INTIMA

TUNICA MEDIA

TUNICA ADVENTITIA

Tunica adventitia of large veins has bundles of longitudinal smooth muscle

Large blood vessels have a vasa vasorum

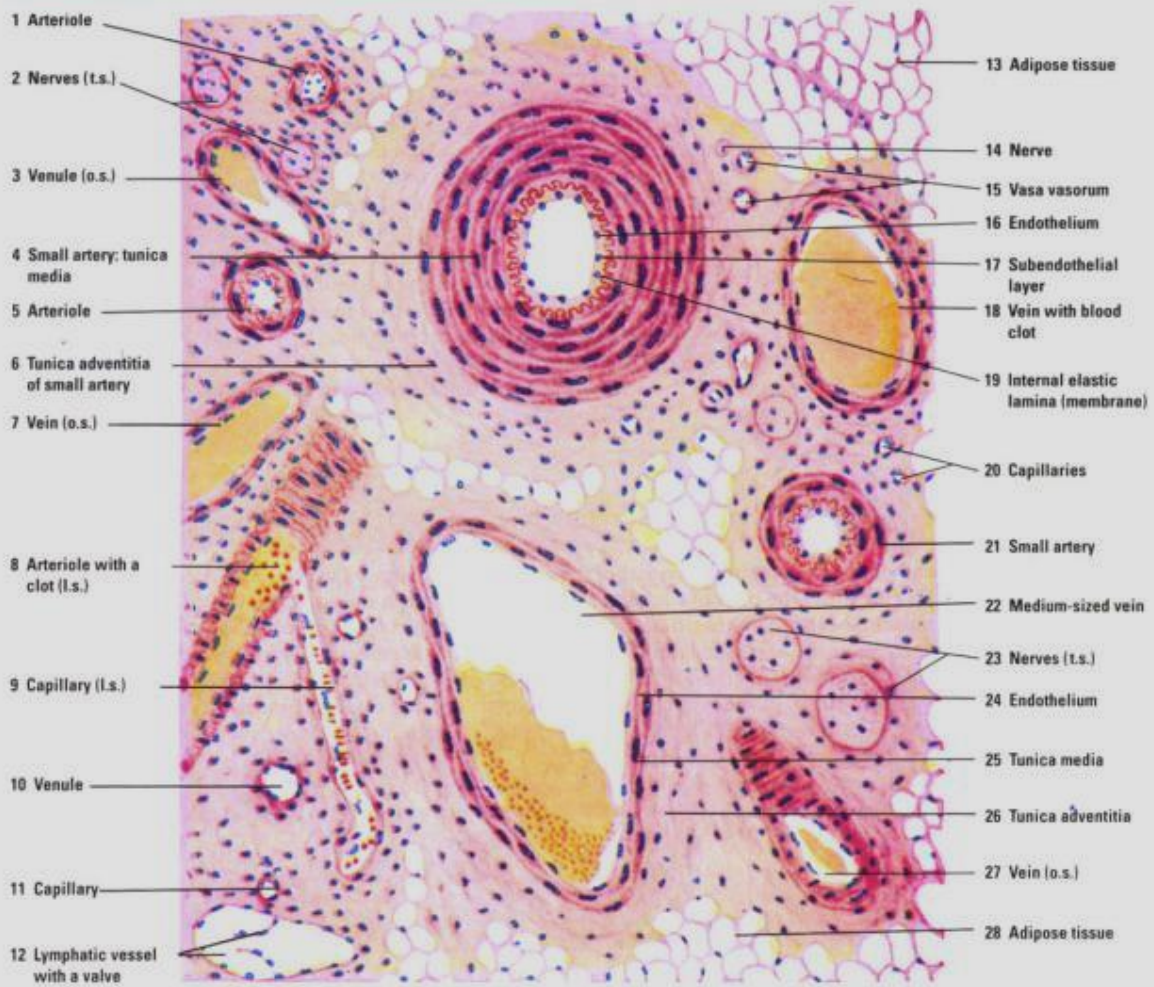
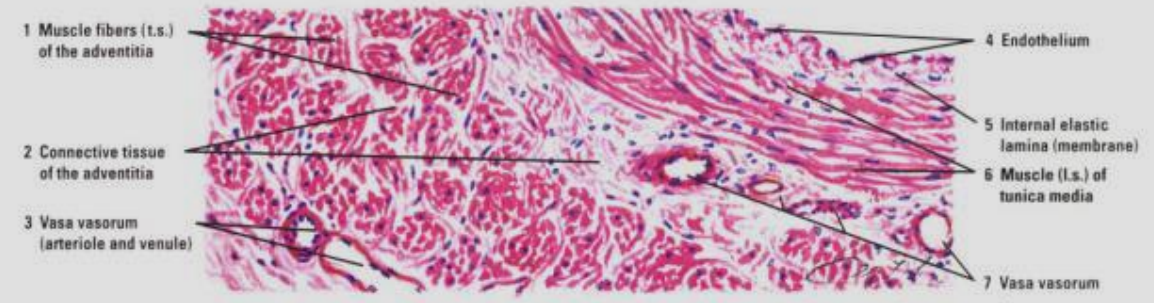
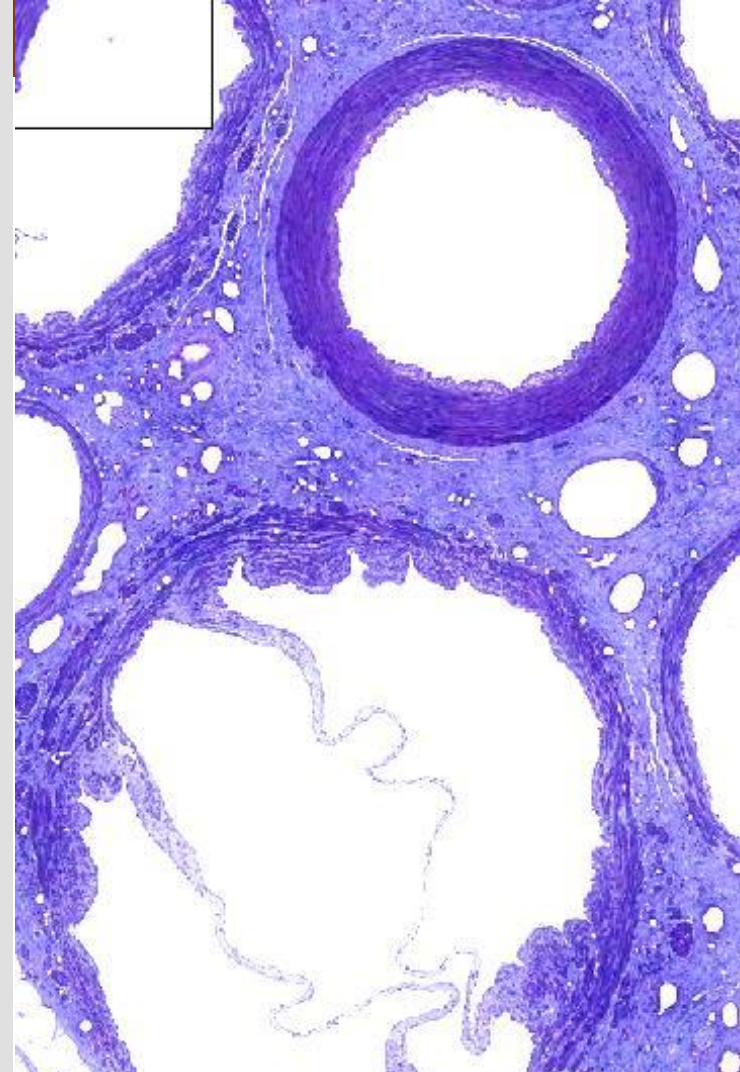
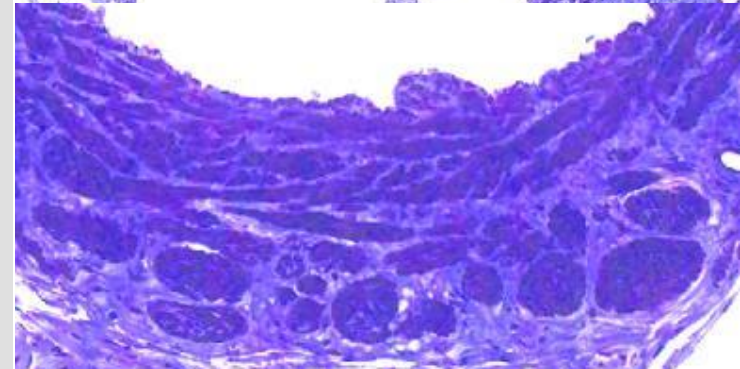


Fig. 7-1 Blood and Lymphatic Vessels. Stain: hematoxylin. Medium magnification.

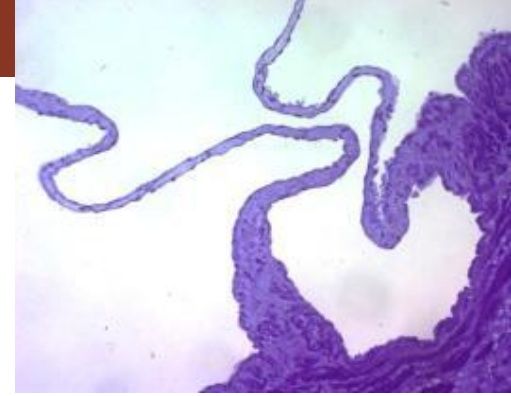


Stain: hematoxylin-eosin. Medium magnification.



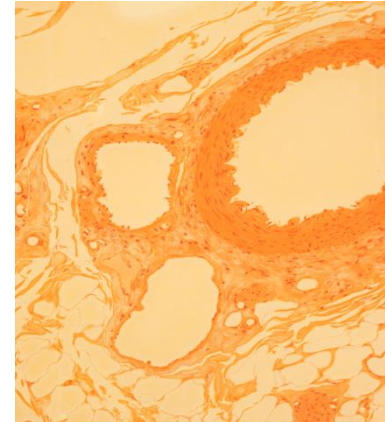
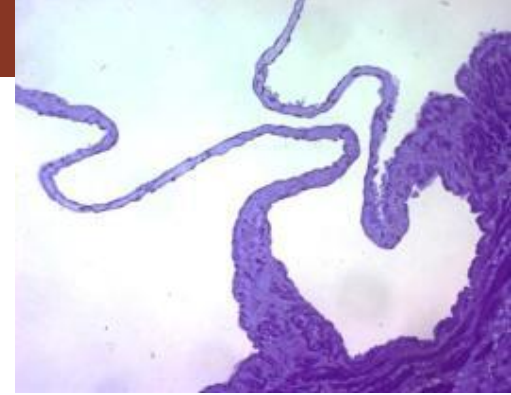
VASCULAR VALVES

**LOCATION - MEDIUM CALIBER
VEINS (ESPECIALLY EXTREMITIES)**



VASCULAR VALVES

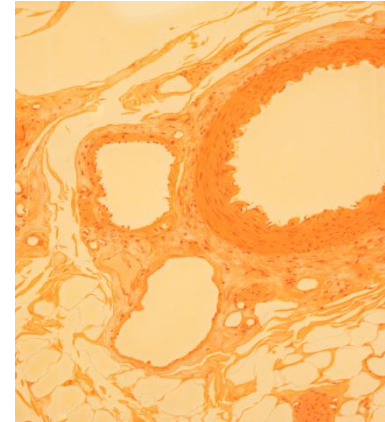
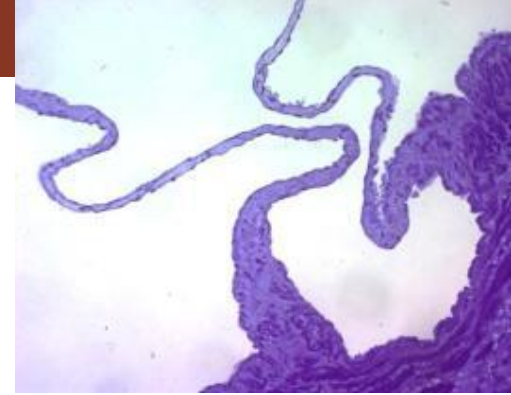
**LOCATION - MEDIUM CALIBER
VEINS (ESPECIALLY EXTREMITIES)
COLLECTING AND
LYMPHATIC DUCTS**



VASCULAR VALVES

**LOCATION - MEDIUM CALIBER
VEINS (ESPECIALLY EXTREMITIES)
COLLECTING AND
LYMPHATIC DUCTS**

**FUNCTION - INSURE
UNIDIRECTIONAL FLOW**

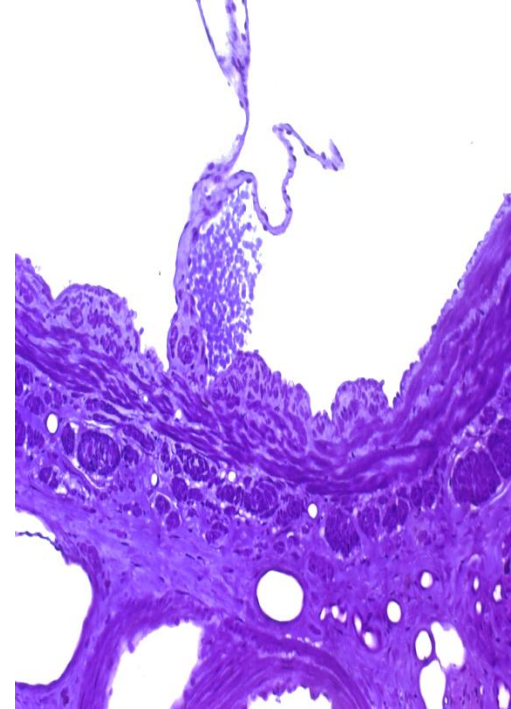
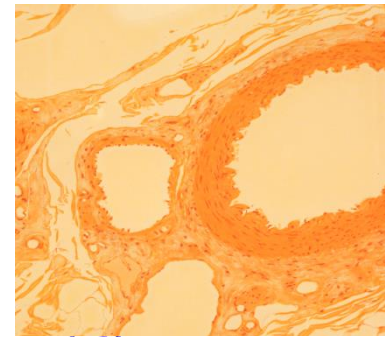
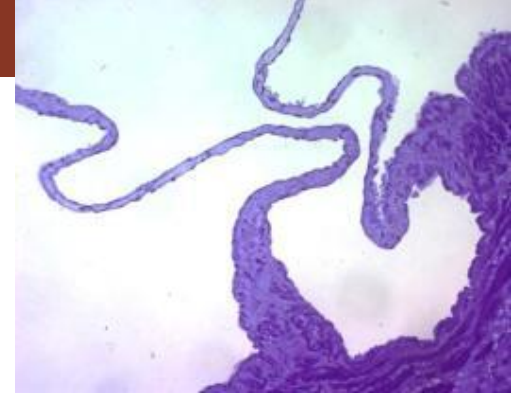


VASCULAR VALVES

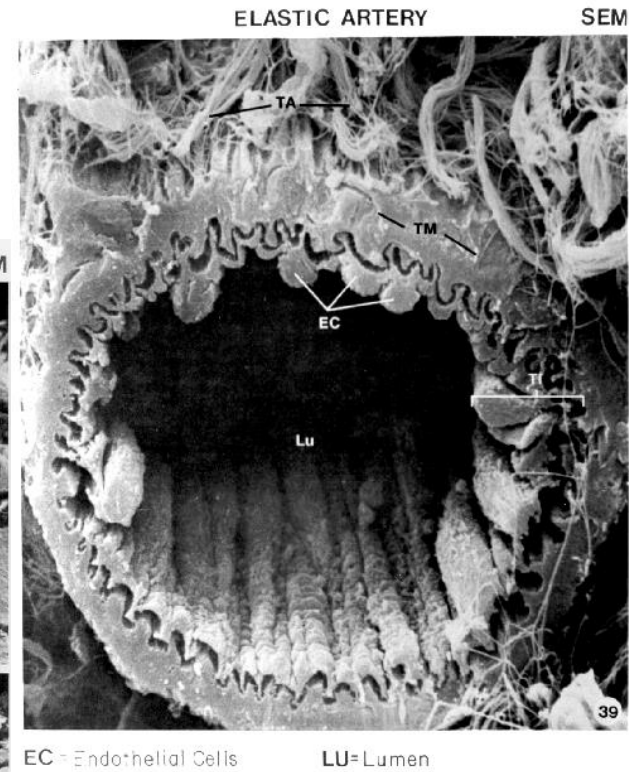
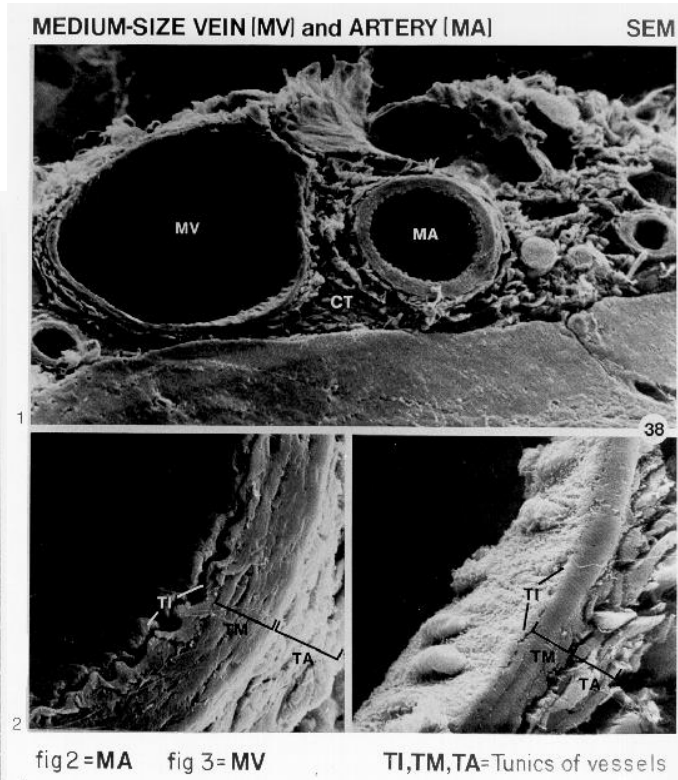
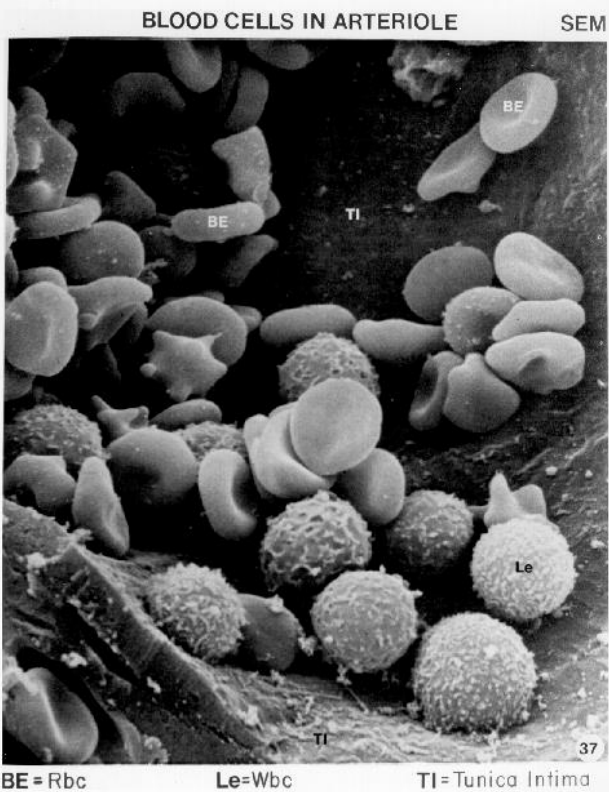
**LOCATION - MEDIUM CALIBER
VEINS (ESPECIALLY EXTREMITIES)
COLLECTING AND
LYMPHATIC DUCTS**

**FUNCTION - INSURE
UNIDIRECTIONAL FLOW**

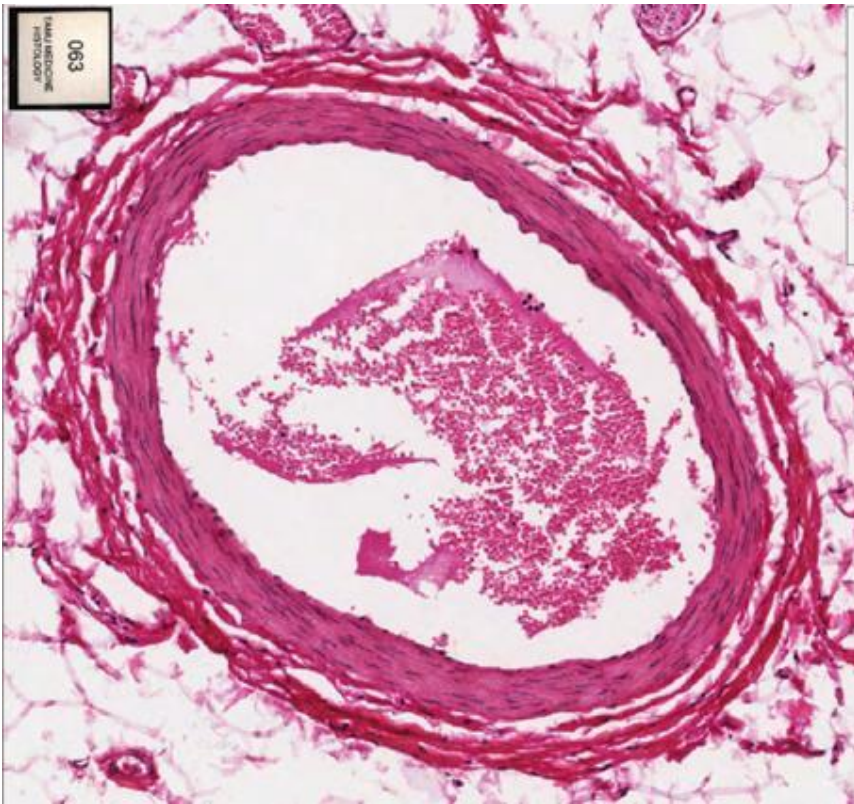
**COMPOSITION FLAP OR LEAFLET
WHICH ARE FOLDINGS OF
THE INTIMA WITH
REINFORCEMENTS OF
CONNECTIVE TISSUE**



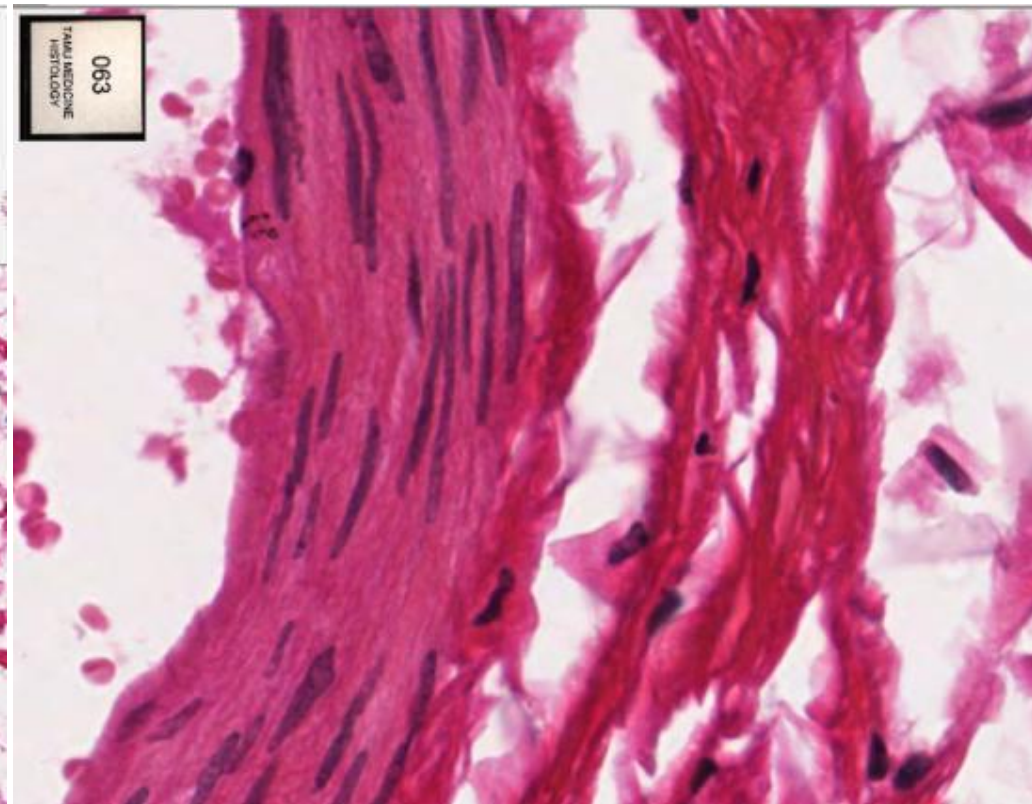
EM 37, 38, & 39



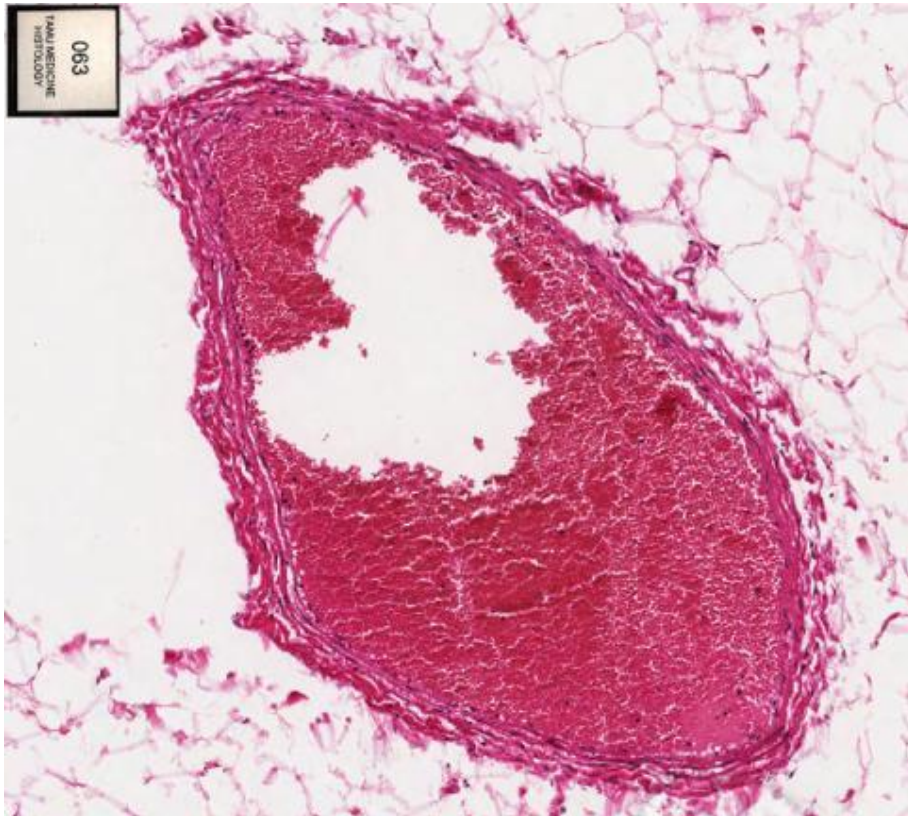
Slide 63: Appendix (H&E)



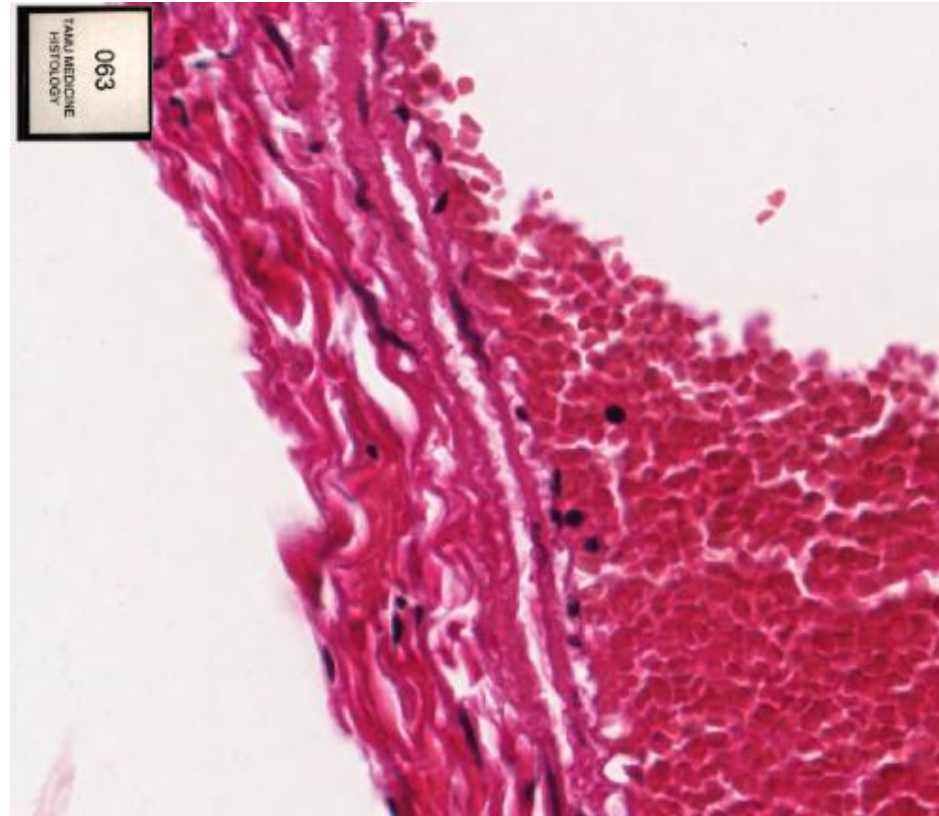
Large Artery



Slide 63: Appendix (H&E)

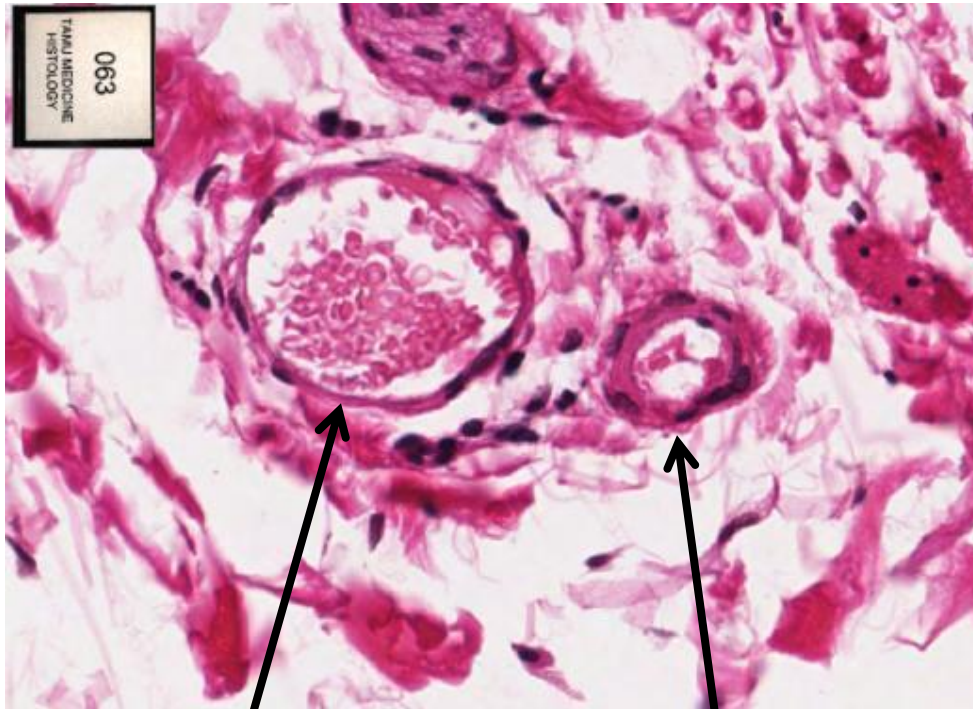


Large Vein



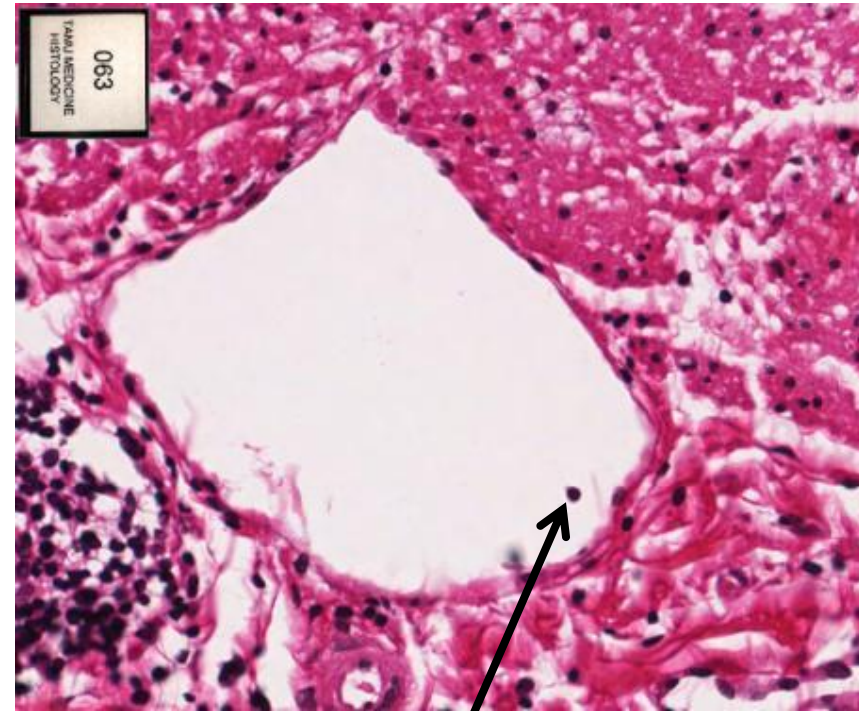
Tunica adventitia Tunica media Tunica intima

Slide 63: Appendix (H&E)



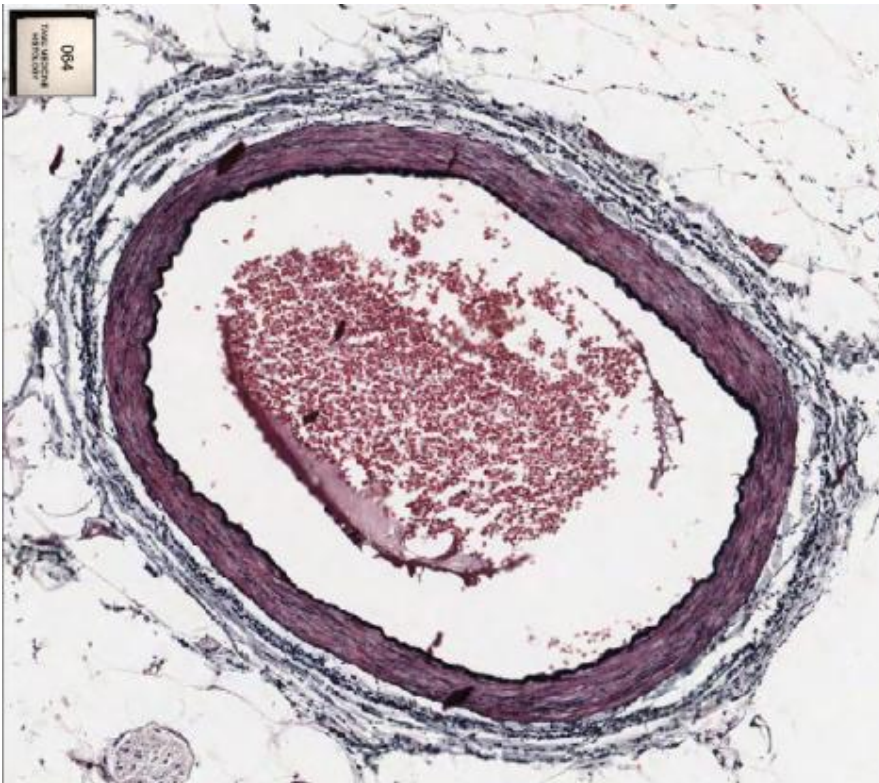
Venule

Arteriole

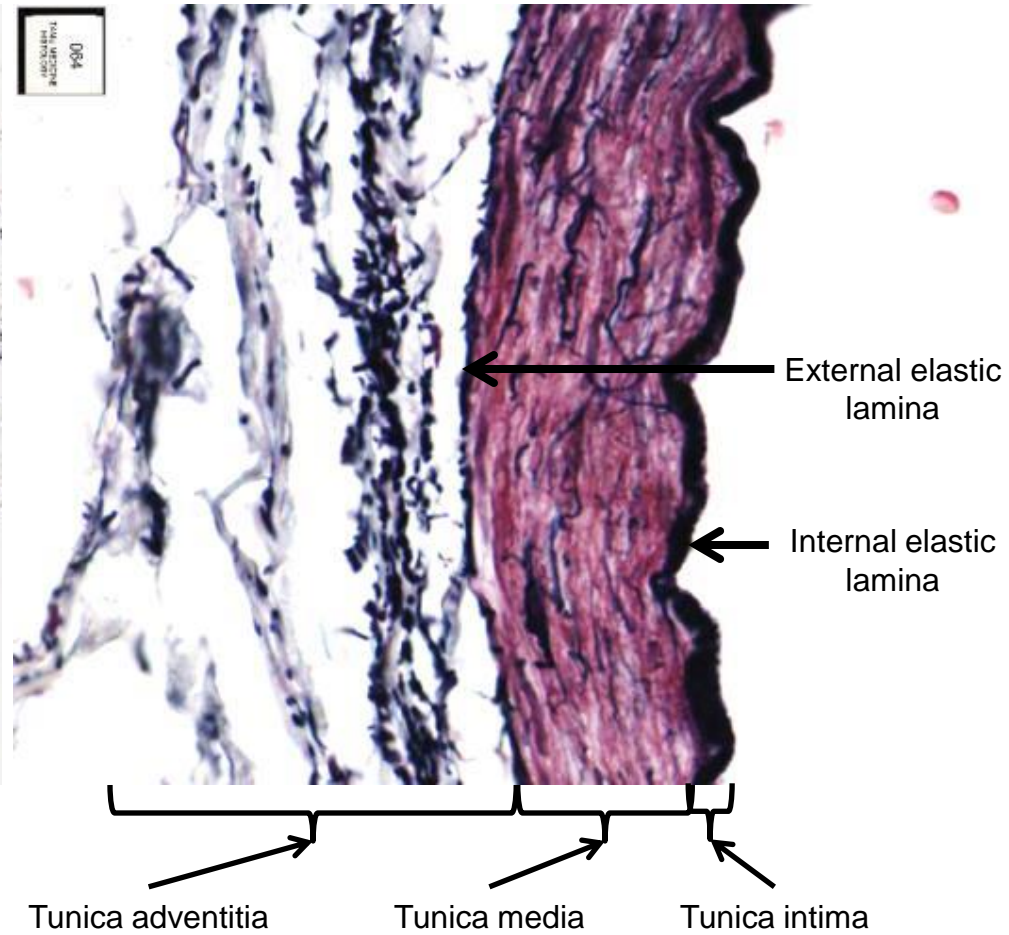


Lymphatic vessel with lymphocyte

Slide 64: Appendix (Verhoff's and trichrome stain)



Large Artery



Tunica adventitia

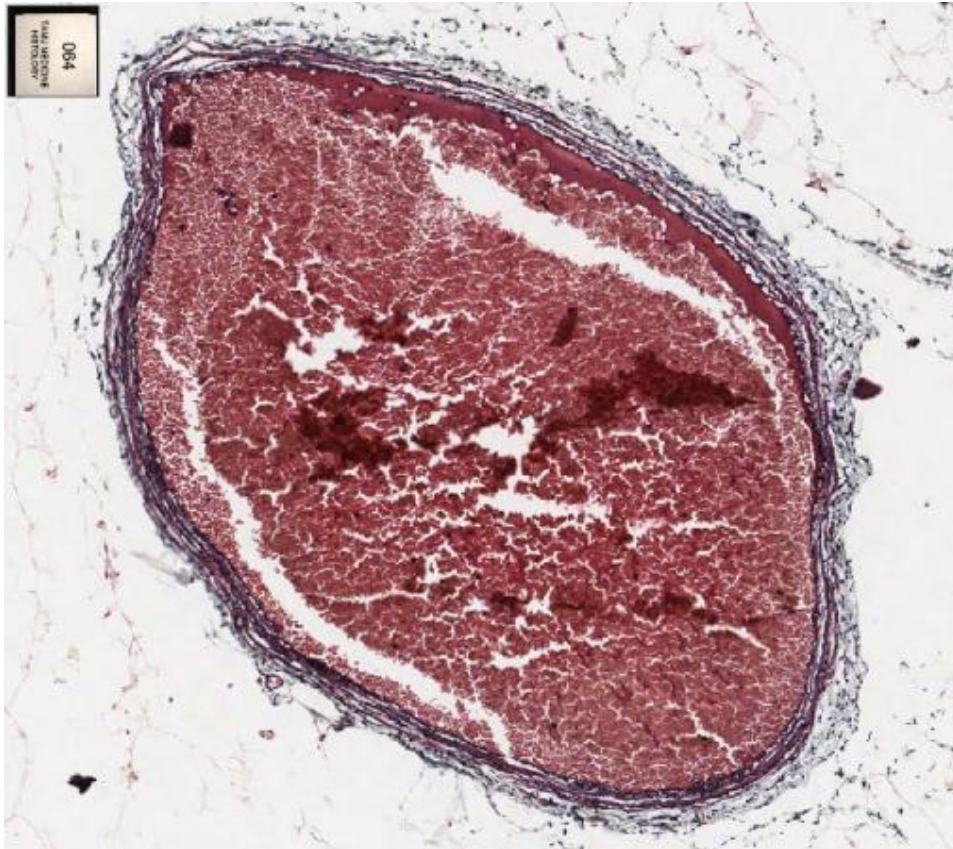
Tunica media

Tunica intima

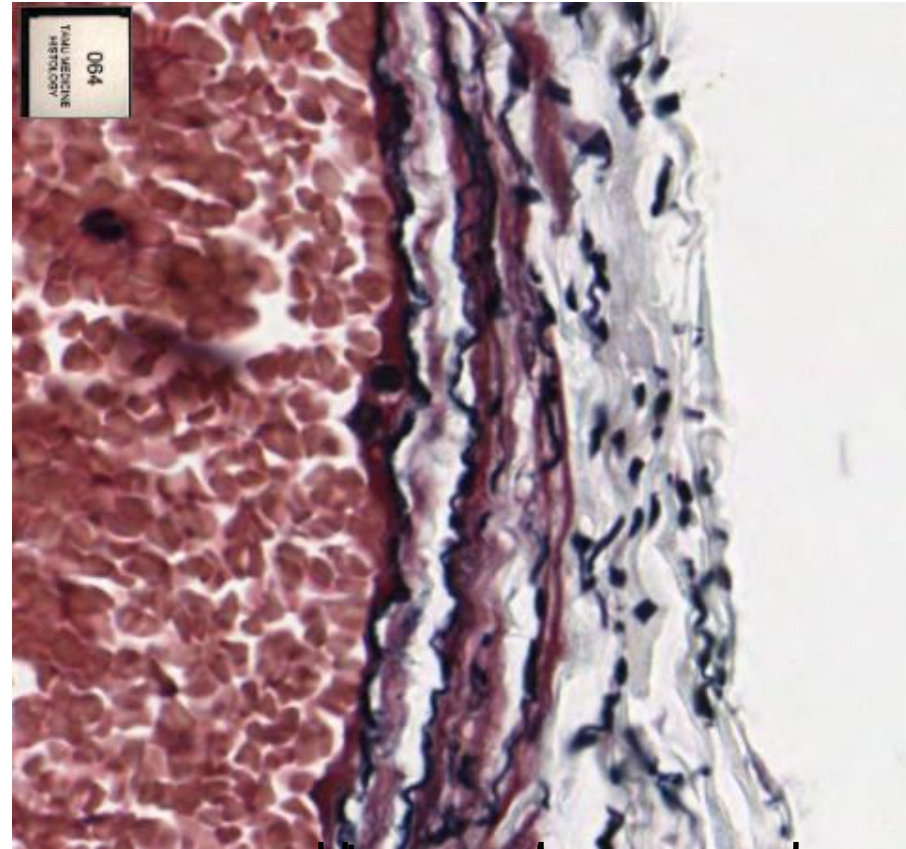
External elastic lamina

Internal elastic lamina

Slide 64: Appendix (Verhoff's and trichrome stain)

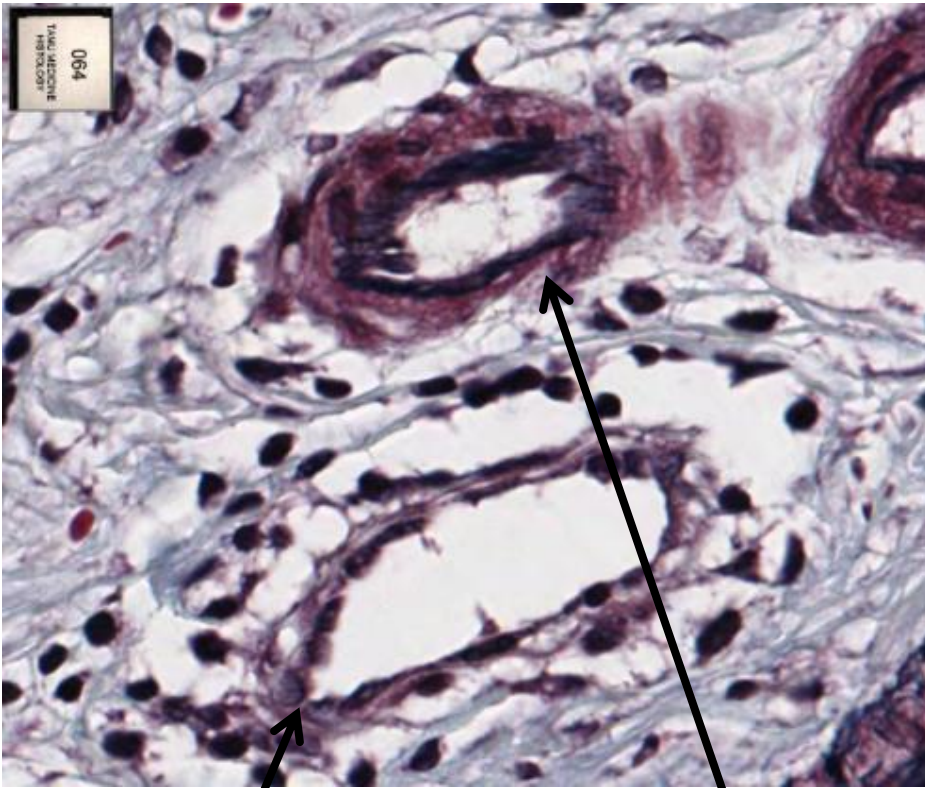


Large Vein



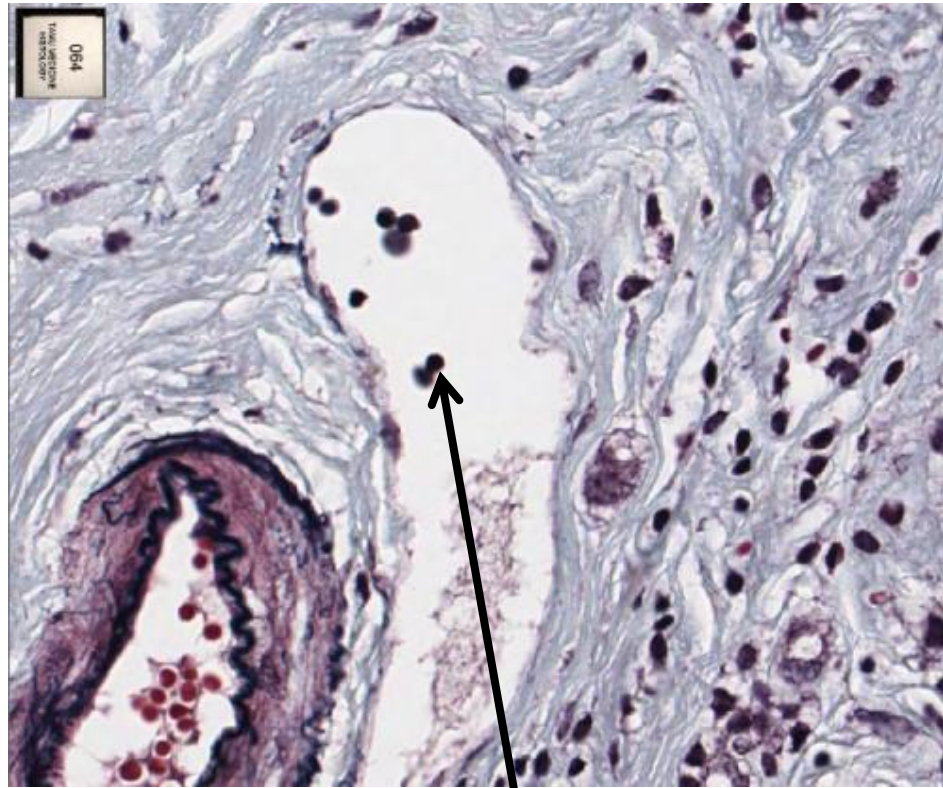
Tunica intima Tunica media Tunica adventitia

Slide 64: Appendix (Verhoff's and trichrome stain)



Venule

Arteriole

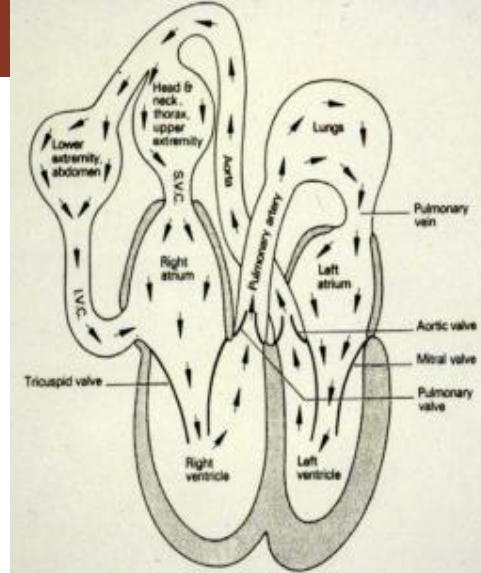


Lymphatic vessel with lymphocytes

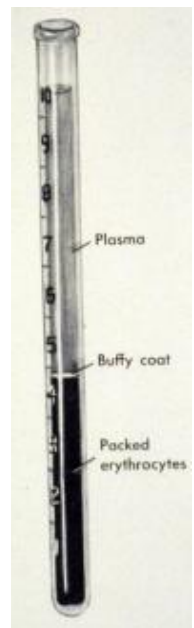
CARDIOVASCULAR SYSTEM

VEINS - TRANSMIT BLOOD TO LARGE VEINS RESERVOIR

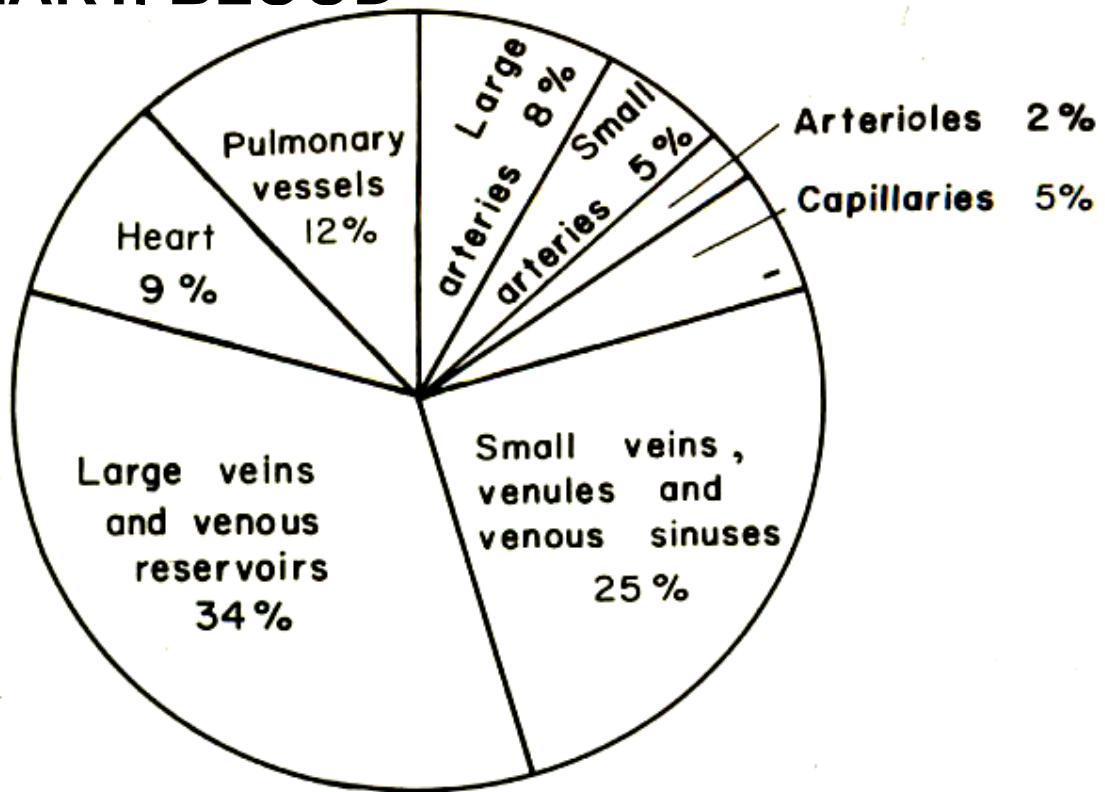
LARGER VEINS - RECEIVE LYMPH AND RETURN BLOOD TO HEART. BLOOD RESERVOIR



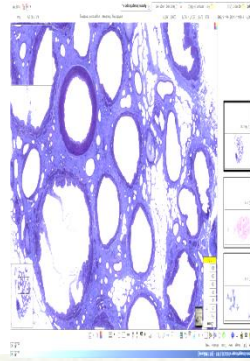
**VOLUME:
5-6 L = 12-13
PINTS/PERSON**



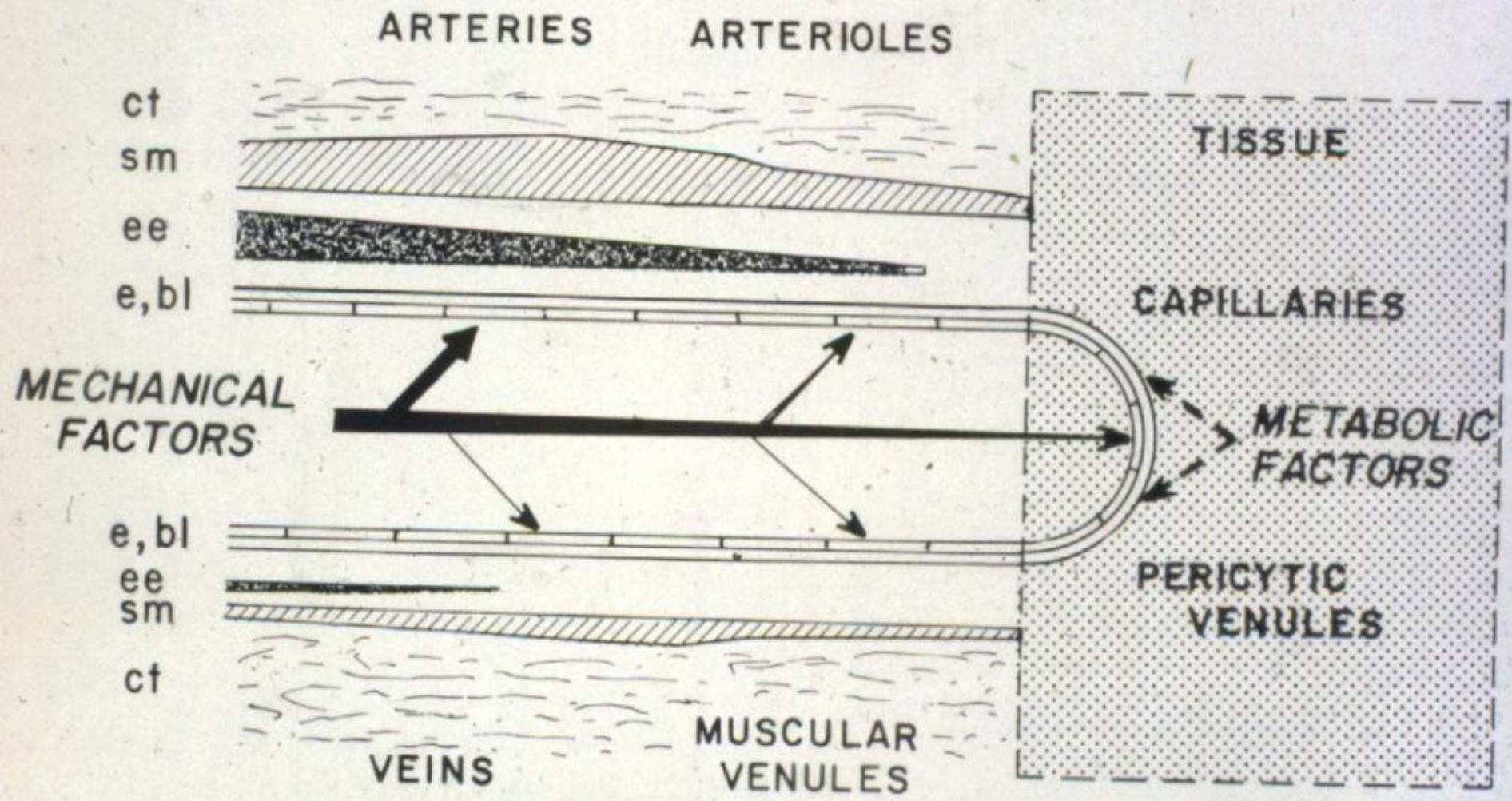
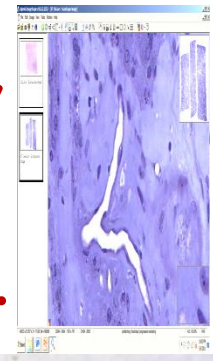
59% of the blood volume is stored in veins



SUMMARY



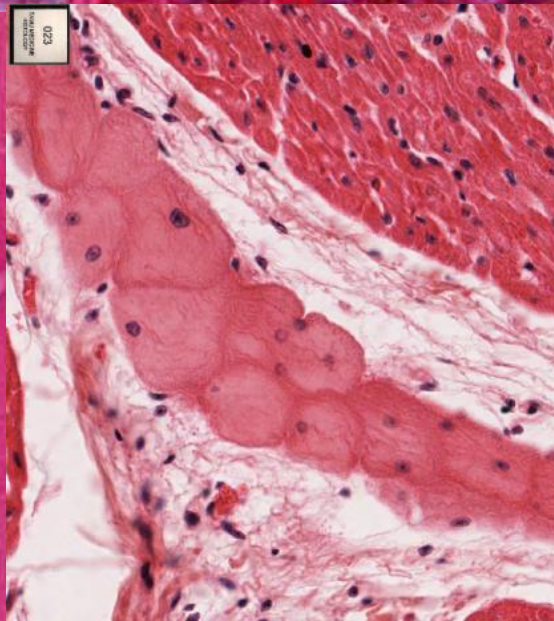
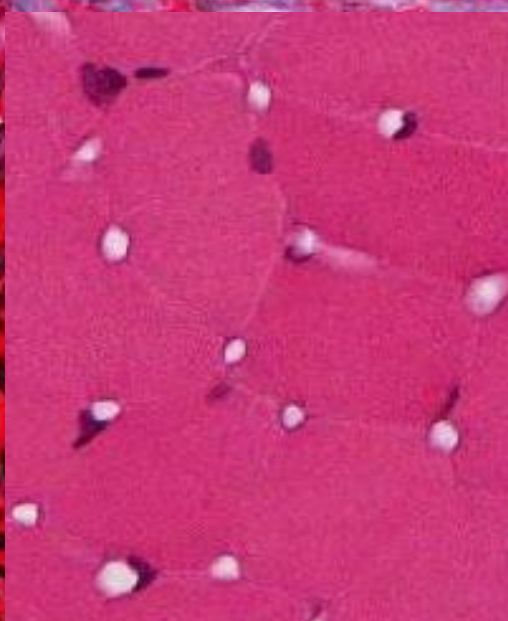
Vessels are structurally adapted to physical and metabolic requirements.



This concludes Part 1.

CARDIOVASCULAR SYSTEM PART 2

Dr. Larry Johnson



Objectives

Part 1

- Identify elastic and muscular arteries, arterioles, capillaries, venules and veins.
- Describe the intima, media, and adventitia of all vessels.

Part 2

- Describe the structure of the heart.
- Also regulation of blood flow, lymphatic vessels, and diseases

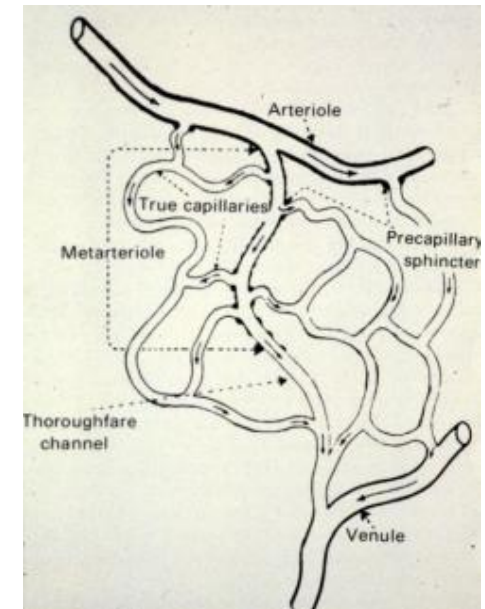
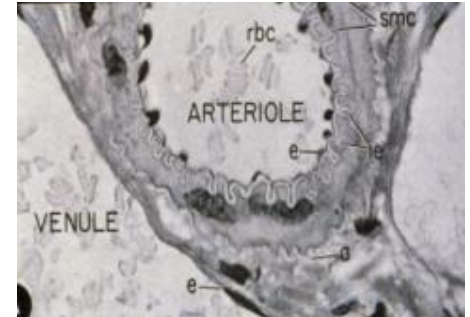
ARTERIOLEAR FUNCTIONS

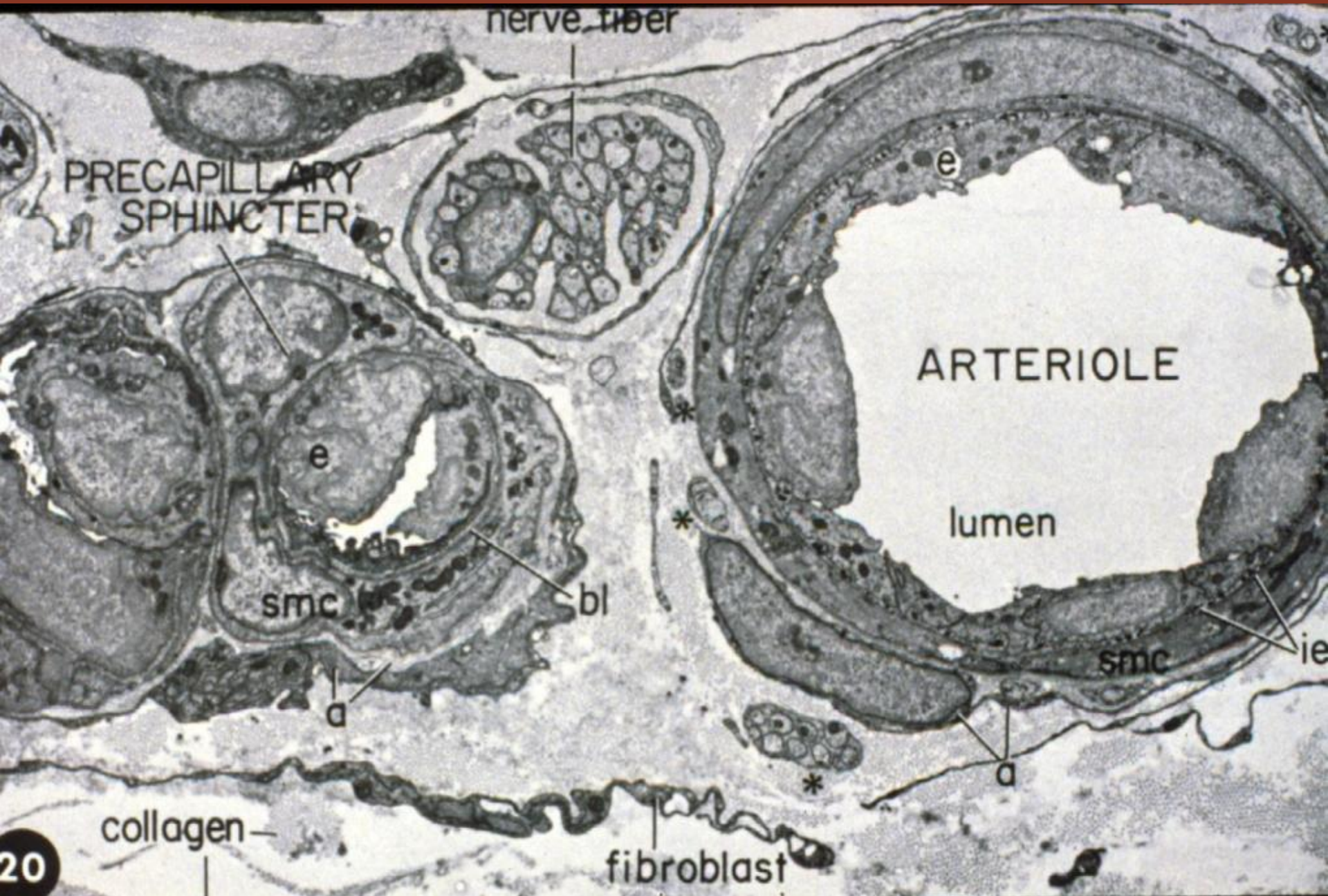
ALLOW SUFFICIENT PRESSURE FOR FLOW THROUGH CAPILLARIES

LOW ENOUGH PRESSURE TO PREVENT DAMAGE

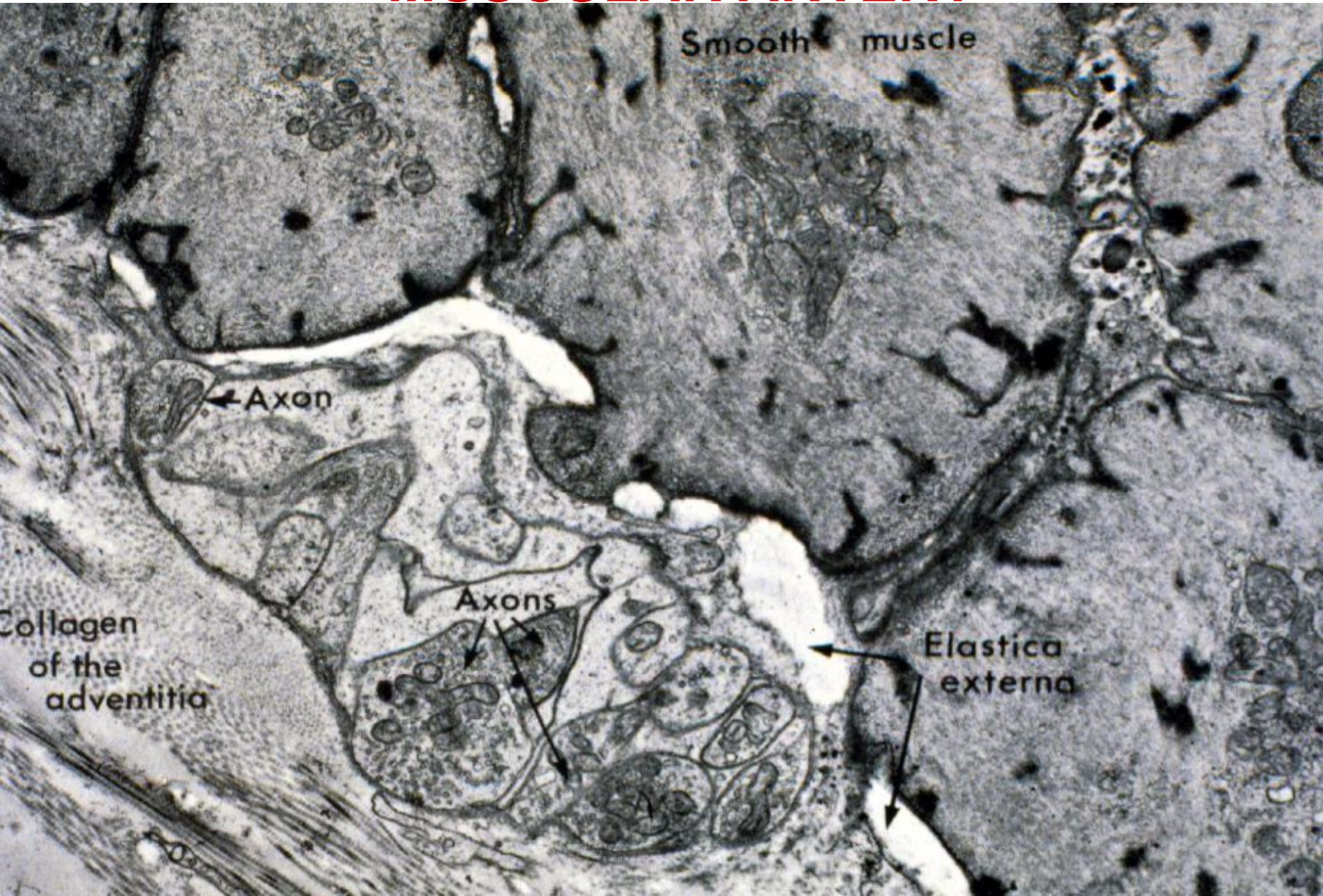
CONSTANT INTERMITTANCE OF BLOOD FLOW TO CAPILLARY BEDS

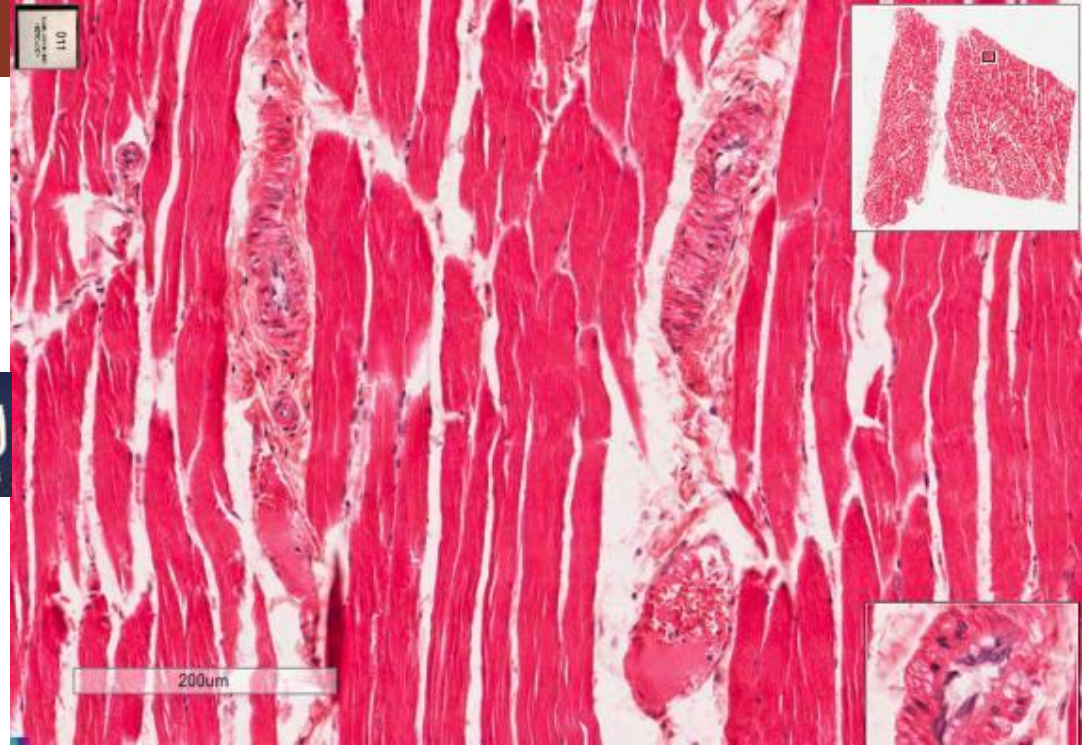
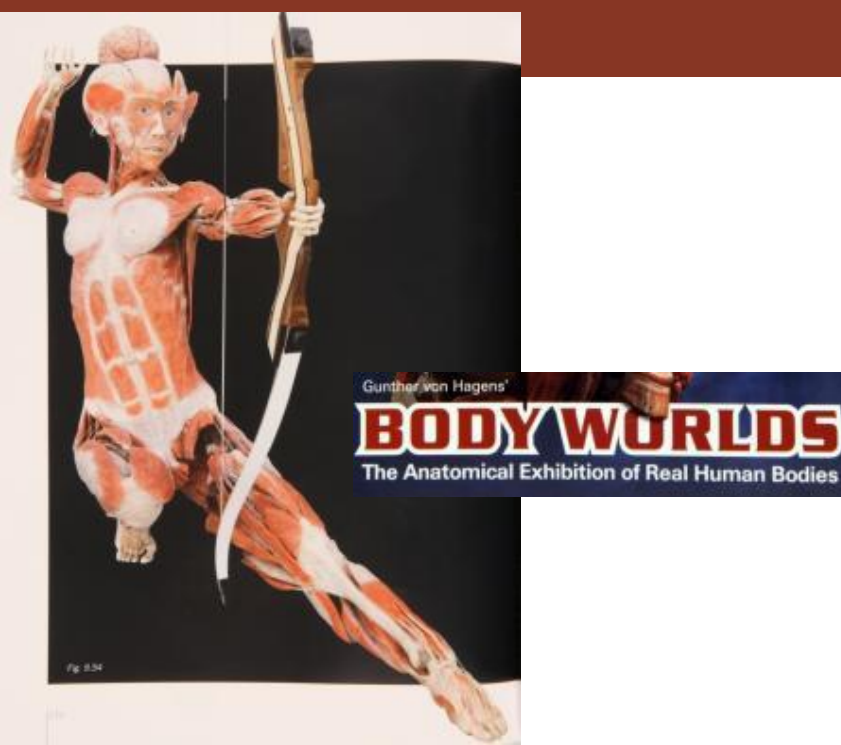
AUTOREGULATION - SMOOTH MUSCLE CELLS IN ARTERIOLES AND IN PRE-CAPILLARY SPHINCTERS RESPOND TO METABOLIC NEEDS, LOW O₂ TENSION, THEN RELAX ⇒ INCREASED BLOOD FLOW (INDEPENDENT OF NERVOUS SYSTEM)





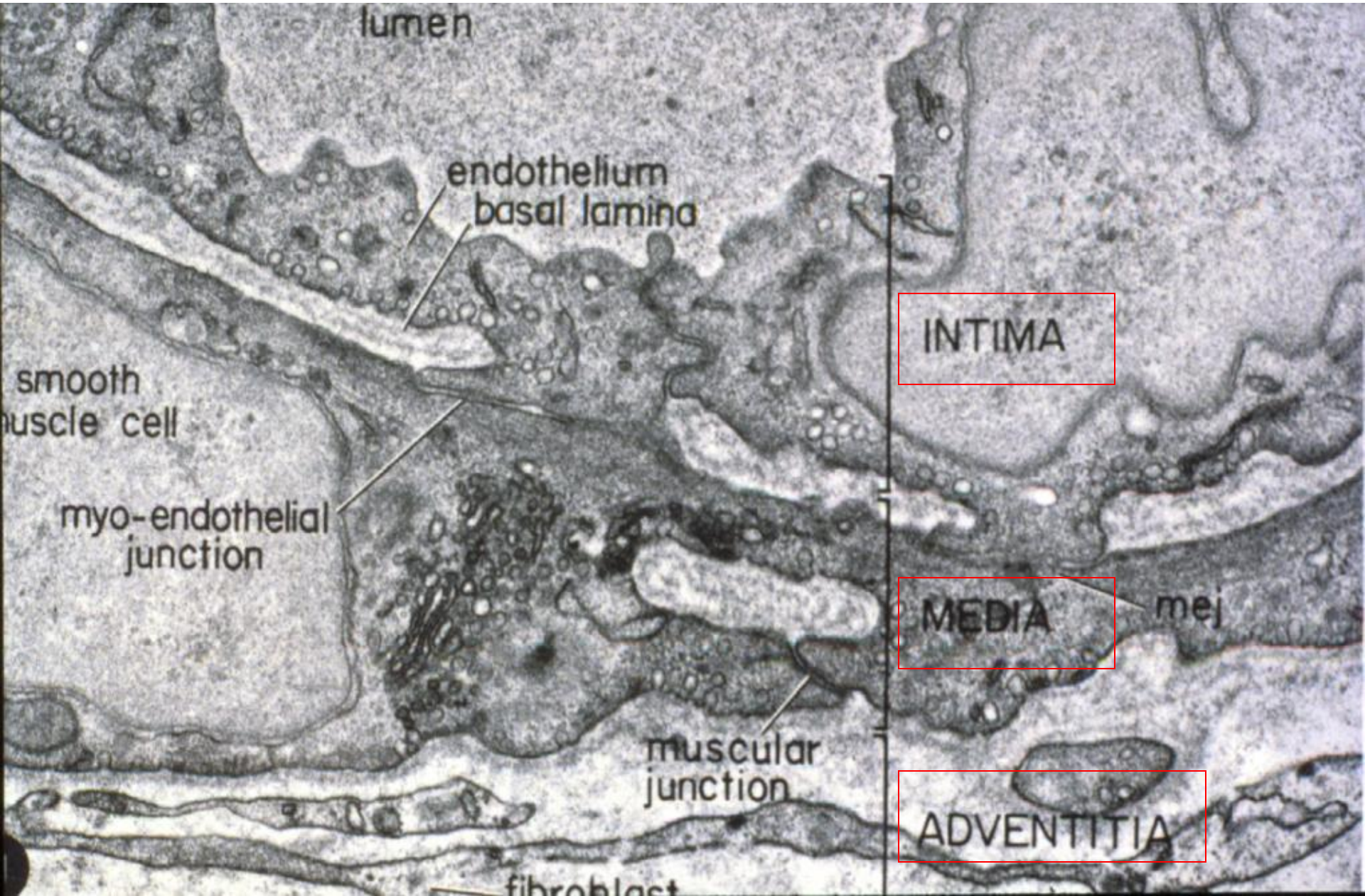
MUSCULAR ARTERY



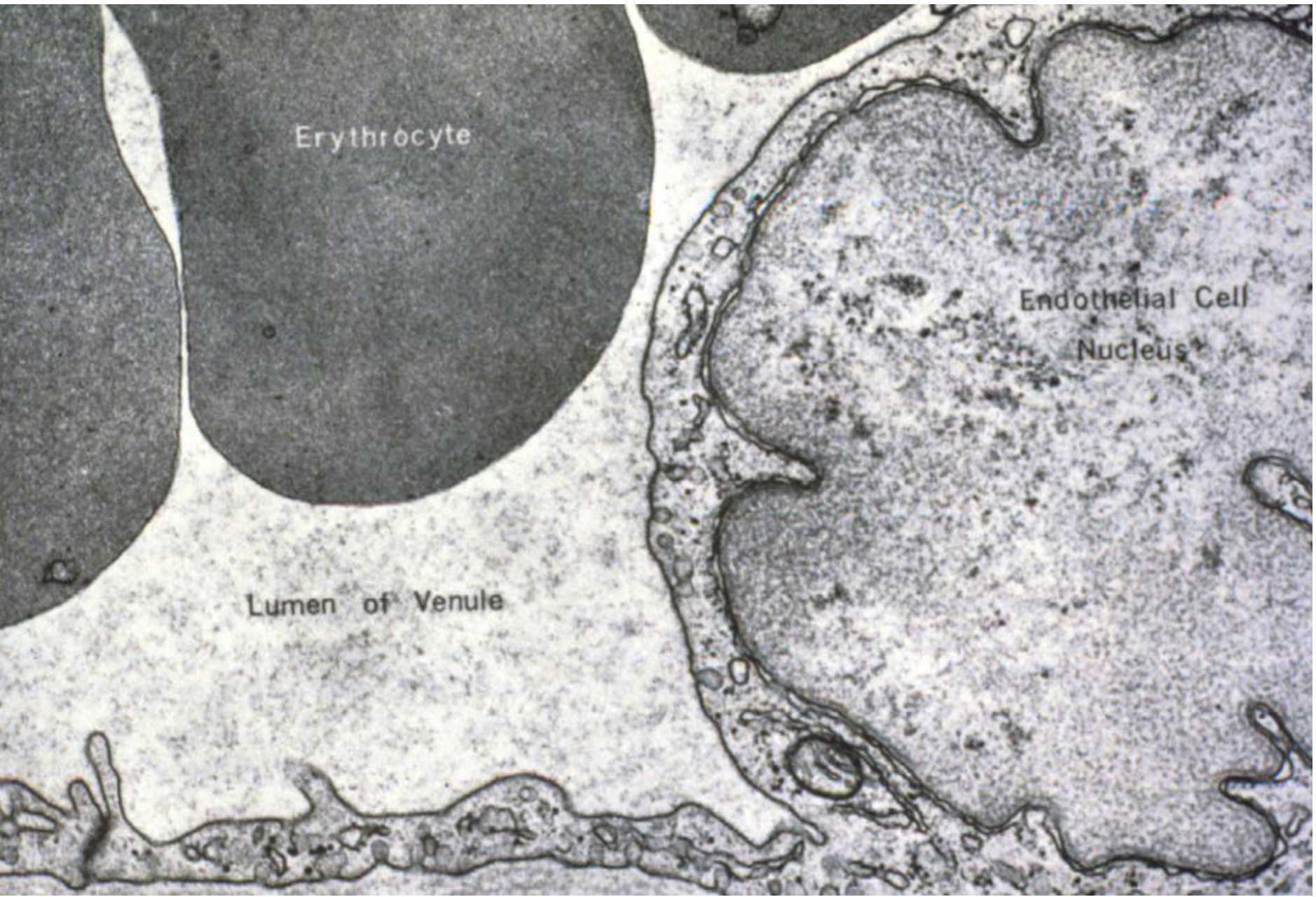


During exercise, the increase of blood flow to skeletal muscle is primarily the result meeting the metabolic needs (e.g., low O₂ levels reduces the contraction of smooth muscle and their constriction of arteriolar blood flow) of the tissue due to local, nervous, and hormonal regulatory mechanisms. Also, there will be an increased heart rate.

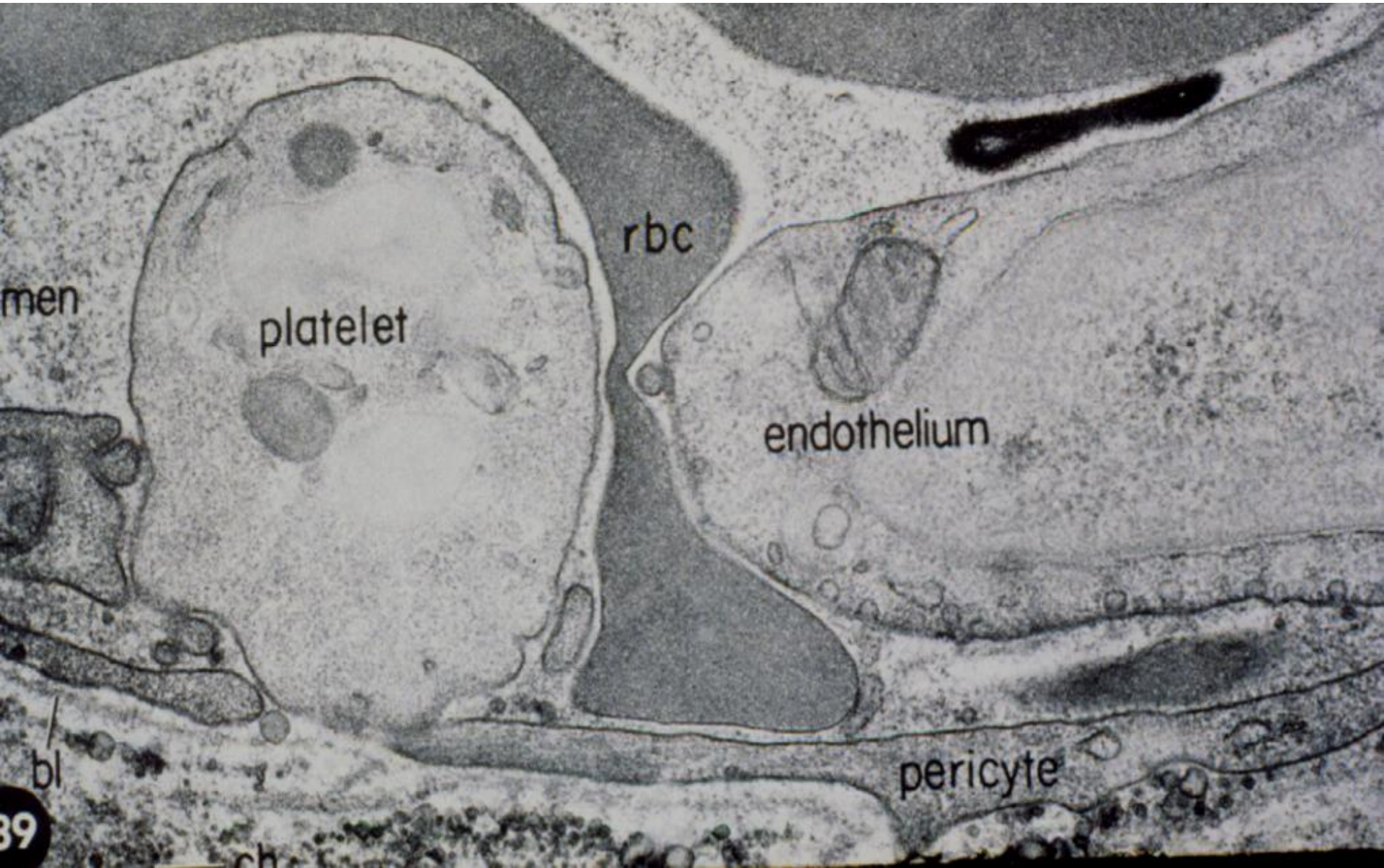
ARTERIOLE



VENULE



VENULE COLLECT BLOOD FROM CAPILLARIES (EDEMA)



Human testis

Testicular capsule

Vein

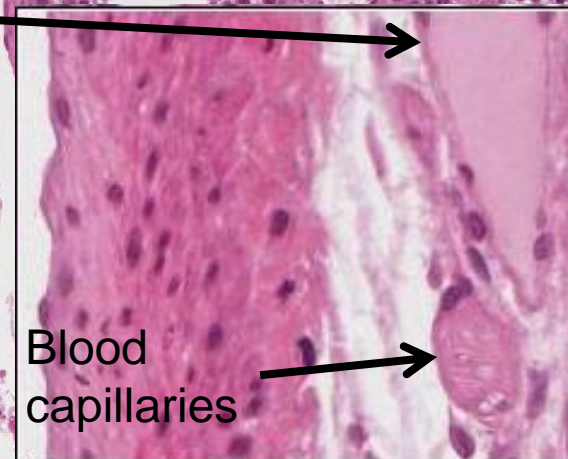
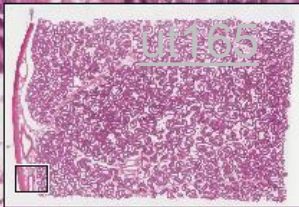
Blood capillaries

Artery

Lymphatic capillaries

Leydig cells

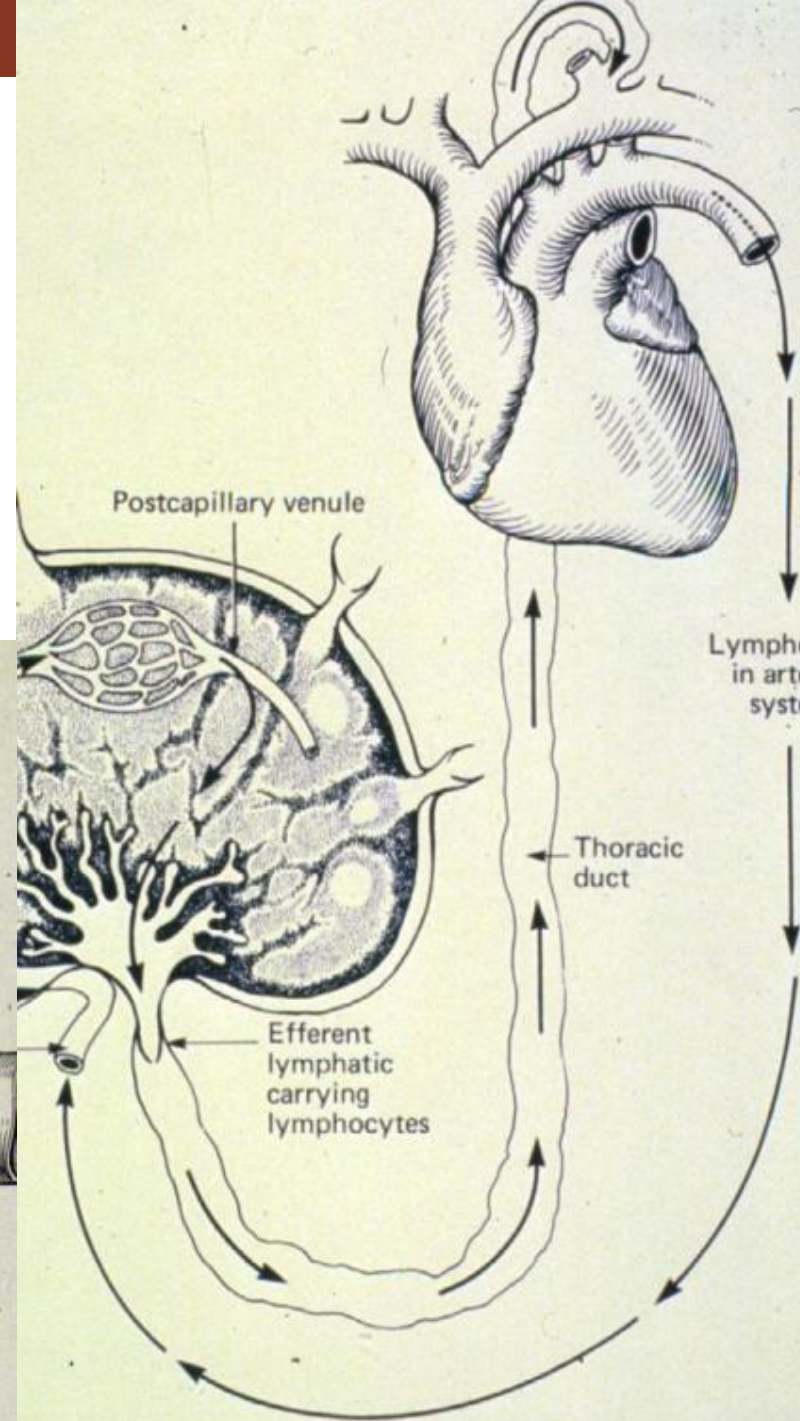
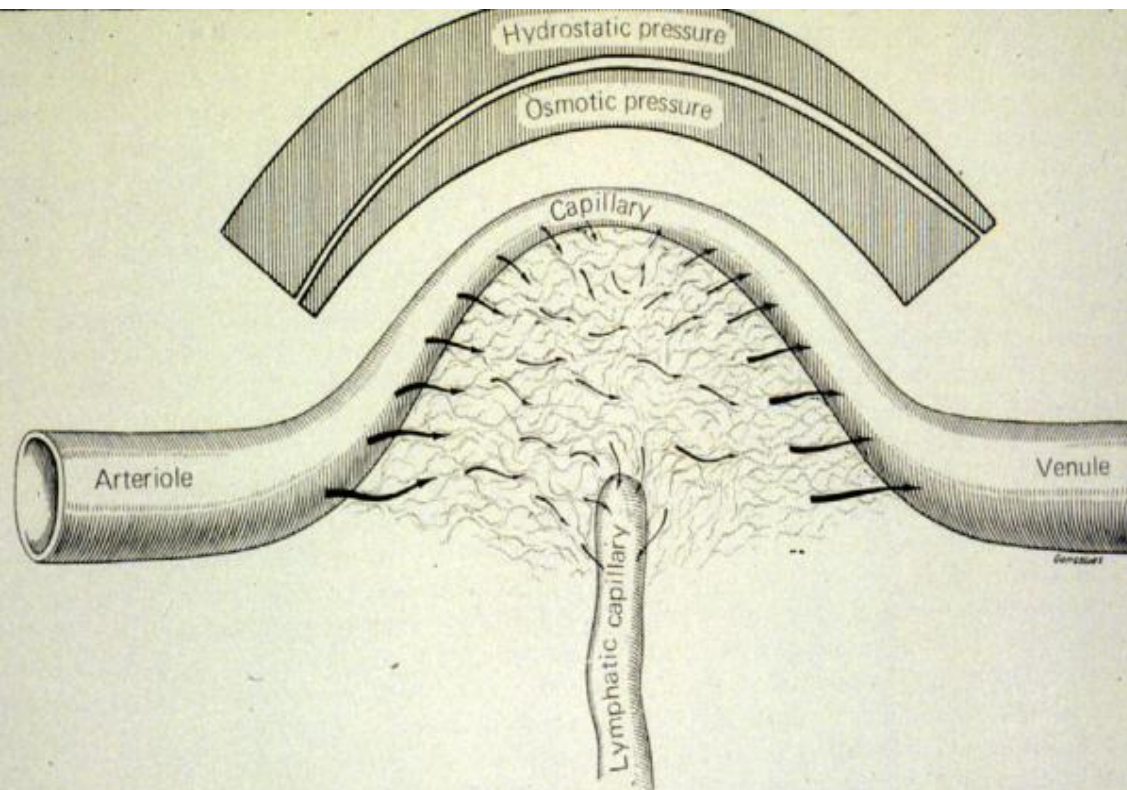
In most organs, the network of blood capillaries is paralleled by a plexus of capillaries of the draining lymphatic system.



LYMPH VESSELS

FUNCTIONS

RETURN PROTEIN, FLUID, AND
BLOOD CELLS



LYMPH VESSELS

LYMPH FLOW

- COMPRESSION OF LYMPHATIC VESICLES (MUSCLES, PULSATING BLOOD VESSELS)

UNIDIRECTIONAL FLOW

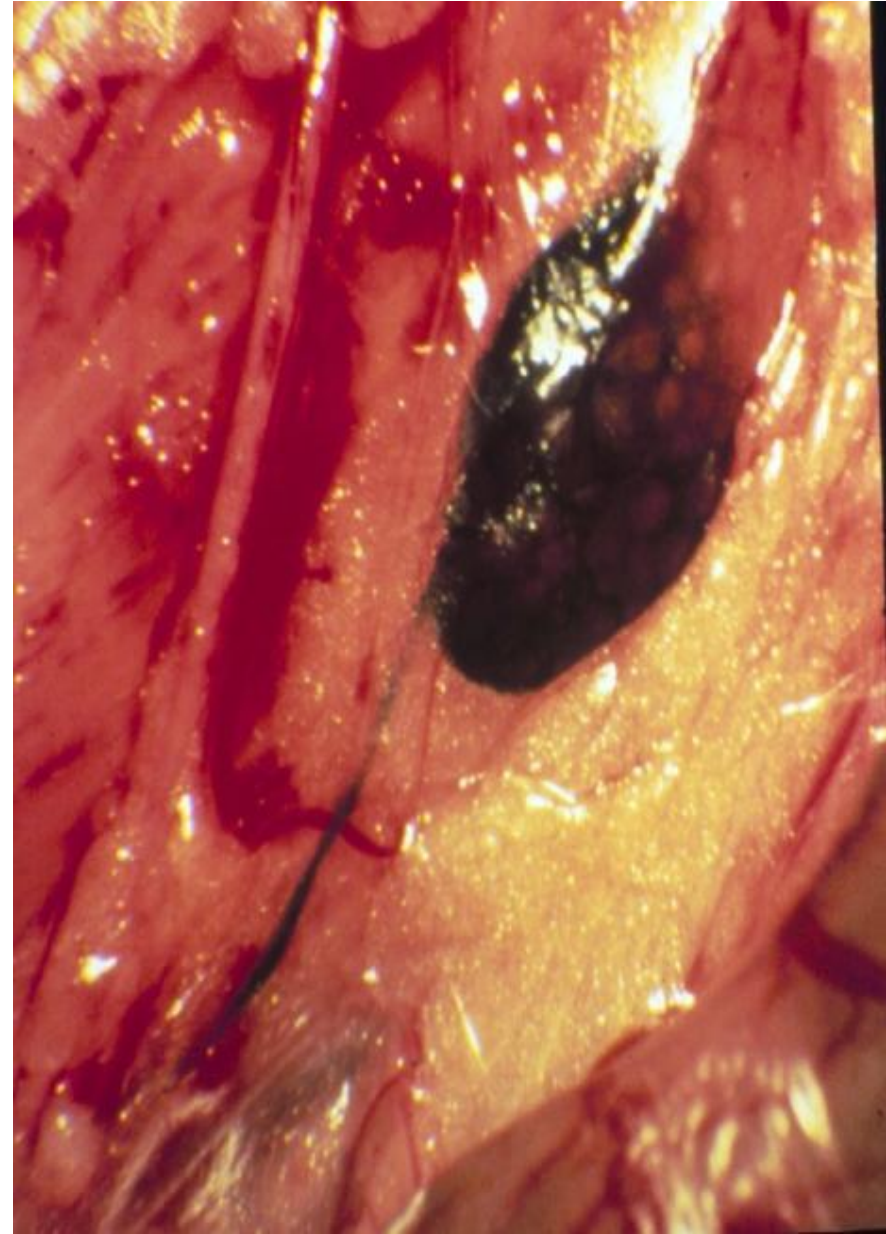
- CONTROLLED BY VALVES

FLOW RATE

- REMARKABLY RAPID

ANCHORING DEVICE

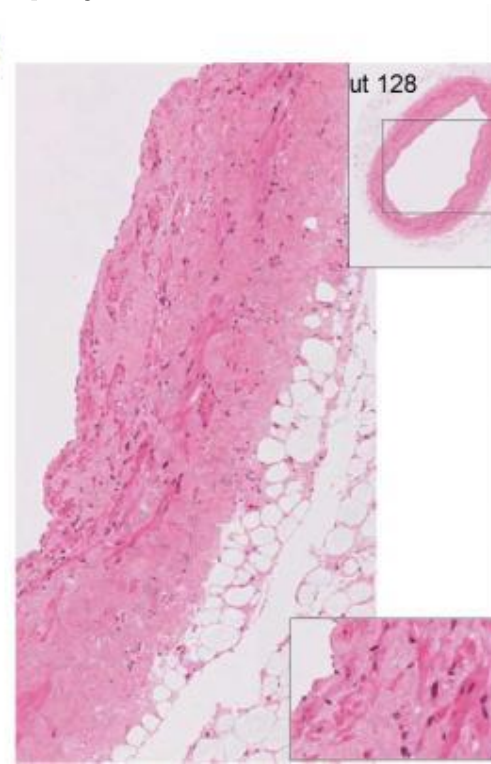
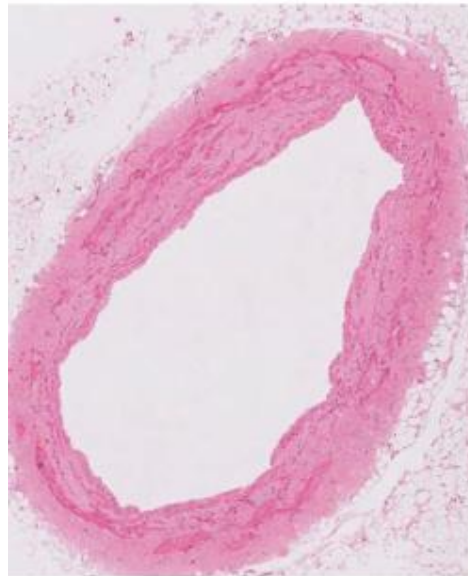
- VESSELS OPEN



Drainage and the function of lymph vessels

- Function: collect excess interstitial fluid “lymph” from tissue and return it to the blood
- Drain: starts as lymph capillaries to lymph vessels to lymph nodes for filtration then to lymph ducts (thoracic, tracheal duct, and right lymphatic) that empty into the blood stream.

Thoracic duct (human)



LYMPH VESSELS

TRANSPORT ACROSS
TRANSIT VESICLES

CAPILLARIES
INTERCELLULAR
JUNCTIONS



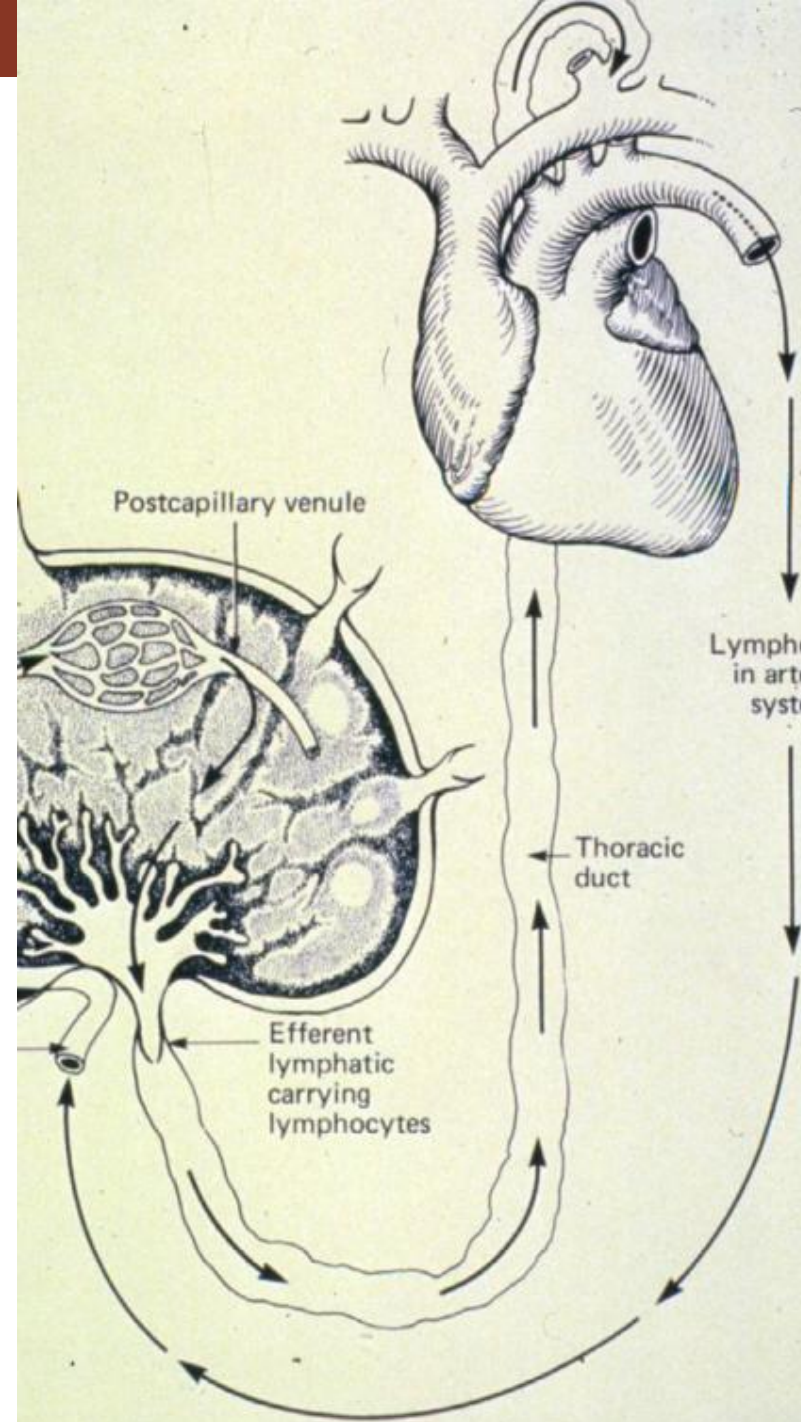
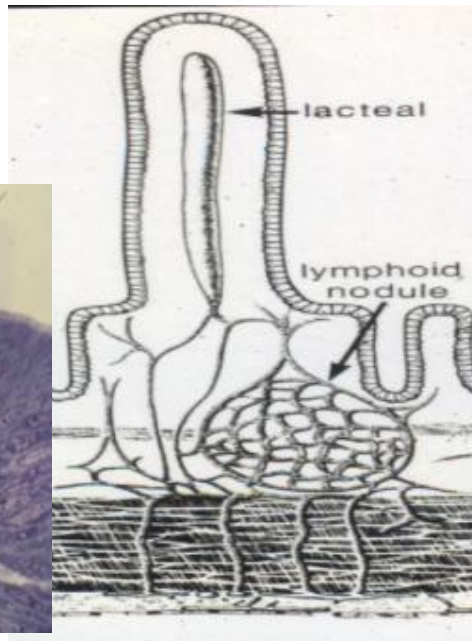
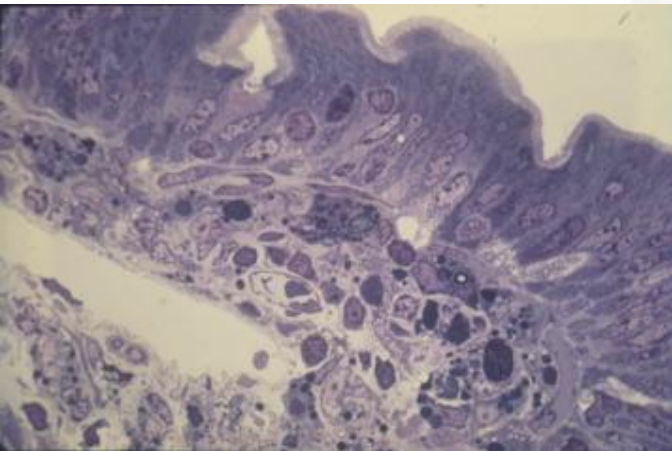
LYMPH VESSELS

FUNCTIONS

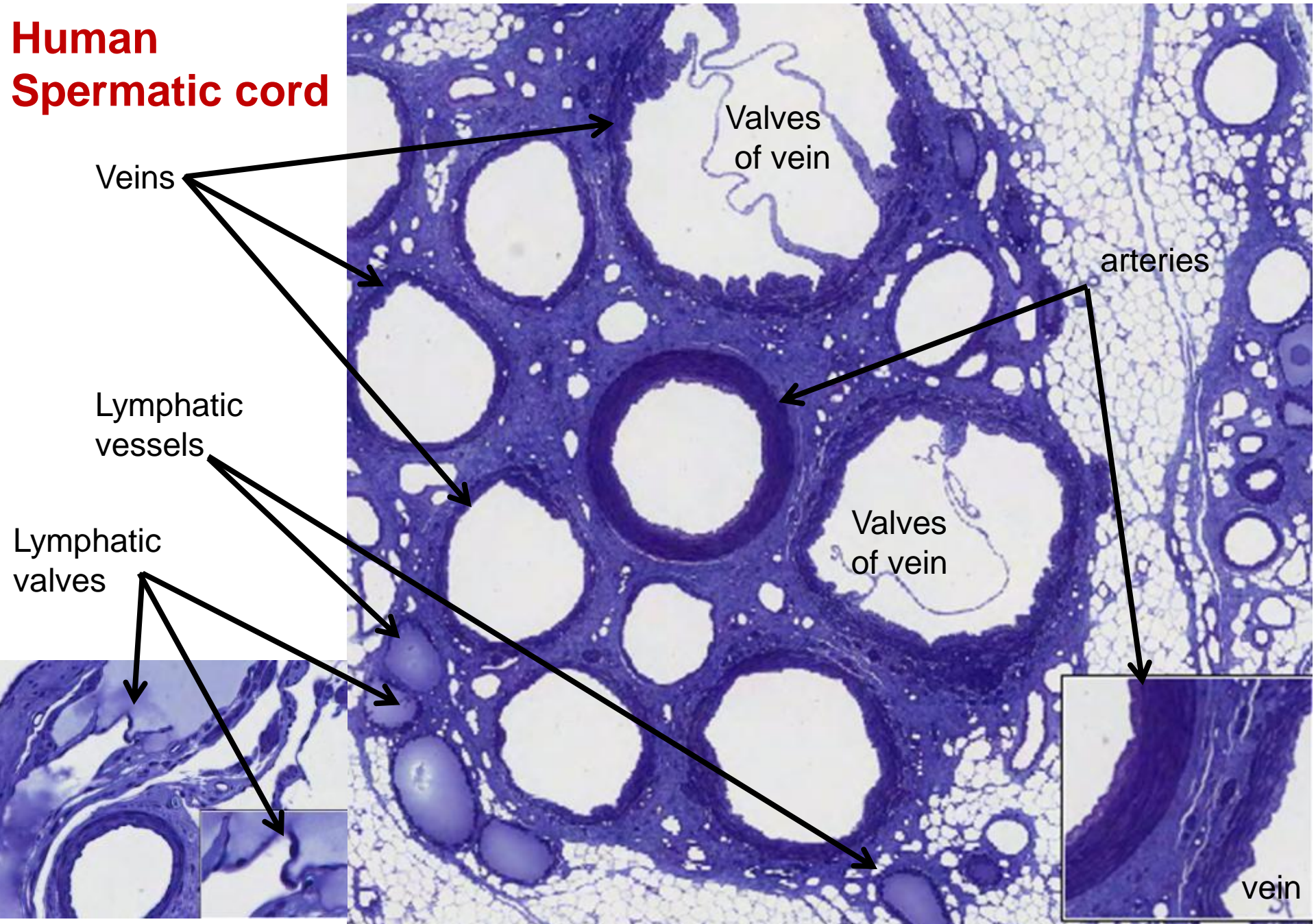
RETURN PROTEIN, FLUID, AND
BLOOD CELLS

TRANSPORT SECRETIONS
(HORMONES, ANTIBODIES)

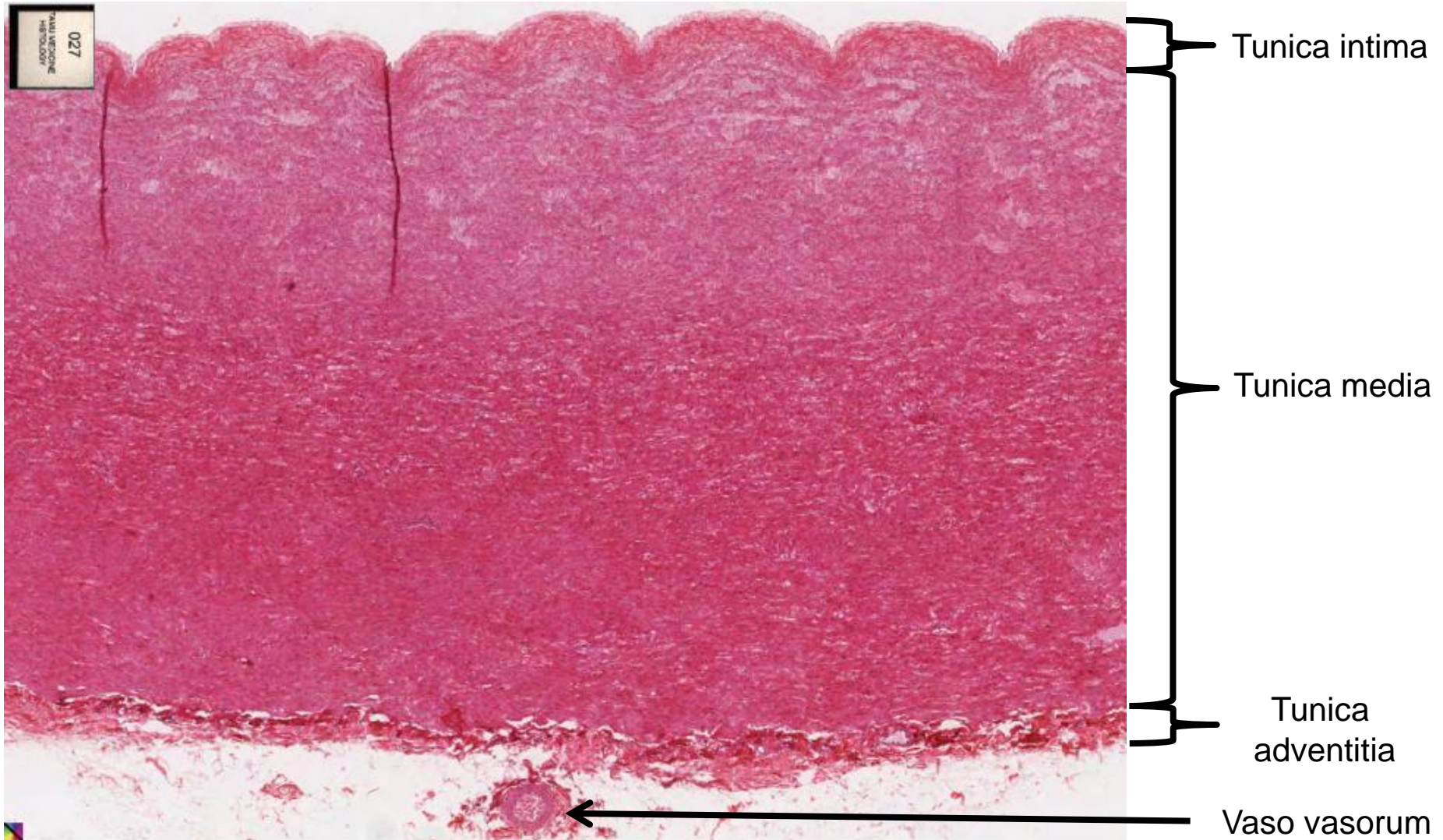
TRANSPORT FAT
(NEUTRAL FAT)



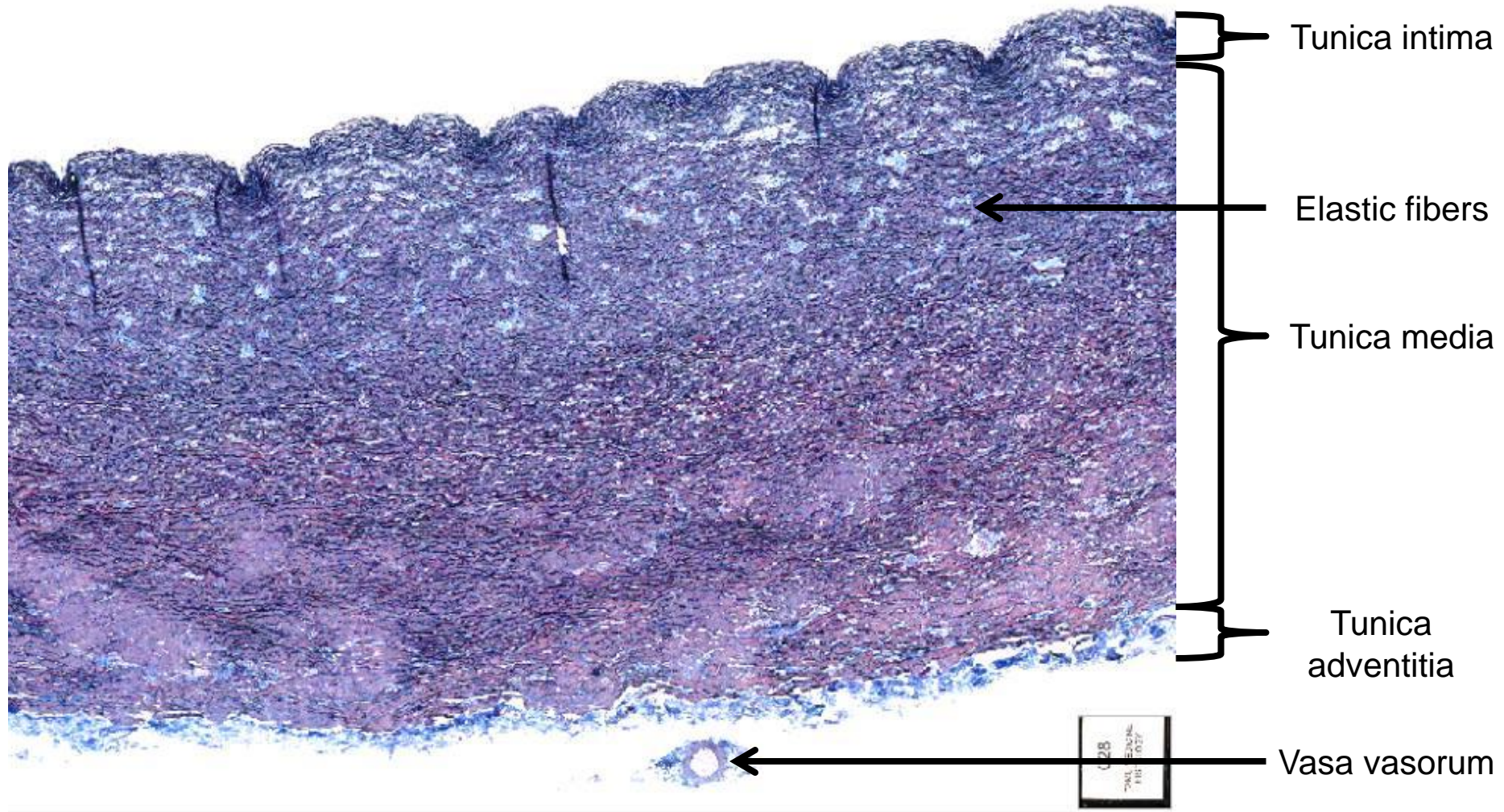
Human Spermatic cord



Slide 27: Aorta (elastic/conducting artery)



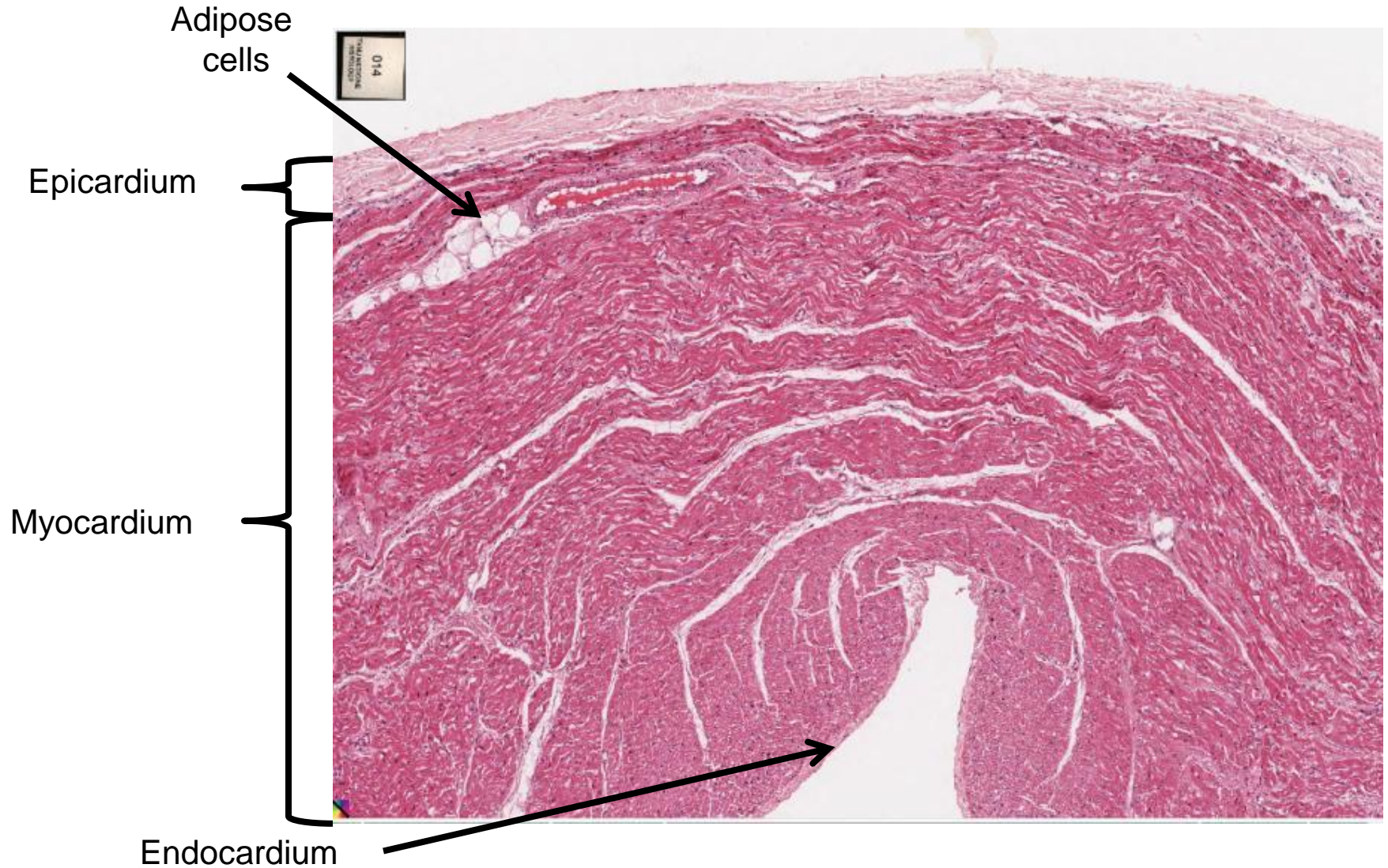
Slide 28: Aorta (Verhoeff's and trichrome stains)



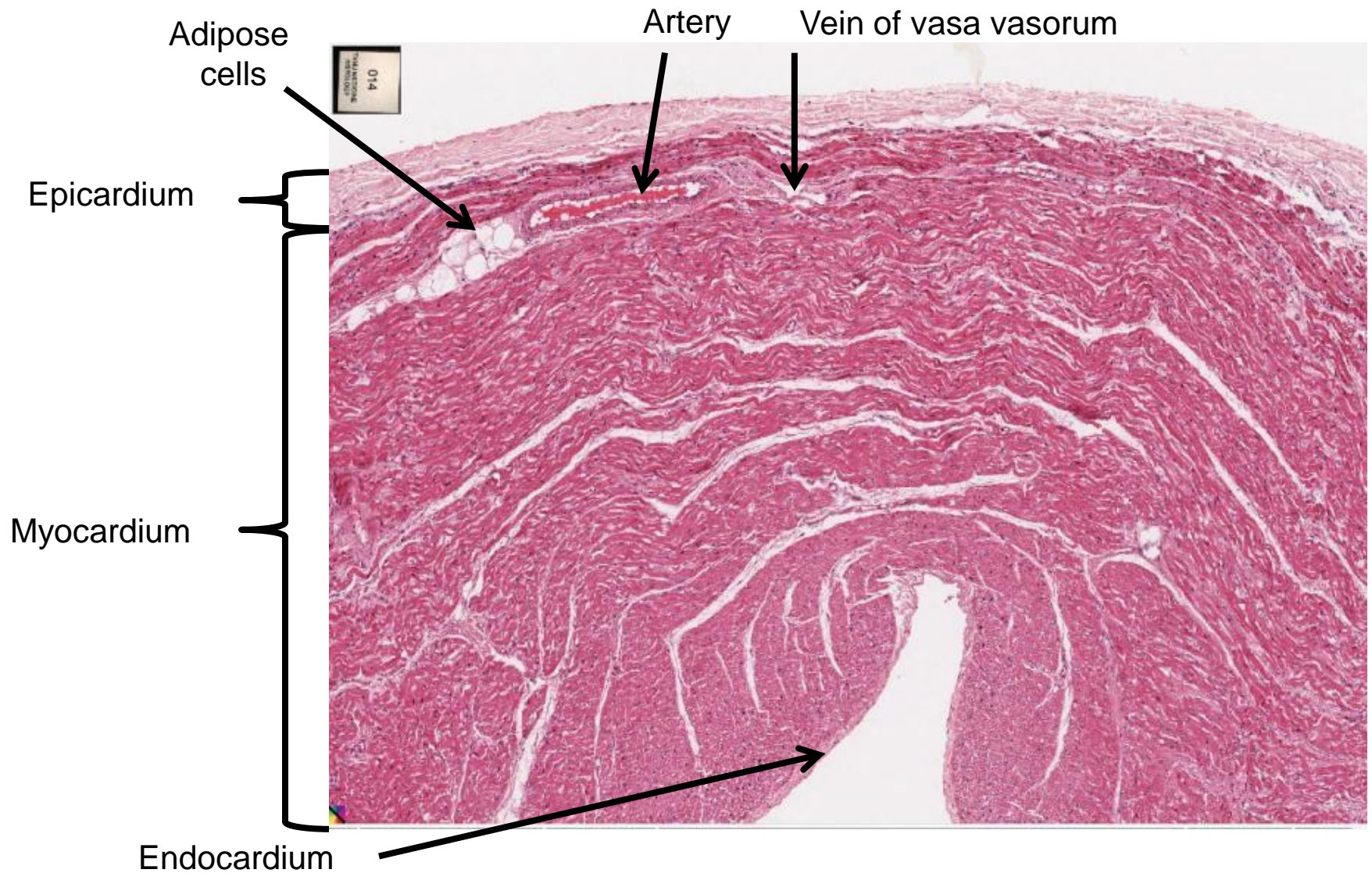
Slide 14: Heart (right ventricle)



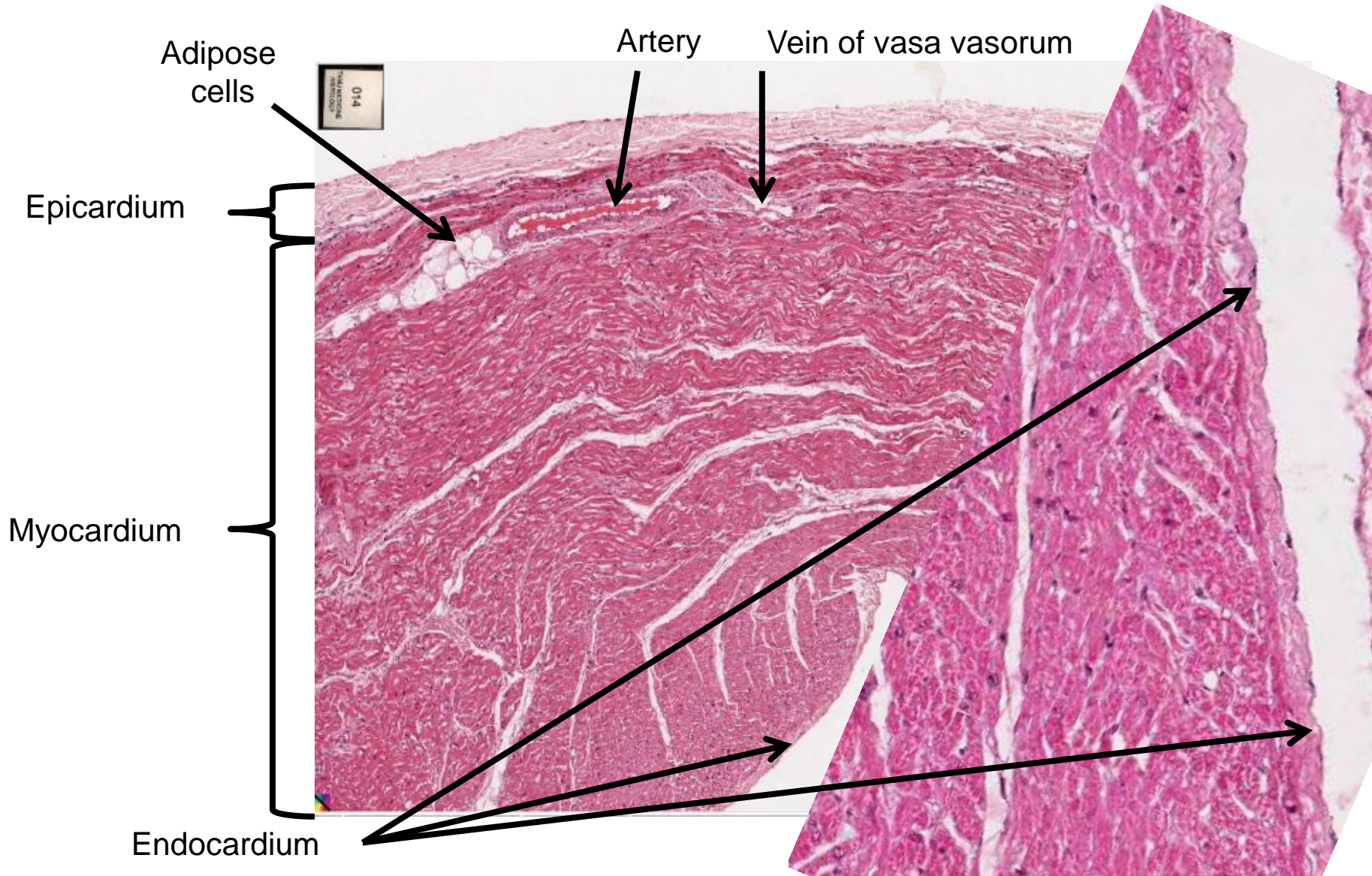
Slide 14: Heart (right ventricle)



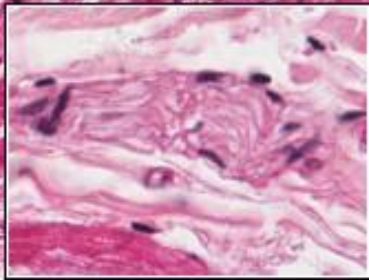
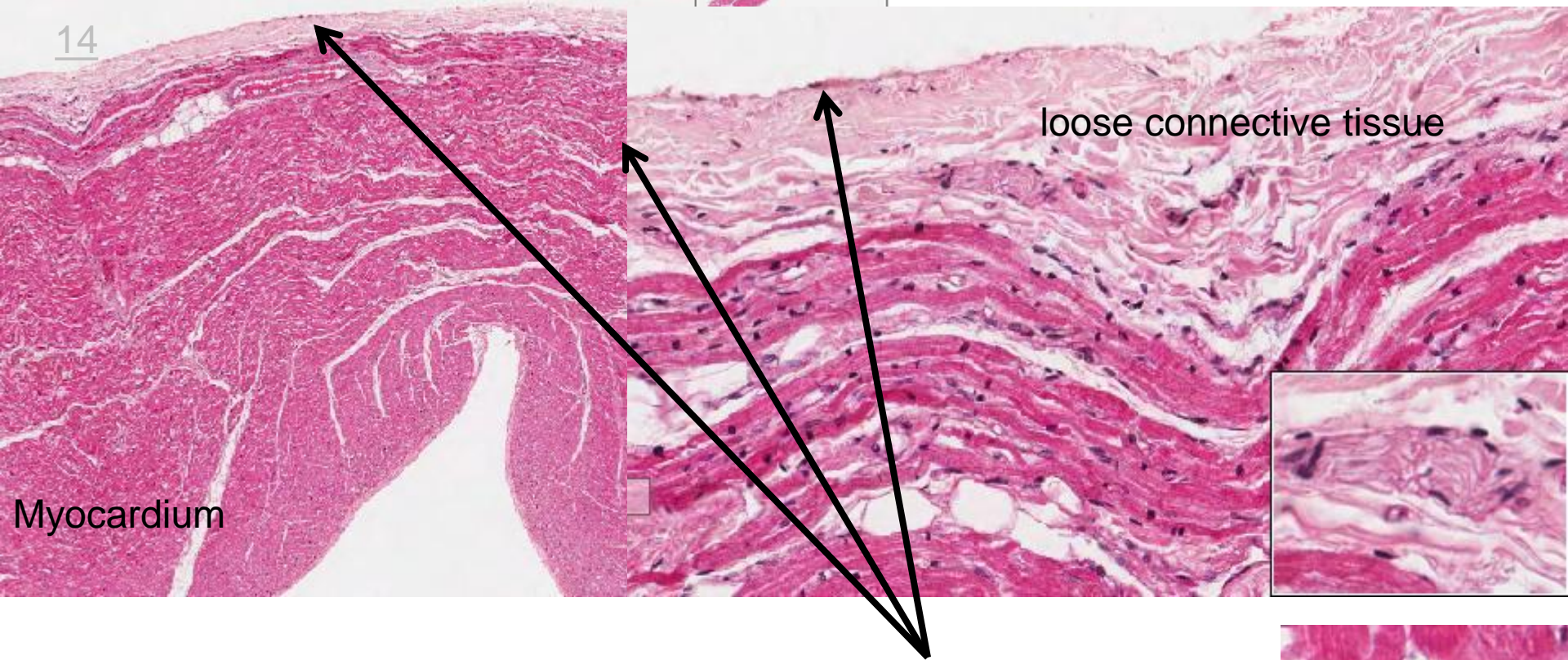
Slide 14: Heart (right ventricle)



Slide 14: Heart (right ventricle)



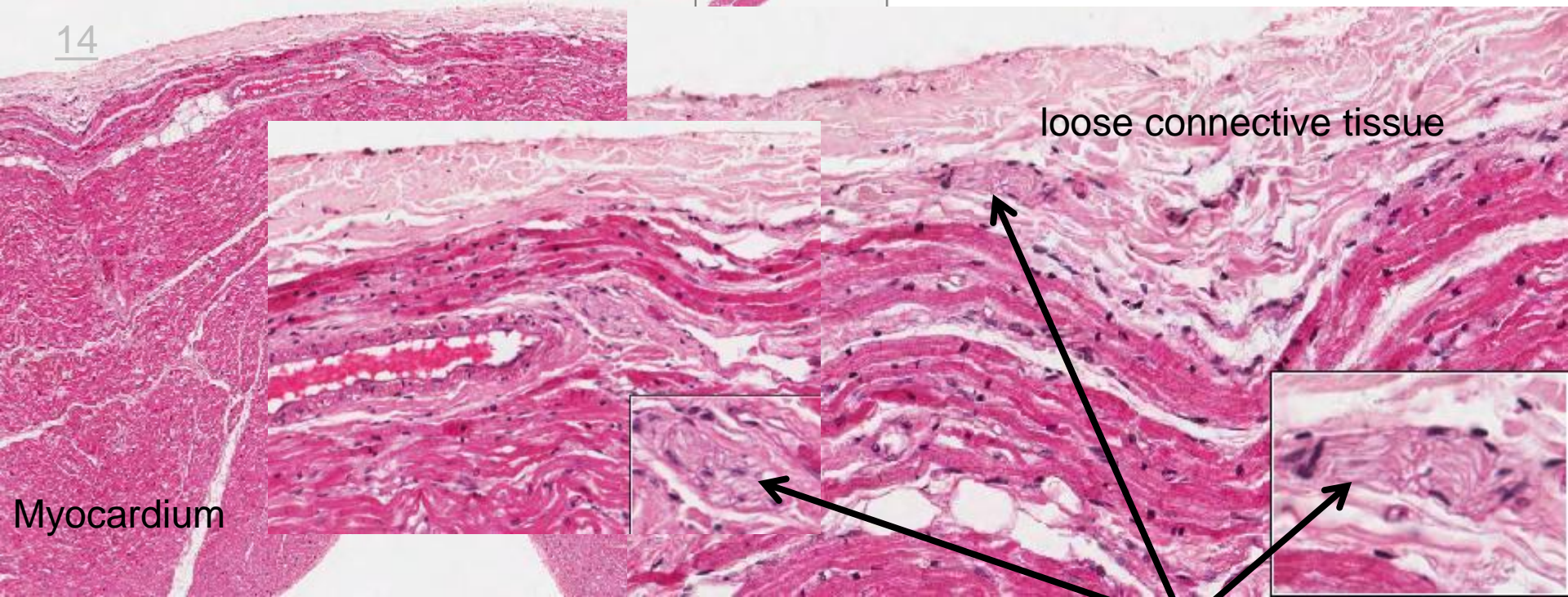
14



The epicardium is a simple squamous mesothelium supported by a layer of loose connective tissue containing blood vessels and nerves. Also there are blood vessels in the myocardium too.



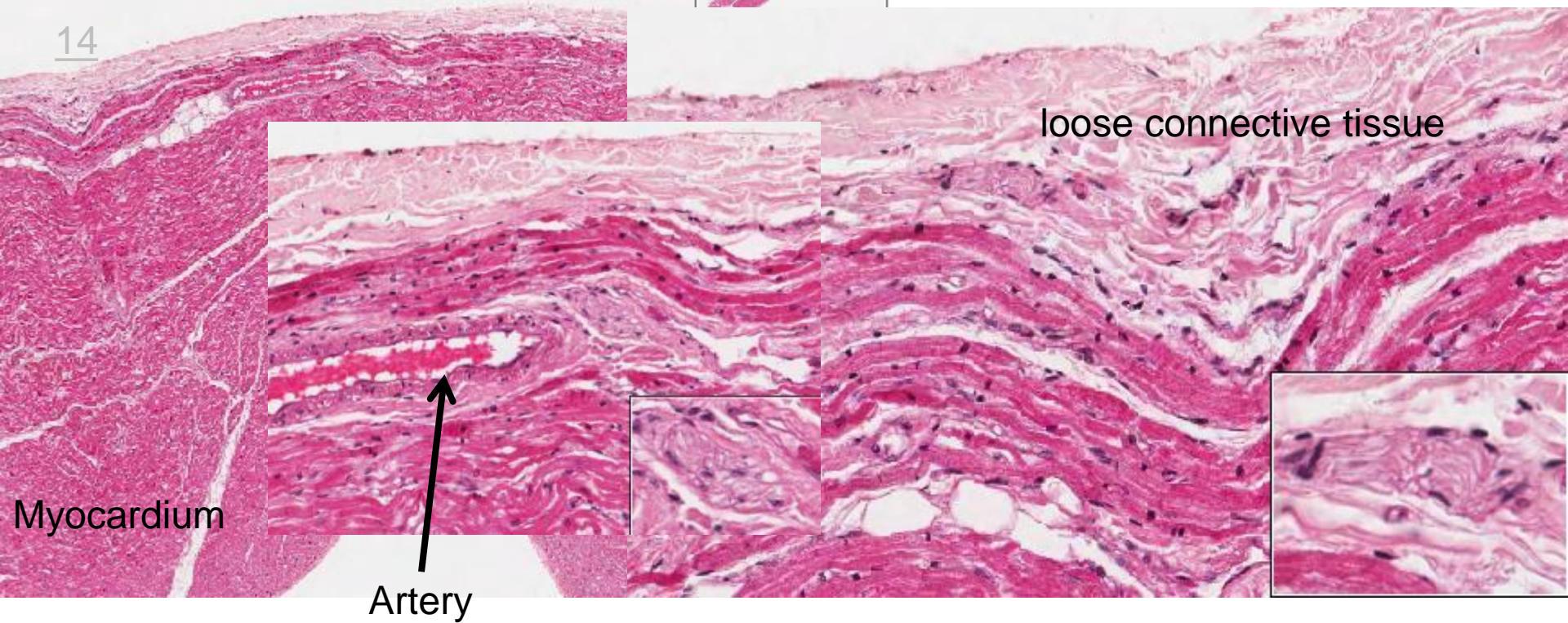
14



The epicardium is a simple squamous mesothelium supported by a layer of loose connective tissue containing blood vessels and nerves. Also there are blood vessels in the myocardium too.



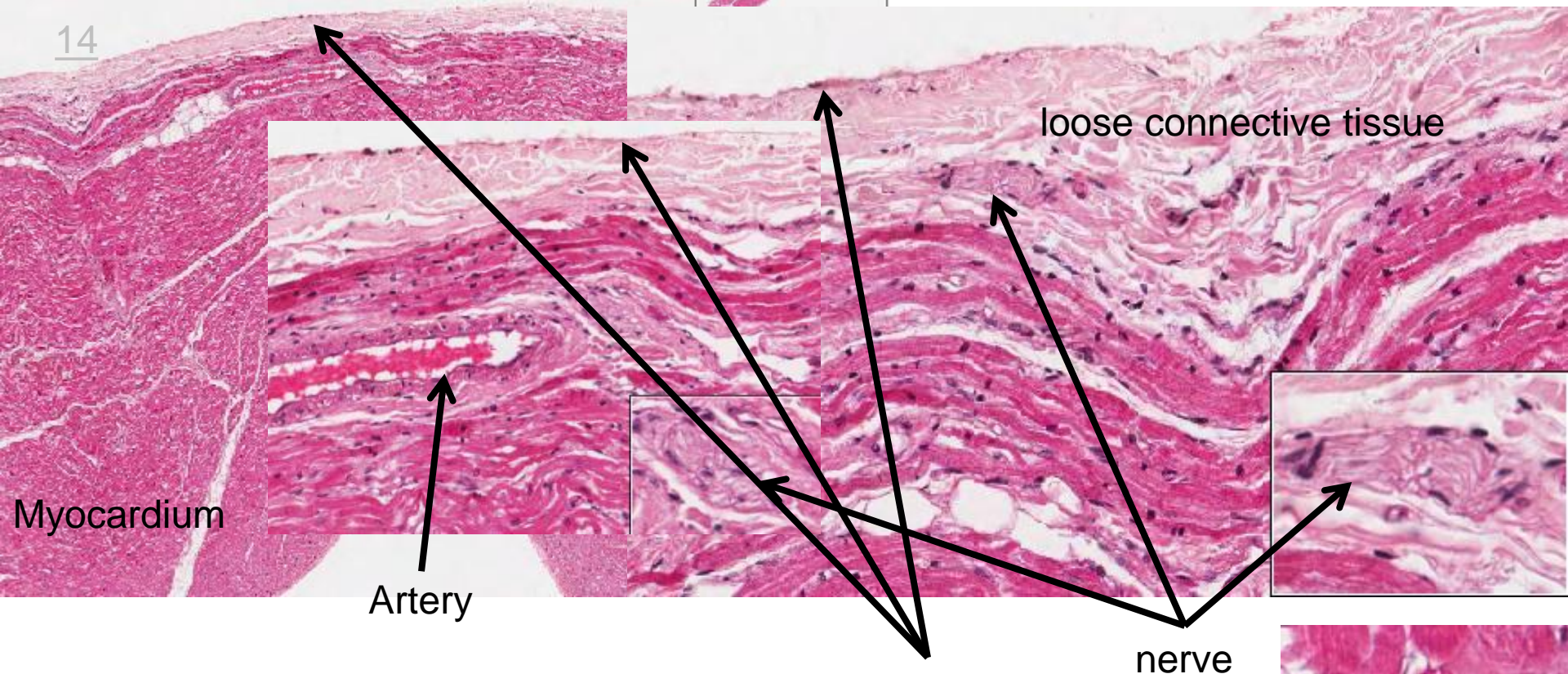
14



The epicardium is a simple squamous mesothelium supported by a layer of loose connective tissue containing blood vessels and nerves. Also there are blood vessels in the myocardium too.



14



Myocardium

Artery

loose connective tissue

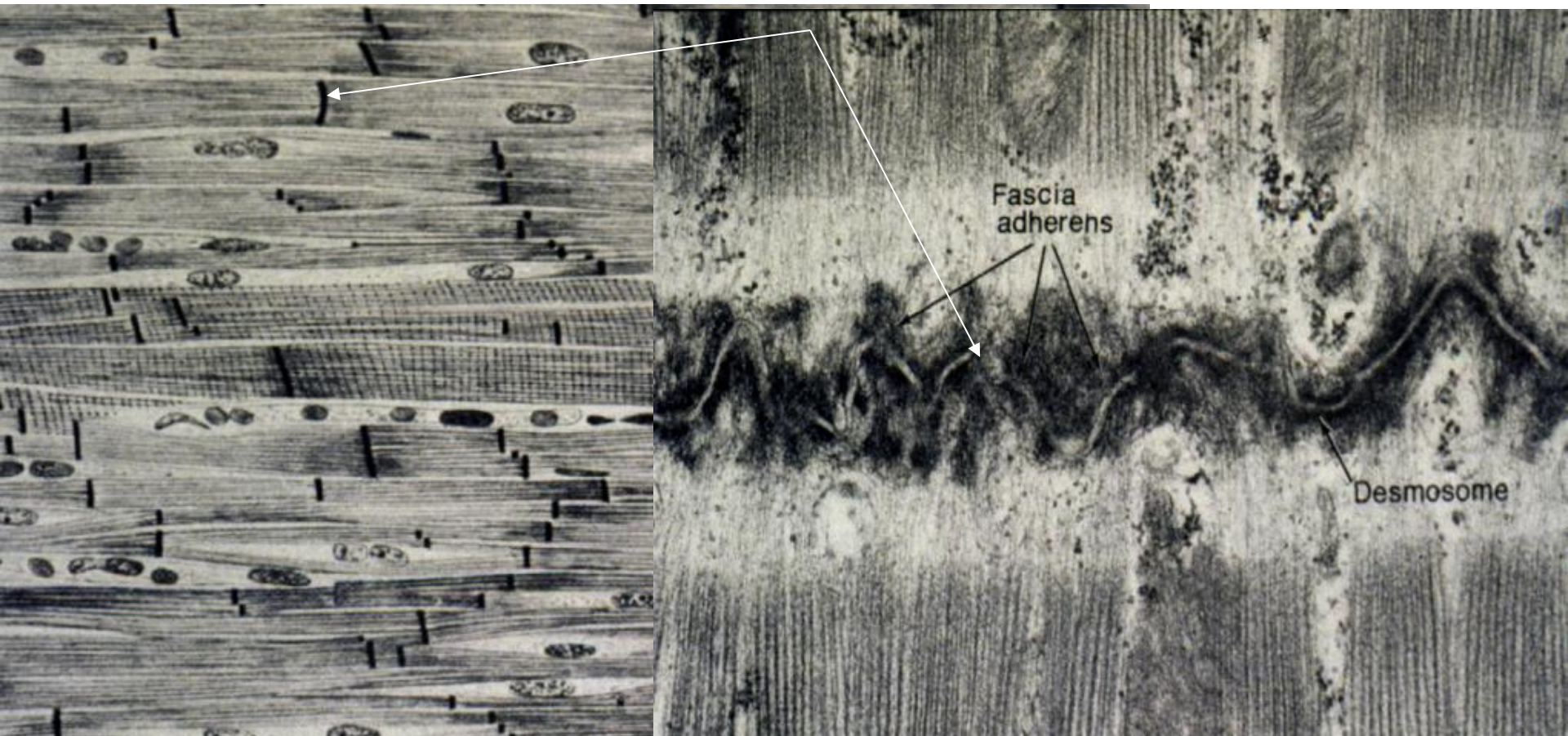
nerve

The epicardium is a simple squamous mesothelium supported by a layer of loose connective tissue containing blood vessels and nerves. Also there are blood vessels in the myocardium too.

Myocardium

CARDIAC MUSCLE

INTERCALATED DISC



CARDIAC MUSCLE

INTERCALATED DISC

FASCIA ADHERENS

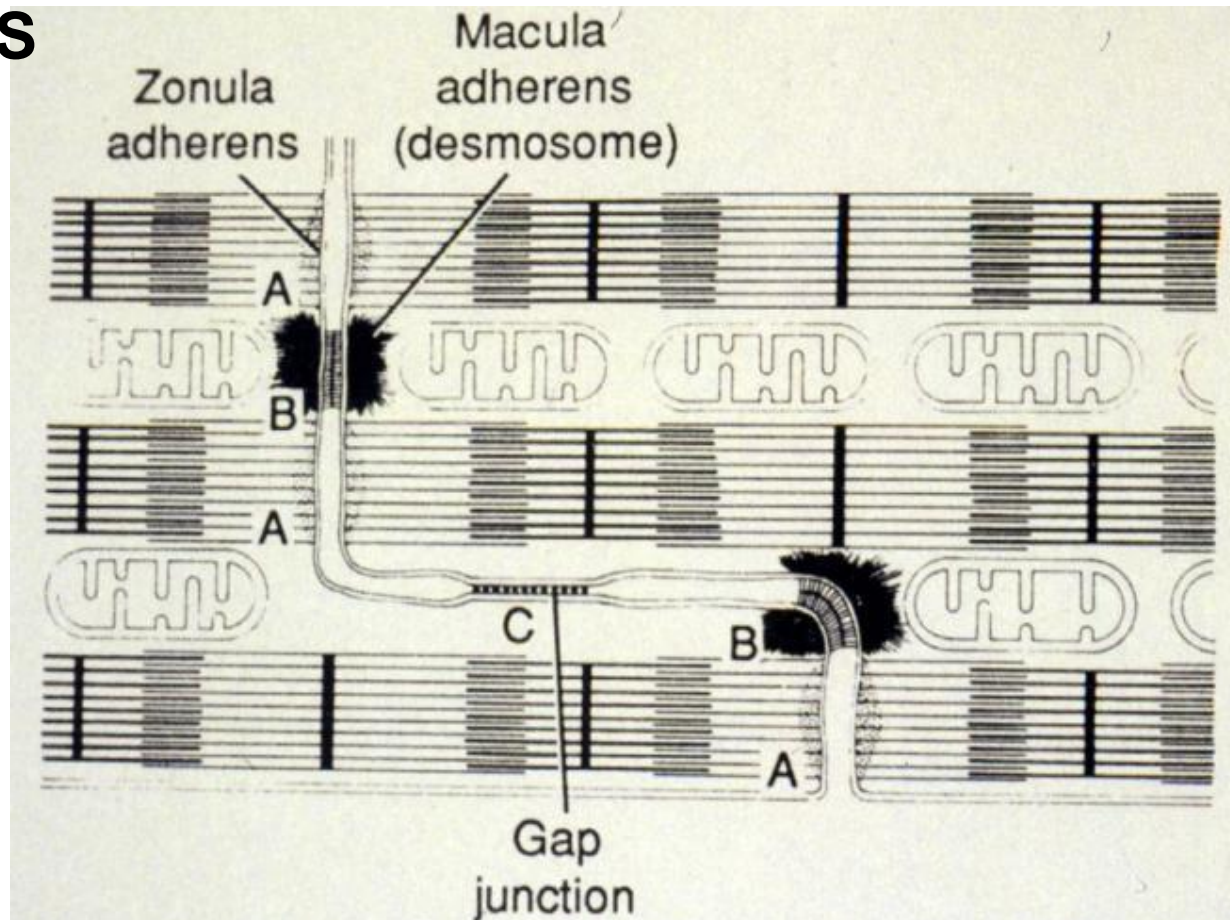
MACULAE

ADHERENS

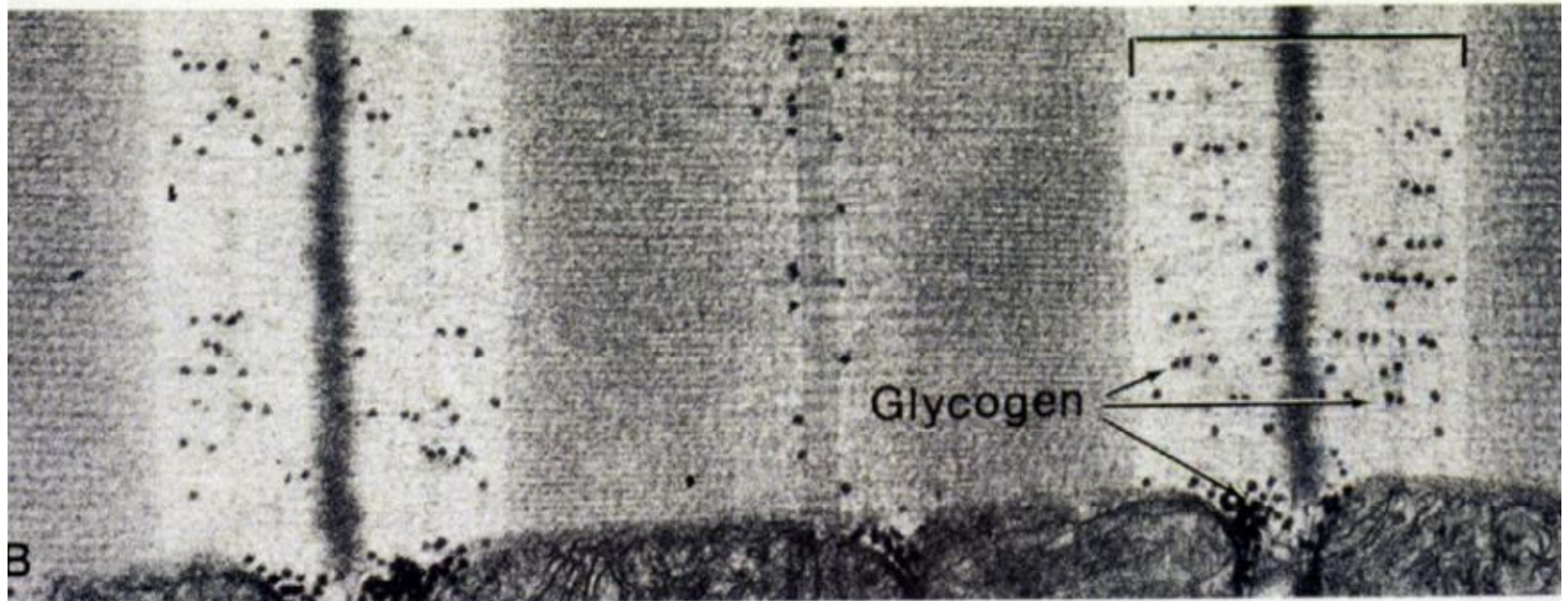
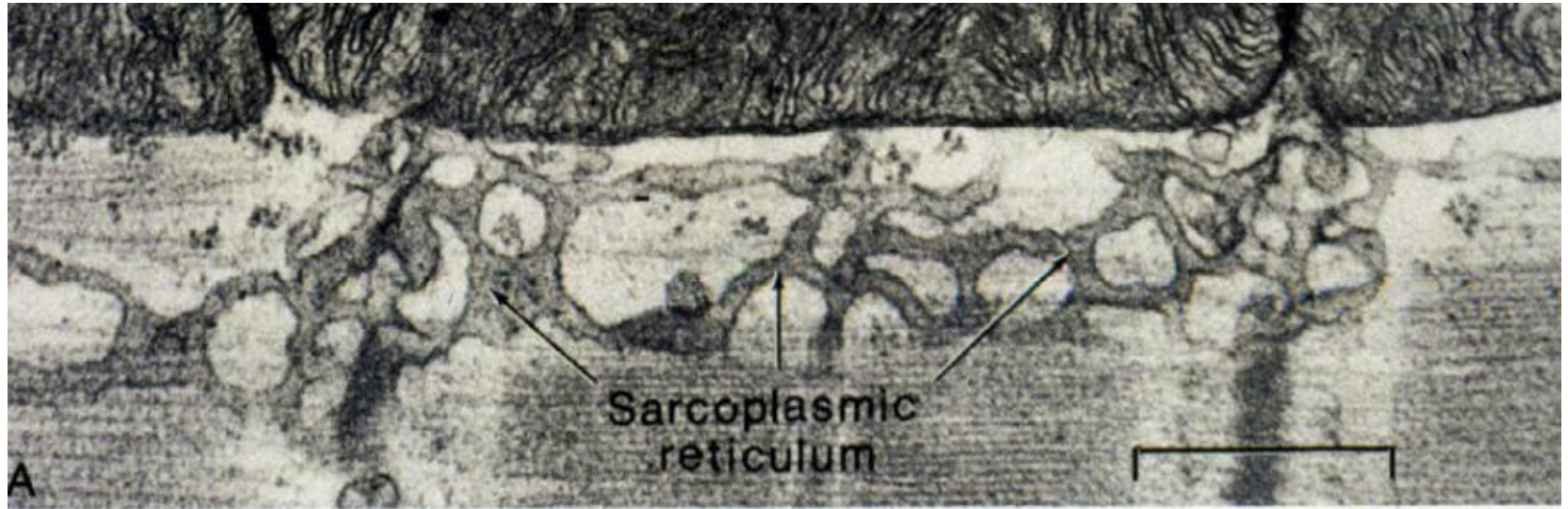
GAP JUNCTIONS

LATERAL

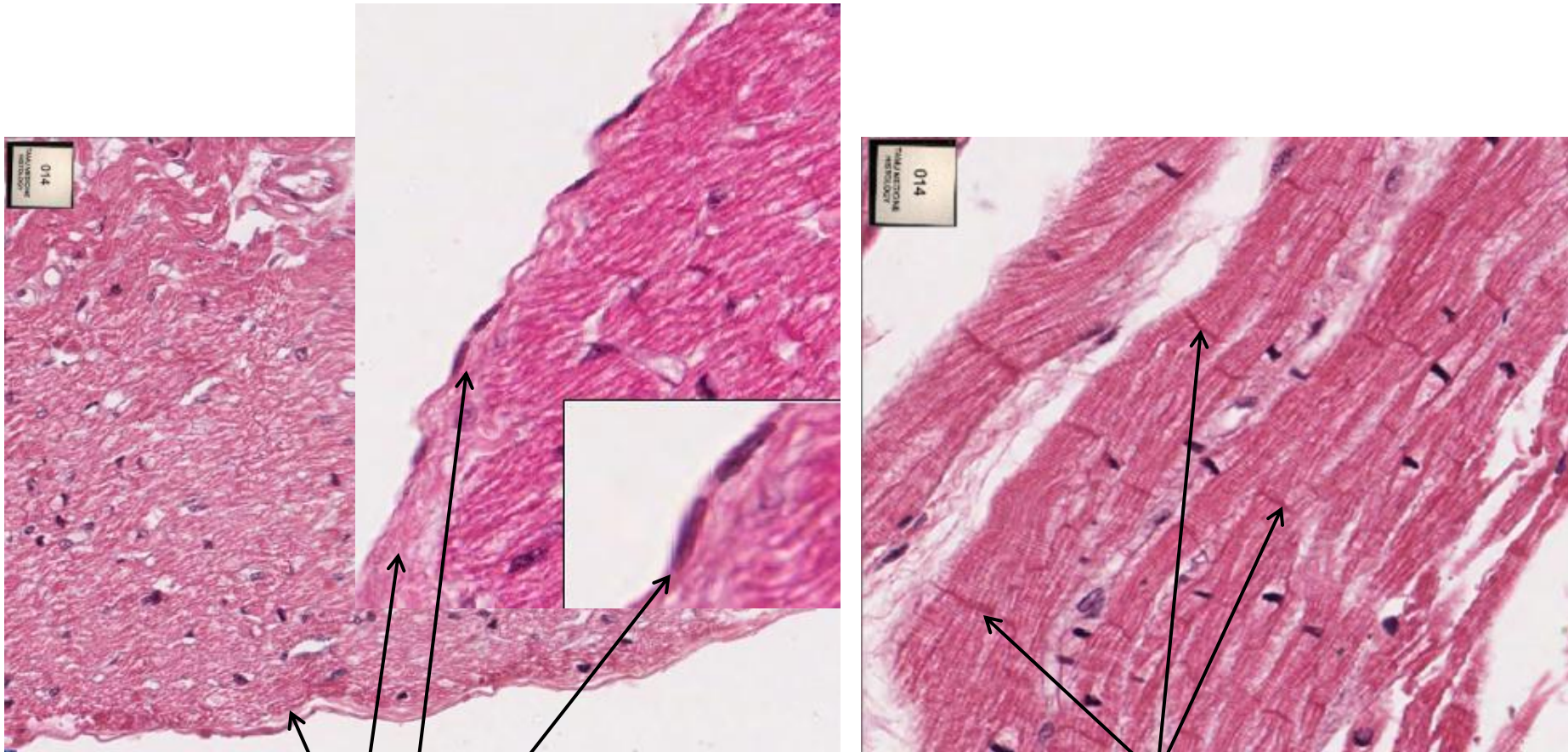
PORTION



CARDIAC MUSCLE



Slide 14: Heart (right ventricle)



Subendothelium

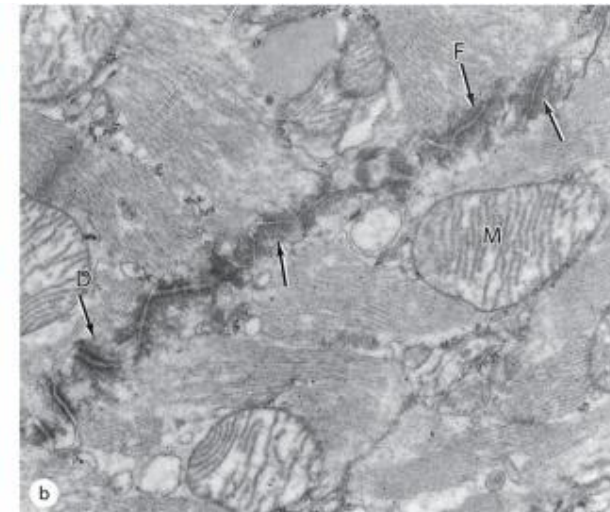
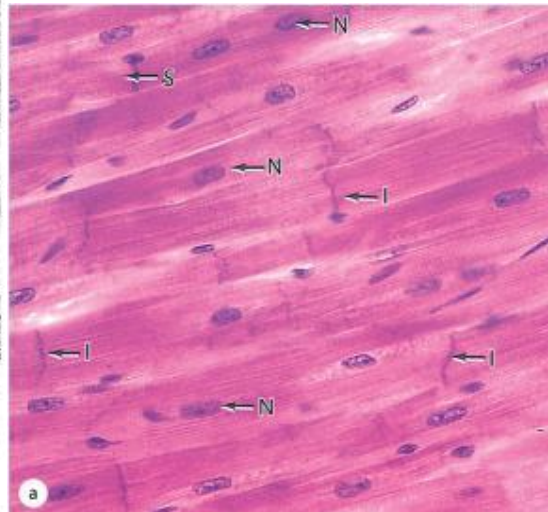
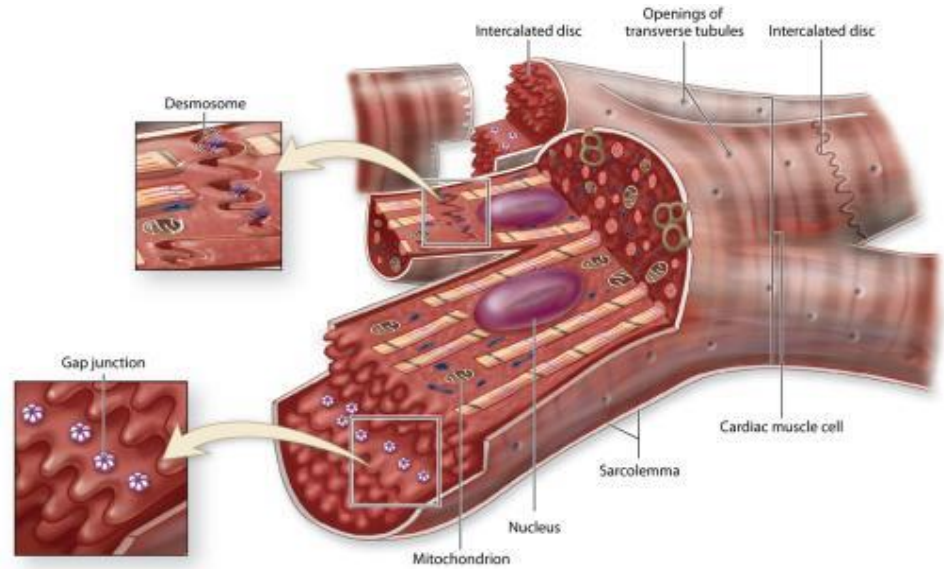
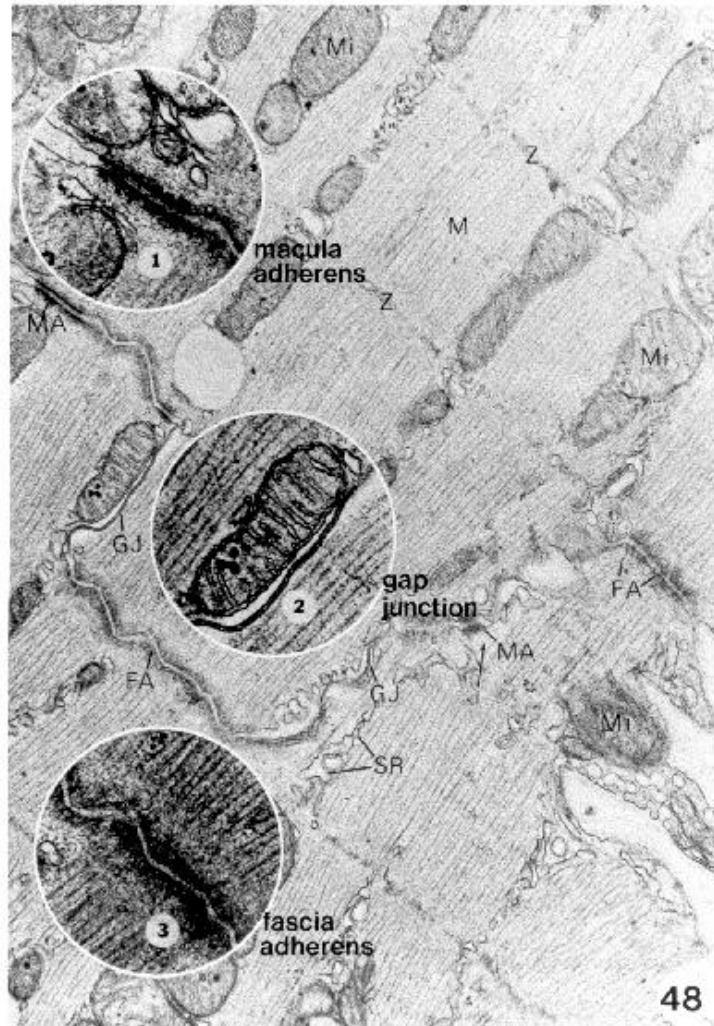
Endothelium

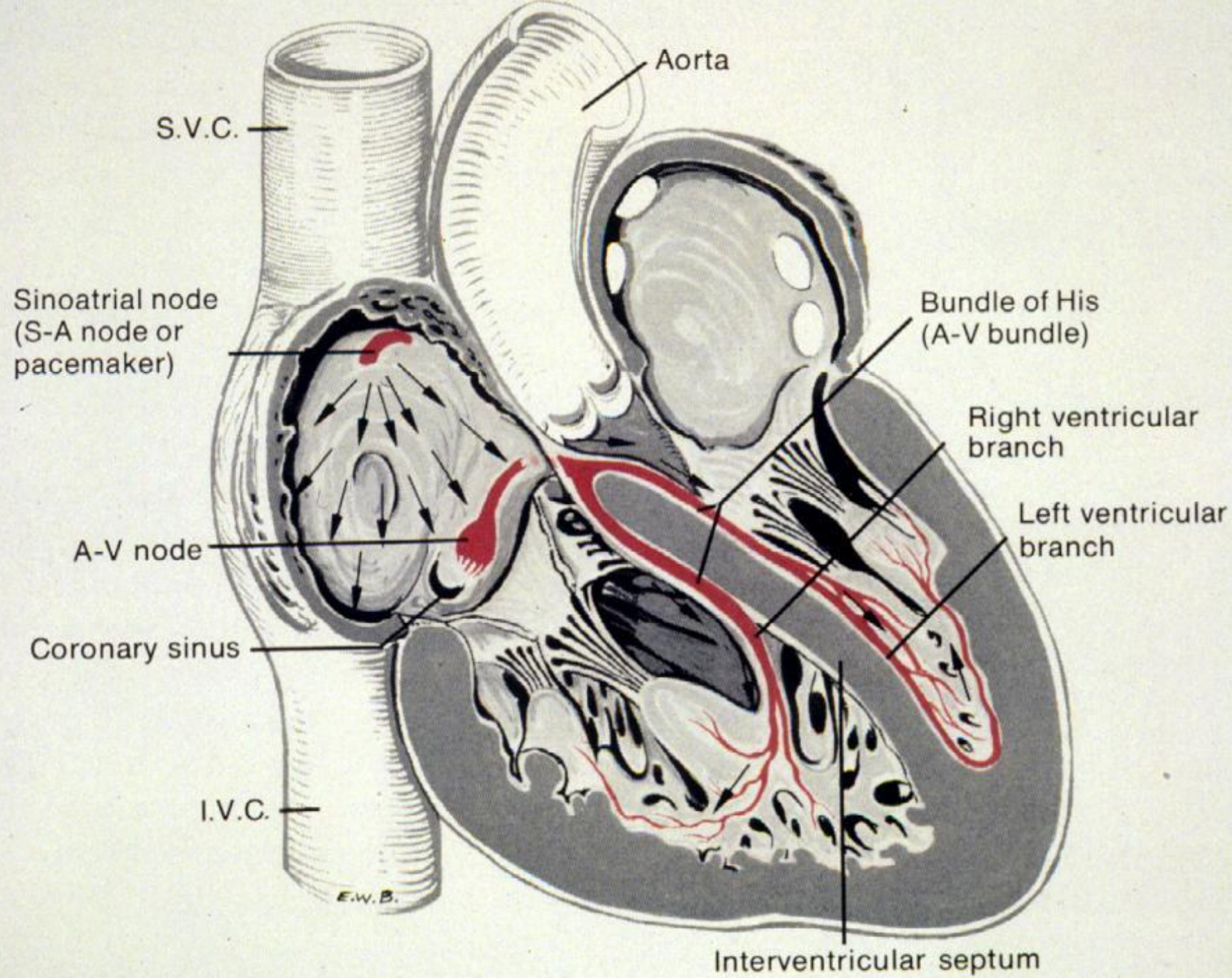
Intercalated discs

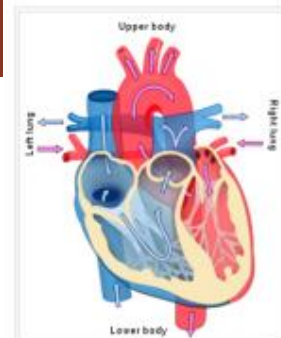
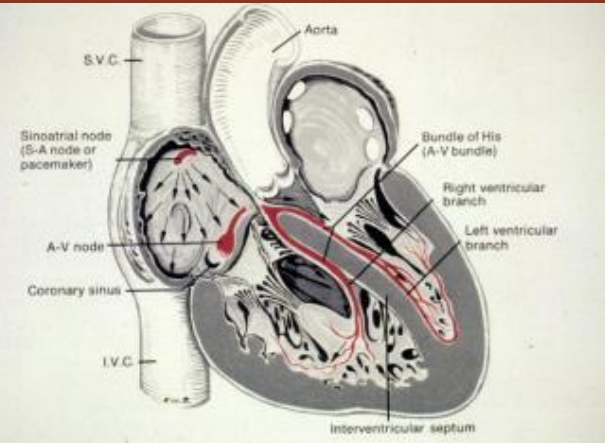
You will likely not find PURKINJE FIBERS in this image, but you can in image 23.

EM 48: Heart

Intercalated Disc







Blood flow diagram of the human heart. Blue components indicate de-oxygenated blood pathways and red components indicate oxygenated pathways.

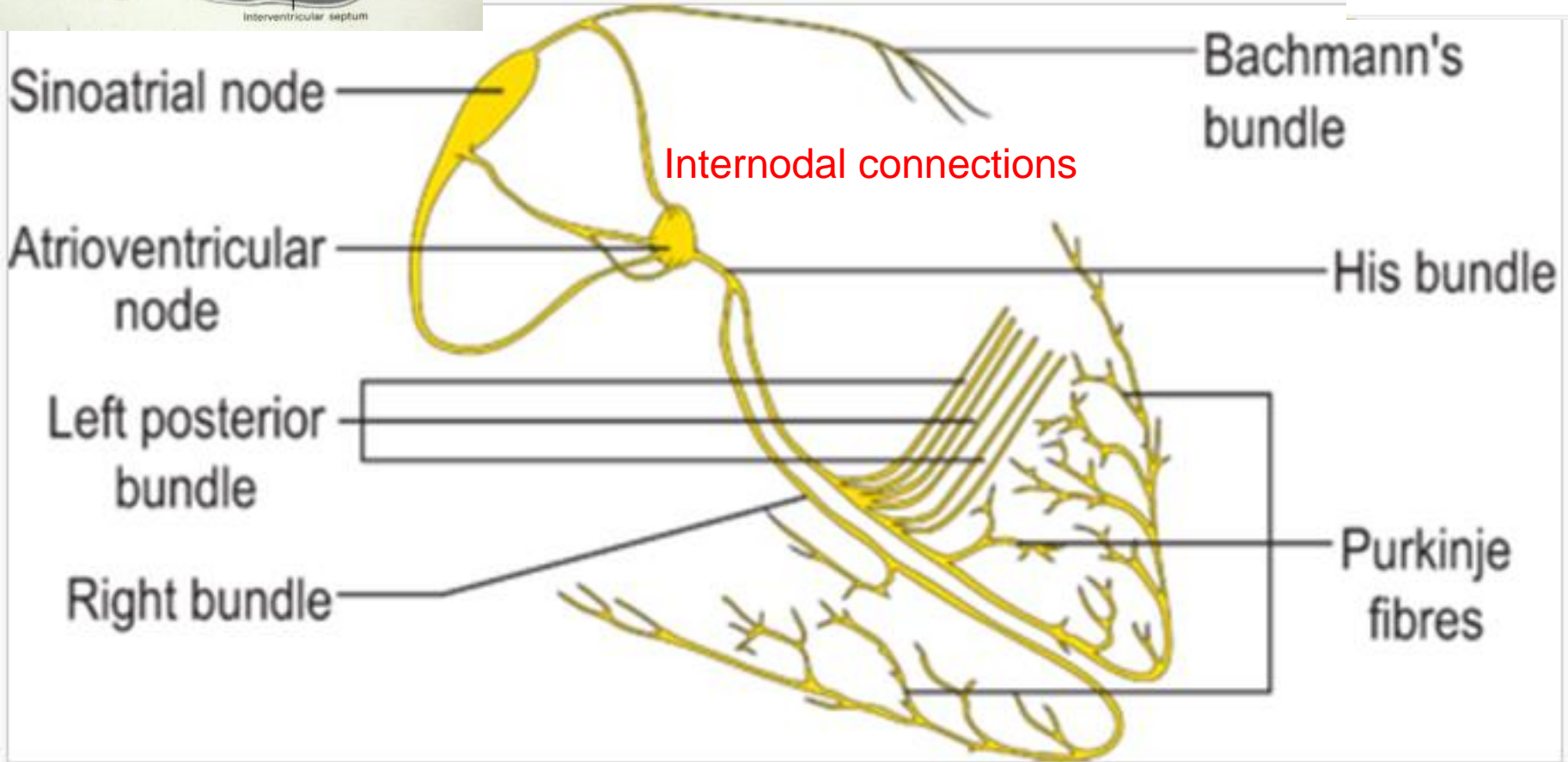
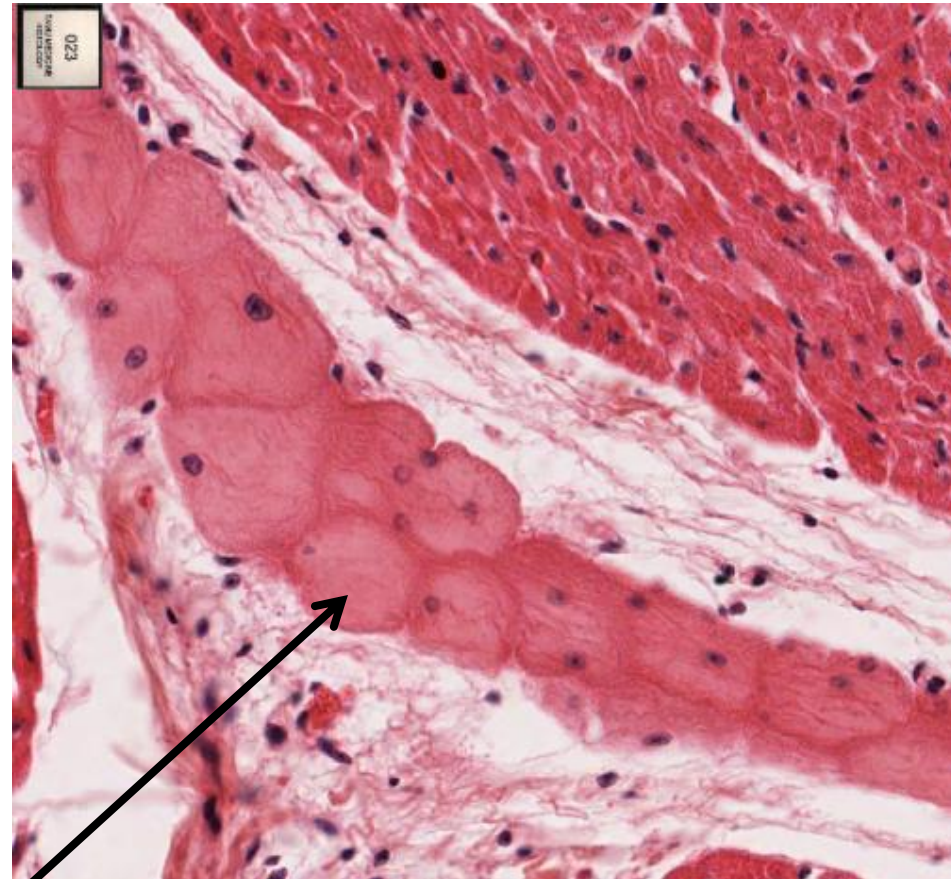
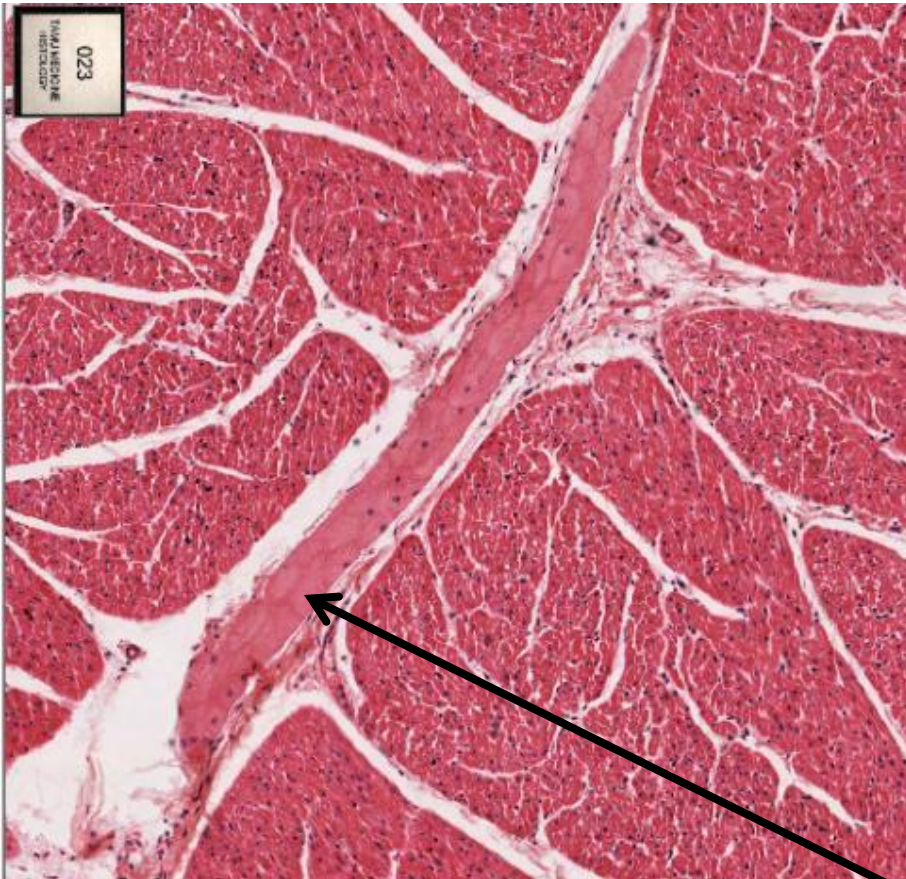


Image showing the conduction system of the heart

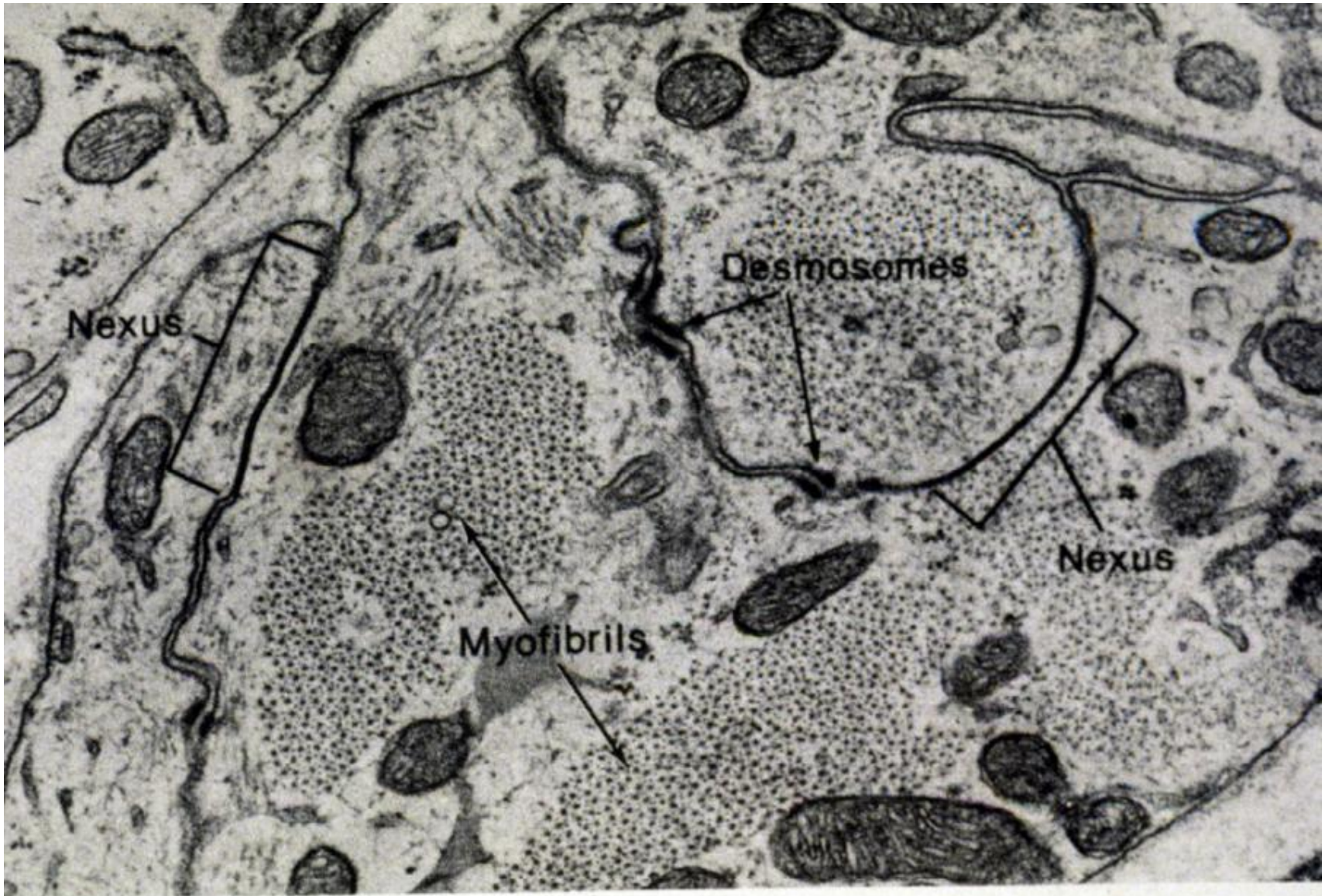


Slide 23: Heart (ventricle – bovine)



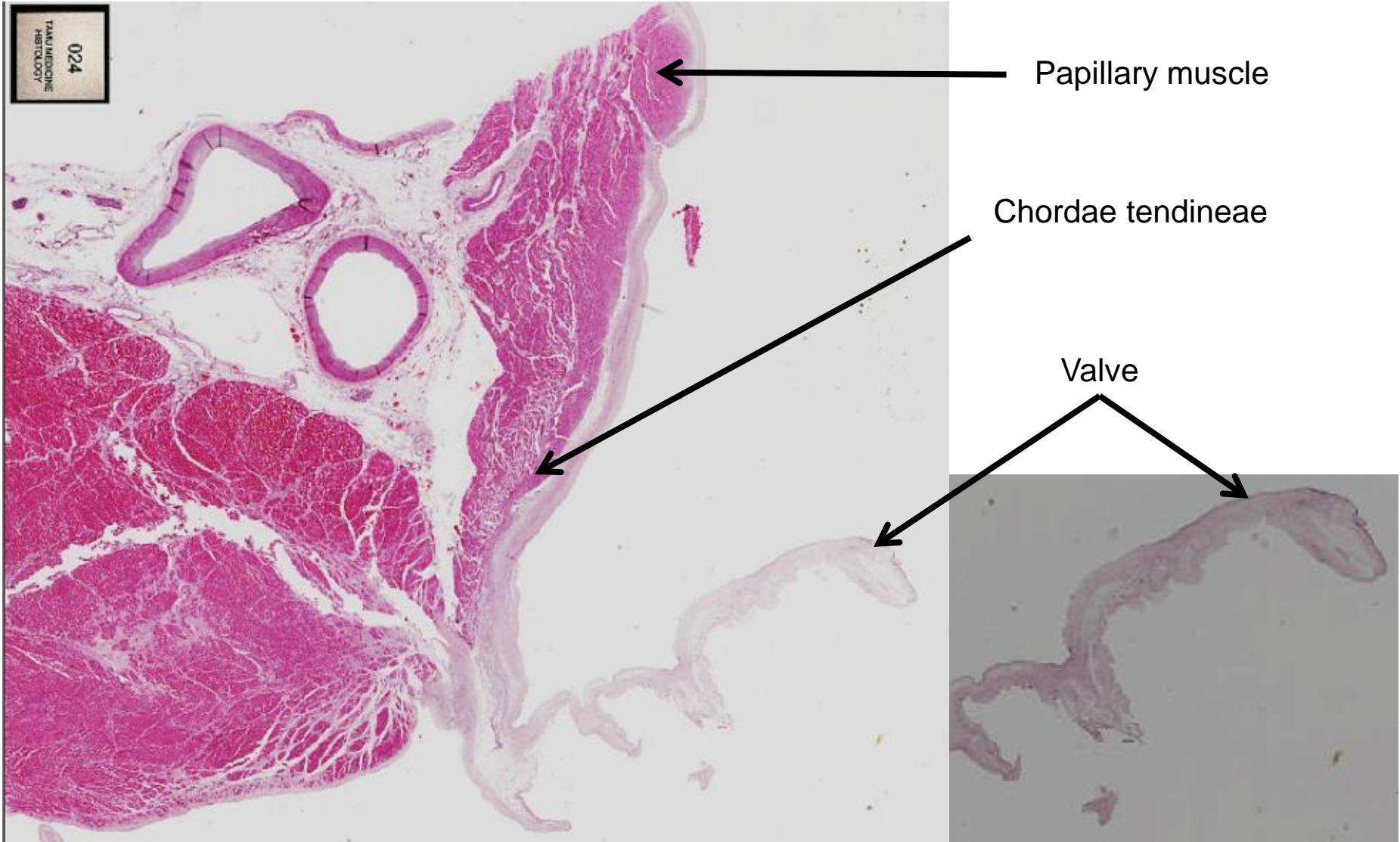
Purkinje fibers

PURKINJE FIBERS (modified cardiac muscle cells)



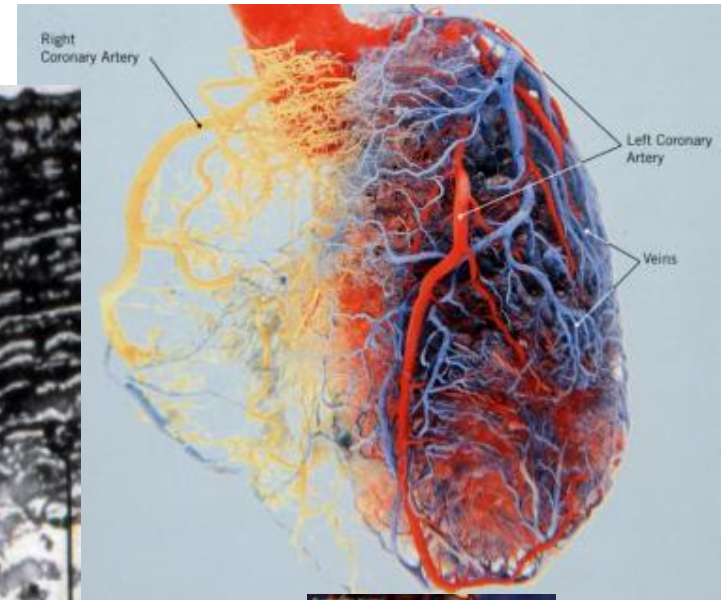
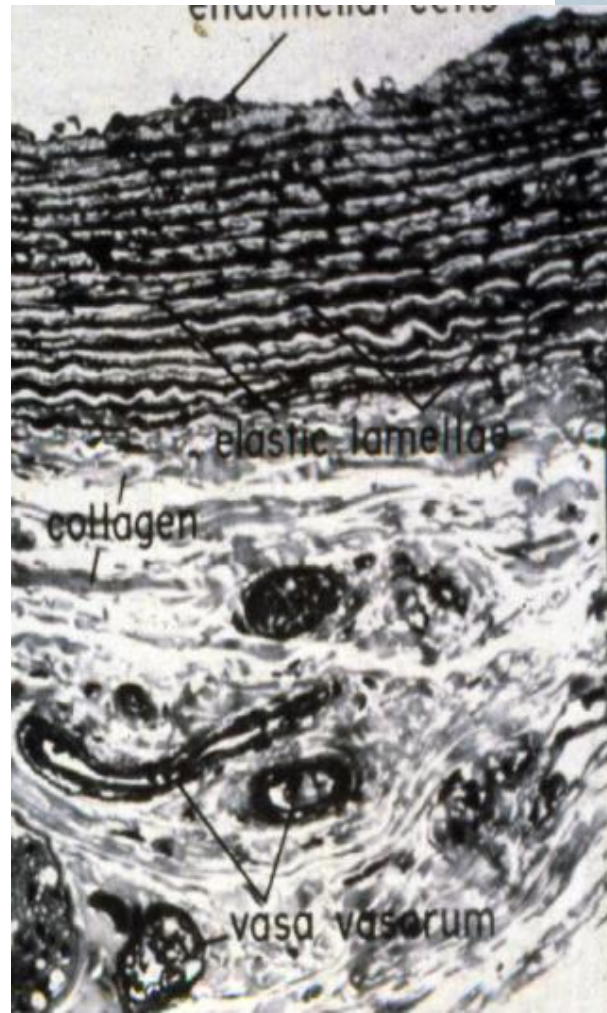
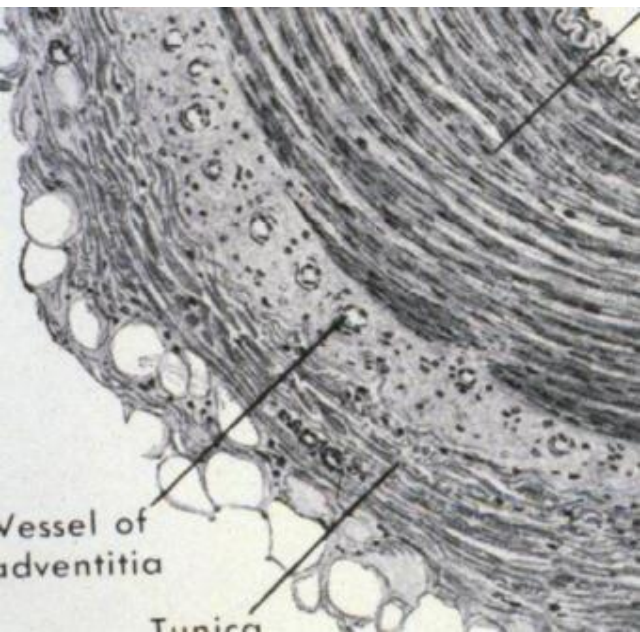
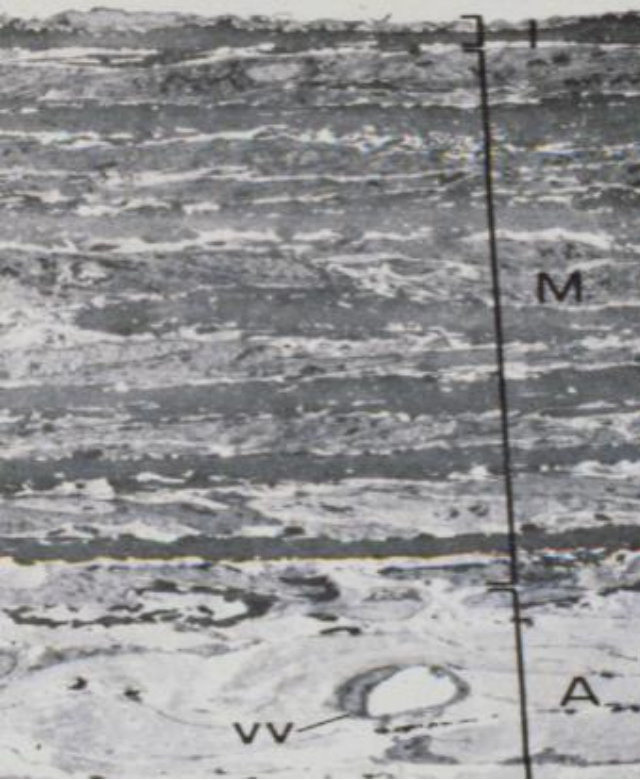
10-49 Electron micrograph of the cell junctions in the atrioventricular bundle. The cells of the conducti

Slide 24: Heart valve



VASA VASORUM

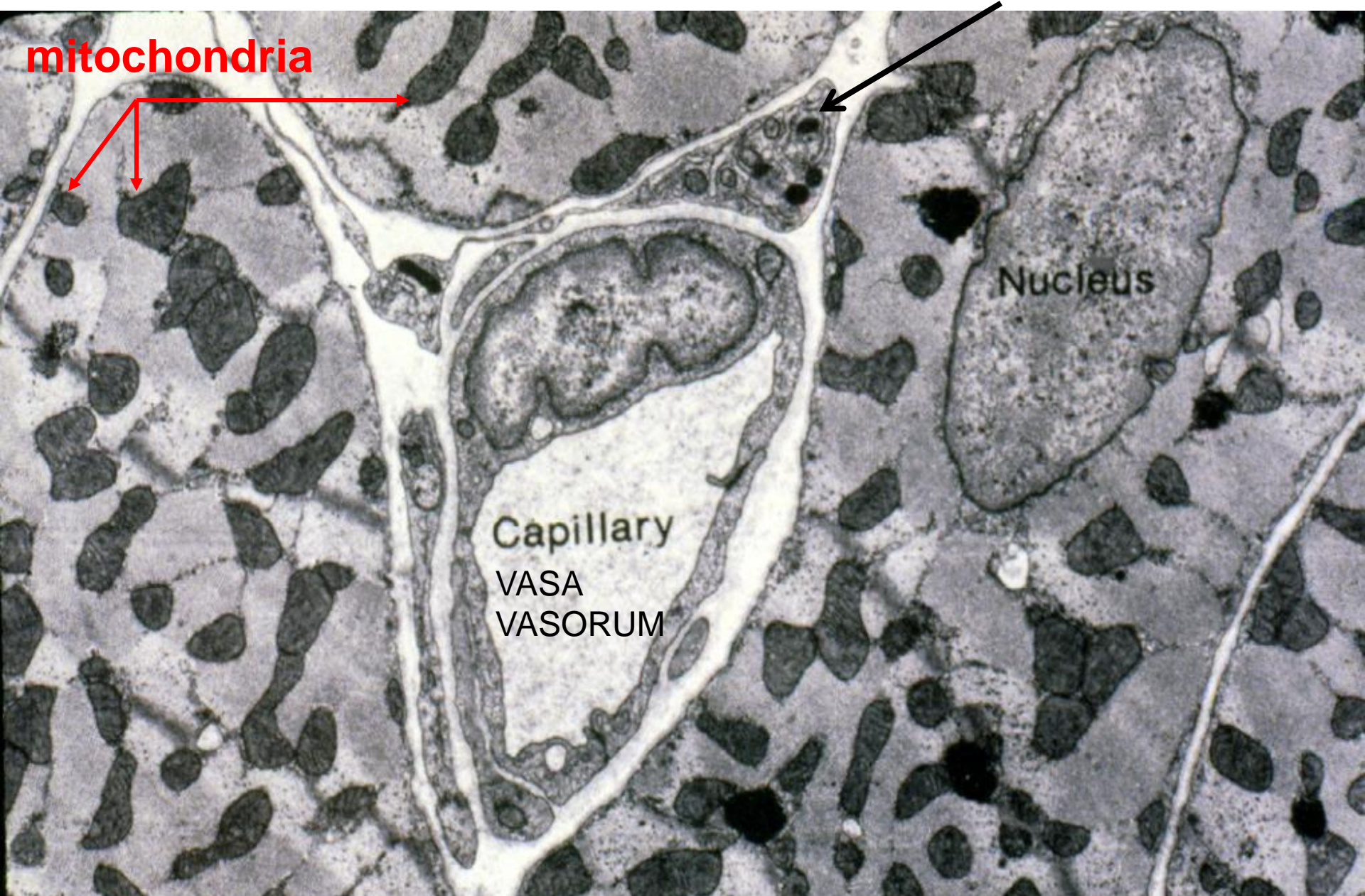
VESSEL OF VESSELS



BODY WORLDS
The Anatomical Exhibition of Real Human Bodies

THE CORONARY ARTERY IS A VASA VASORUM

CARDIAC MUSCLE



mitochondria

nerve

Nucleus

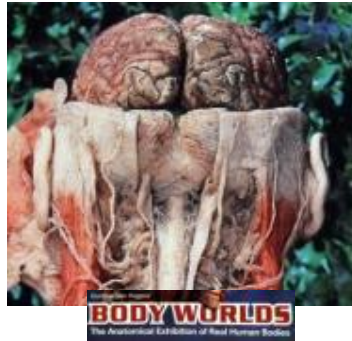
Capillary

VASA
VASORUM

BLOOD BARRIERS

TYPE

BLOOD-BRAIN



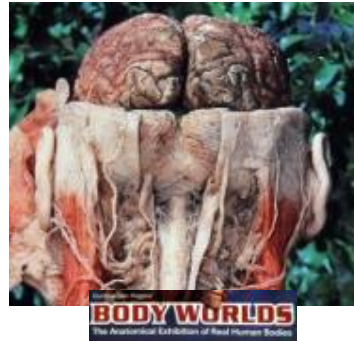
SOURCE OF BARRIER

ZONULA OCCLUDENS OF
ENDOTHELIUM

BLOOD BARRIERS

TYPE

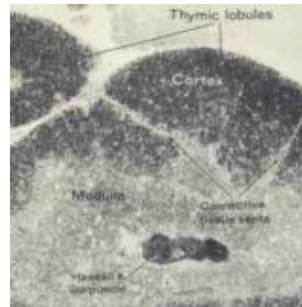
BLOOD-BRAIN



SOURCE OF BARRIER

**ZONULA OCCLUDENS OF
ENDOTHELIUM**

BLOOD-THYMUS

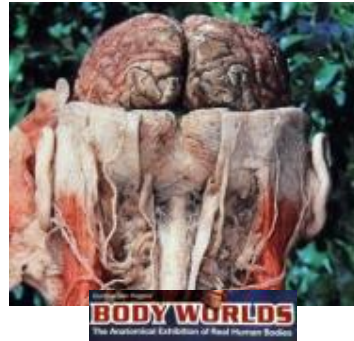


**ZONULA OCCLUDENS OF
ENDOTHELIUM AND SHEATH OF
EPITHELIAL RETICULUM**

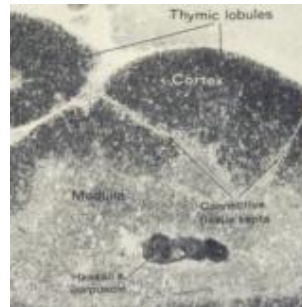
BLOOD BARRIERS

TYPE

BLOOD-BRAIN



BLOOD-THYMUS



BLOOD-TESTIS



SOURCE OF BARRIER

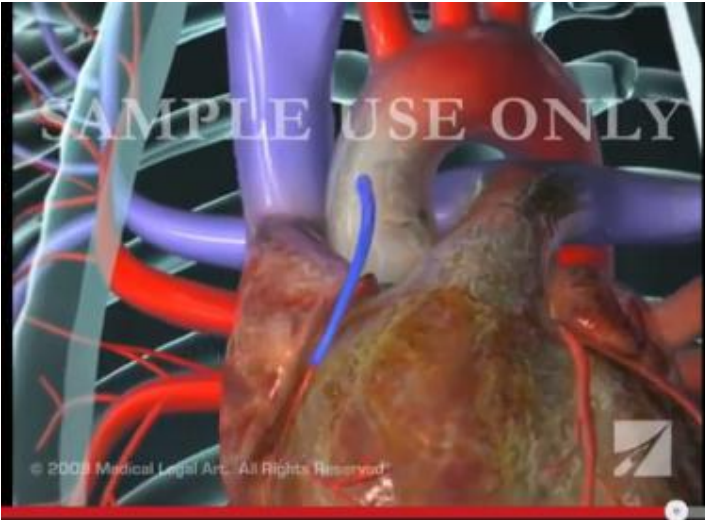
**ZONULA OCCLUDENS OF
ENDOTHELIUM**

**ZONULA OCCLUDENS OF
ENDOTHELIUM AND SHEATH OF
EPITHELIAL RETICULUM**

**OCCLUDING JUNCTIONS
BETWEEN SERTOLI CELLS IN
SEMINIFEROUS TUBULES**

Clinical Correlation

During coronary bypass surgery, the great saphenous vein of the leg can be used to bypass blocked coronary arteries.



<http://www.youtube.com/watch?v=bwJCHYeGcU4>

The proper distal / proximal orientation of the vein is important during bypass surgery to prevent engaging the valves of the vein and preventing blood flow.



Images from Wikipedia: Atherosclerosis

AGE-RELATED AND/OR DISEASE-RELATED CHANGES IN BLOOD VESSELS

DEFECT

**ARTERIOSCLEROSIS
(HARDENING OF
ARTERIES)**

**ATHEROSCLEROSIS
(HEART ATTACK AND
STROKE)**

CAUSE

**ELASTIC LAMELLAE
REPLACED BY OTHER
CONNECTIVE TISSUE
ELEMENTS**

**PATCHY, IRREGULAR
THICKENING OF INTIMA**

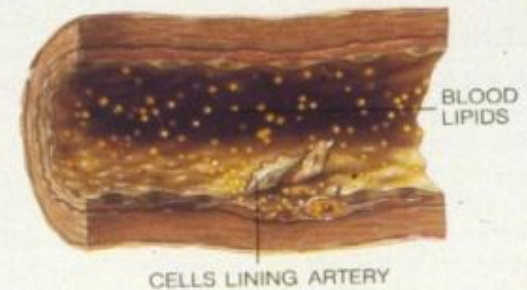
Atherosclerosis

is the most common disease of blood vessels.

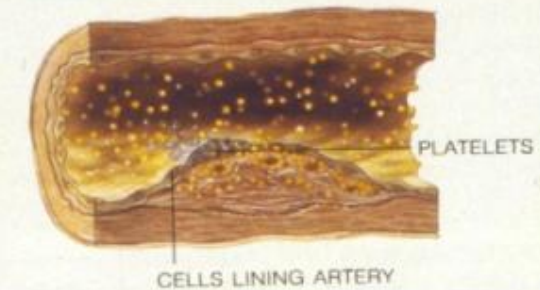
Tunica intima is either damaged or dysfunctional. Changes seen include the presence of foam cells, accumulation of free LDL, and entry of monocytes and macrophages as well as narrowed lumen due to fibro-fatty plaques (atheromas).

How Arteries Become Clogged

Atherosclerosis begins with injuries to the lining of the arteries. The cause may be high blood pressure, high cholesterol levels, cigarette smoking, or other factors. Once an area has been damaged, lipids from the blood, including cholesterol, accumulate, building up a thick, fatty patch that is called plaque.



Two types of blood cells contribute to the buildup of plaque: macrophages, which are large white blood cells, and platelets, the small blood cells that assist in the coagulation of blood. The macrophages fill up with cholesterol, which accumulates between the macrophages as well, leading to narrowed arteries.

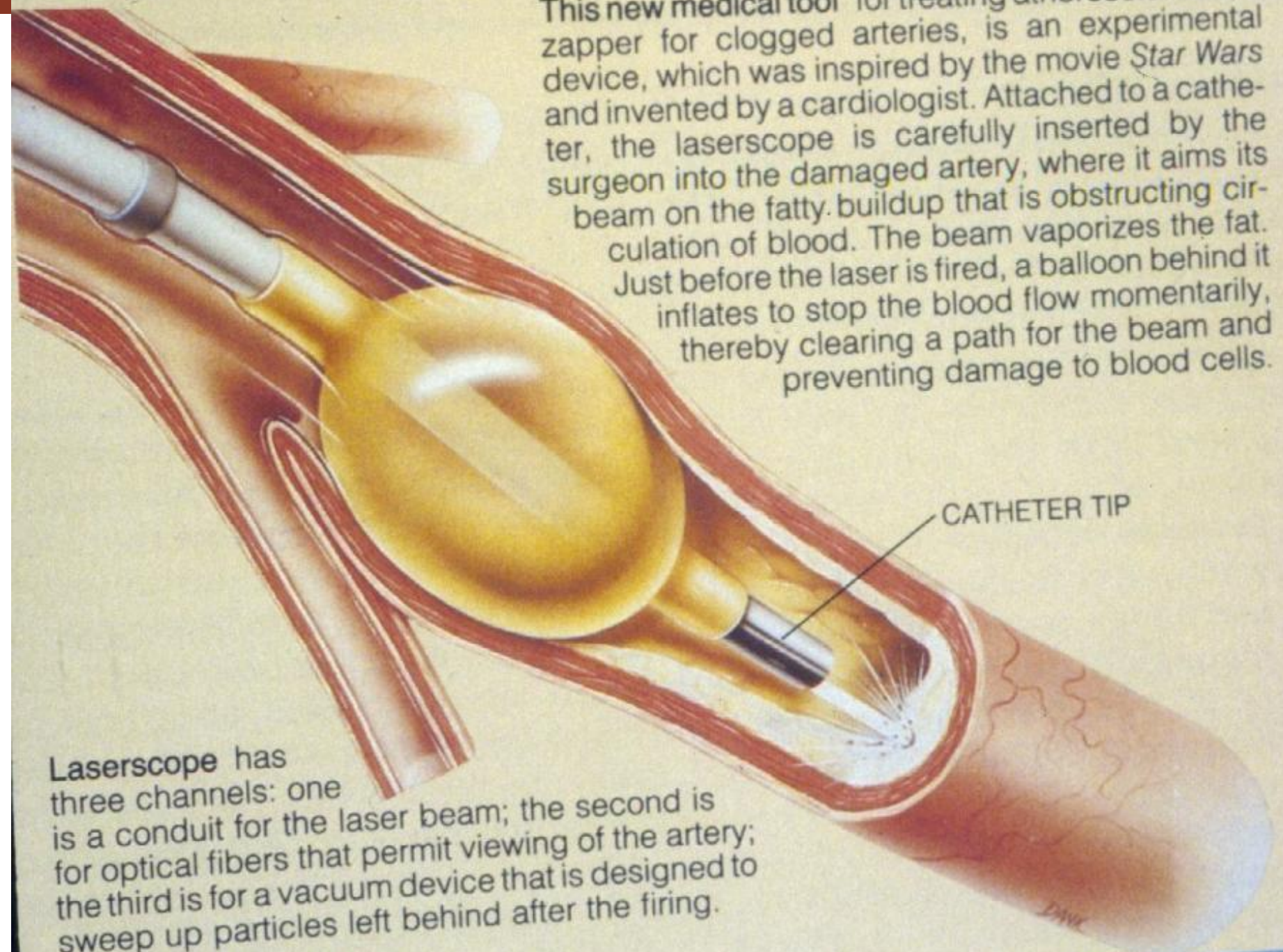


Plaque narrows the artery. This narrowing hinders the flow of blood. A clot may detach itself from the site and move toward the heart or into a small artery, blocking it. An obstruction inside the coronary artery causes angina or heart attack. Blockage in an artery leading to the brain brings on stroke.



This new medical tool for treating atherosclerosis, a zapper for clogged arteries, is an experimental device, which was inspired by the movie *Star Wars* and invented by a cardiologist. Attached to a catheter, the laserscope is carefully inserted by the surgeon into the damaged artery, where it aims its beam on the fatty buildup that is obstructing circulation of blood. The beam vaporizes the fat

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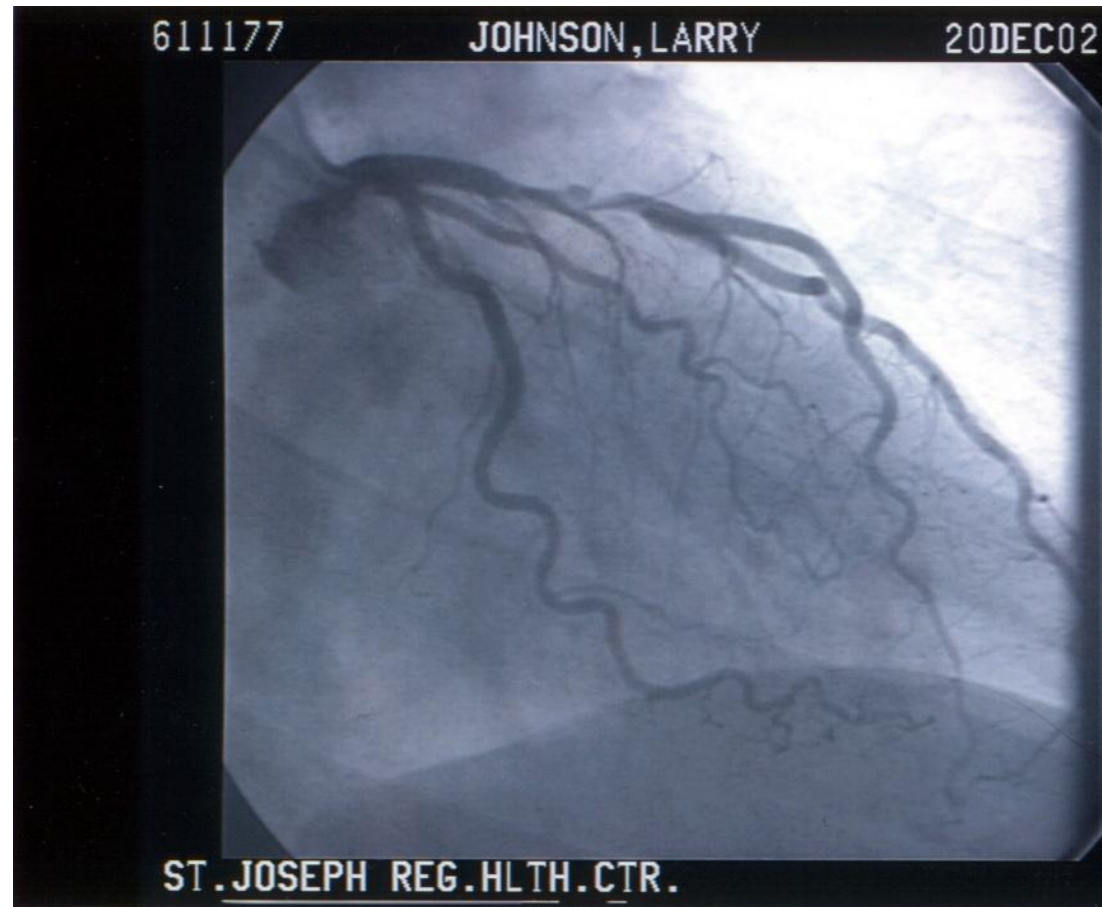
Laserscope has three channels: one is a conduit for the laser beam; the second is for optical fibers that permit viewing of the artery; the third is for a vacuum device that is designed to sweep up particles left behind after the firing.

DWK

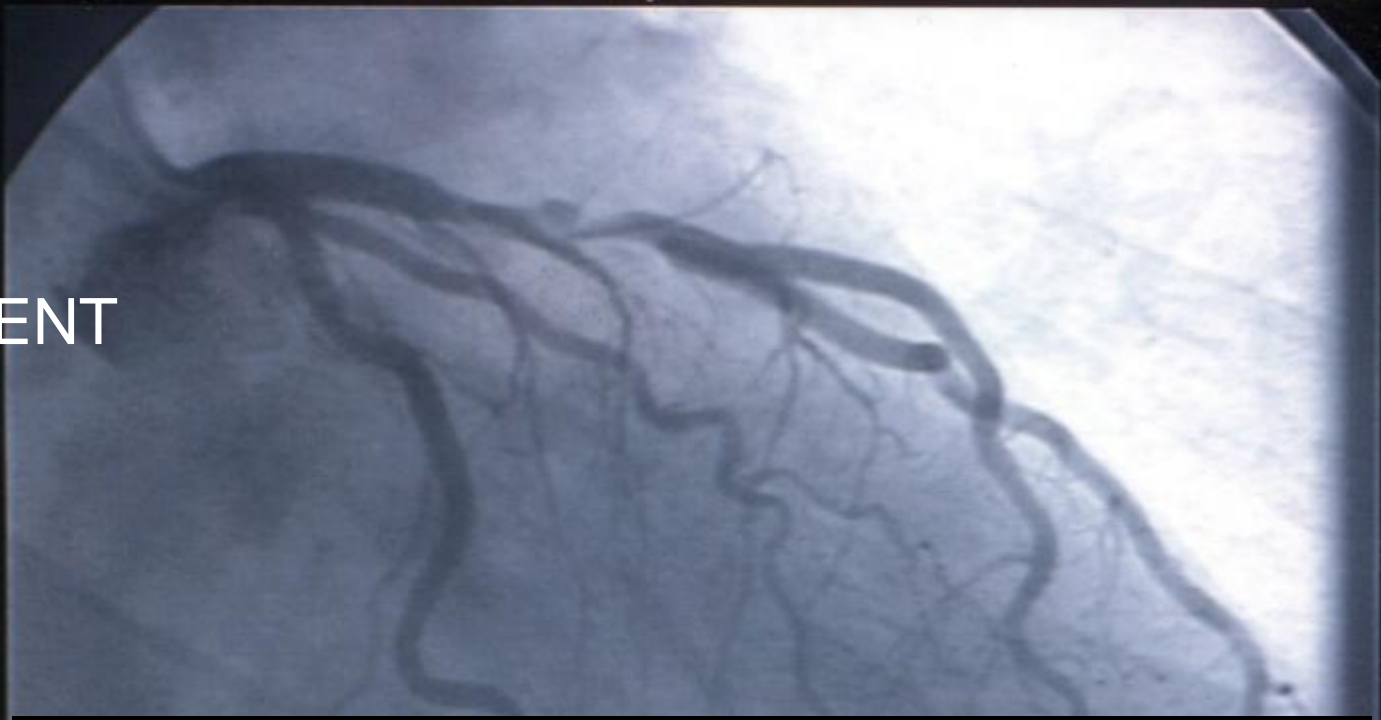
FUNCTION / ACTIONS OF LYSOSOMES

UNPROGRAMMED CELL DEATH

**DAMAGE/DEATH TO
CARDIAC CELLS IN
ISCHEMIA
ASSOCIATED WITH
MYOCARDIAL
INFARCTIONS**



PRE-STENT



POST-STENT



Many illustrations in these VIBS Histology YouTube videos were modified from the following books and sources: Many thanks to original sources!

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- Douglas P. Dohrman and TAMHSC Faculty 2012 Structure and Function of Human Organ Systems, Histology Laboratory Manual - Slide selections were largely based on this manual for first year medical students at TAMHSC