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| **Procedure: Lifting and Restraining a Dog in Sternal Recumbency****Time Limit: 3 minutes** |
| Washed hands to ensure proper hygiene1 point each:* Washed with soap and warm water
* Washed to the wrist and interdigital spaces
* Washed for 15 seconds
* Dried hands with paper towel
* Turned off faucet with paper towel
 |
| Spoke to the animal in a calm reassuring manner1 point each* Spoke to animal
* Spoke in a calm and reassuring manner
* Allowed dog to sniff hand
* Observed dog’s body posture

Stroked dog’s head or body |
| Placed one arm in front of the patient’s chest and the other arm behind the rear legs (at stifle level) or under the abdomen* 2 points – Placed arm in front of dog’s chest
* 3 points – Placed arm under dog’s abdomen **OR**
* 2 points – Placed arm behind dog’s rear legs
* 1 point – Placed arm at stifle level
 |
| Handler held animal close to his/her body and lifted from a squatting position (using legs to prevent back injury)* 2 points – Handler assumed squatting position
* 2 points – Held animal close to handler’s body
* 1 point –Handler’s arms remain in correct position
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| Had patient sit on the exam table, and then slid the patient’s front limbs forward, encouraging him or her to lie down * 1 point – Kept one hand on dog at all times
* 1 point - Grasped dog’s forearms, not paws
* 2 points - Gently slid legs forward until dog was lying
* 1 point - Reassured dog by speaking and/or stroking
 |
| Draped one arm across the patient’s back and cradled the patient’s body, keeping the sternum on the table. |
| Slid the opposite hand under the patient’s neck and rested hand on the face, to control the patient’s head. |
| Handler used the weight of his/her body to lean across the patient’s back to help immobilize until the procedure or exam is finished* 2 points - Hands remained in proper position at all times
* 2 points - Used the least amount of restraint necessary
* 1 point - Spoke to dog in a calm, reassuring manner
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| \*Judge states procedure is complete\* |
| Allowed patient sit up on the table * 1 point - Released hold of dog’s front and rear legs
* 1 point - Reassured dog with praise/stroking
* 1 point - Allowed dog to stand/sit on table
* 2 points - Kept a hand on dog at all times
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| Placed one arm in front of the patient’s chest and the other arm behind the rear legs (at stifle level) or under the abdomen* 2 points – Placed arm in front of patient’s chest
* 3 points – Placed arm under abdomen
* 2 points – Placed arm behind rear legs
* 1 point – Placed arm at stifle level
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| Handler held animal close to his/her body and lowered patient to the floor by squatting (using legs to prevent back injury)* 1 point – Arms remain in correct position
* 1 point – Held animal close to handler’s body
* 1 point – Lowered dog using a squatting technique
* 2 points - Gently placed dog on floor)
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