Pre-test Answers for "Delicious Poison"

1. Preservatives that are added to food are food contaminants.

**True**

False

1. Medicinal drugs if not taken the right dose can cause adverse health effects.

## True

False

1. We intentionally add flavoring agents for the food to taste good.

# True

False

Post-test Answers for "Delicious Poison"

1. Tom had a bacterial infection. Dr. McDonald prescribed him to take erythromycin three times daily for 4 days. Tom took the medicine for 2 days and he became all right and so he stopped taking the medicine. Can he get adverse health effects?

### Yes

* 1. No

1. Stephanie used to roast the meat and take for lunch and dinner everyday. She developed cancer when she became 50years old. She got exposed to which of the following chemical:
2. Plasticizers
3. Aspartame

### Benzo[a]pyrene

1. Tartrazine

3. Pesticides are intentionally added to the food.

1. True

#### False

4. Steven took 5 tablets of a non-therapeutic drug at one time accidentally and did not experience any adverse health effect, but Rebecca took 3 tablets of the same non-therapeutic drug but suffered severe health effects. Which of the following is true?

1. Rebecca has a higher threshold level than Steven.
2. **Steven has a higher threshold level than Rebecca.**
3. Steven and Rebecca have the same threshold level.

5. Stella had the habit of chewing plastic toys till she was 7 years old. She could not leave the habit, and so when she became older she started chewing plastic pens. She had some reproductive problems. What did she get exposed to?

1. Flavoring agents
2. Preservatives
3. Coloring agents

### Plasticizers

6. Ronny’s mother forgot to keep the left over food in the refrigerator. She gave the same food to Ronny for lunch the next day. Ronny developed nausea, vomiting, and diarrhea after he ate that food. The food that he ate could have gotten contaminated with what?

1. Plasticizers
2. Benzo[a]pyrene

### Microorganisms

1. None of the above

7. Tartrazine is added to food for which of the following purpose?

### For the food to look good

1. For preserving the food for a long time
2. To kill germs
3. All of the above

8. Aspartame is an intentional food contaminant.

### True

1. False

9. The chemicals contained in plastic are called \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Flexibles

### Plasticizers

1. Preservatives
2. Clear chemical

10. Antibiotics belong to which group of drugs?

### Therapeutic drugs

1. Non-therapeutic drugs
2. All of the above

11. The limit above which adverse health effects are produced for non-therapeutic drugs is called as\_\_\_\_\_\_\_\_\_\_\_

1. Non-threshold level
2. Period of safety

### Threshold limit

1. Limit of adverse effects
   * 1. We add preservatives to food so that it can be stored for a longer time.

# A. True

B. False