



WHAT IS VACCINE HESITANCY?

Vaccines are safe, effective, and have been responsible for saving millions of lives by preventing the spread of diseases. Despite the benefits of vaccines, some people postpone or refuse to get vaccinated even when vaccines are available. This is known as vaccine hesitancy.

Factors that lead to vaccine hesitancy:

- Parental concerns
- Safety concerns
- Mistrust in health care provider, government, or public health authorities
- Past healthcare experiences
- Political identity
- Cost of vaccine Proximity to vaccination sites



MYTH NO. 1

Natural immunity is better than a vaccine (acquired immunity).

Truth:

- Natural immunity does not provide better immunity
- It carries a risk of serious complications and possibly death

MYTH NO. 2

Vaccines contain unsafe toxins.

Truth:

- Vaccines are tested before they are distributed
- Aluminum salts and Formaldehyde are included in very small amounts

MYTH NO. 3

Hygiene and sanitation provide better protection than vaccines.

Truth:

- Hygiene and sanitation can protect you from harmful pathogens
- Infectious diseases can spread from sneezing and coughing
- Hygiene alone won't protect you from diseases



MYTH NO. 4

Vaccines can infect a person with the disease it's trying to prevent and causes infertility

Truth:

- Most vaccines contain dead or inactivated viruses or bacteria
- Designed to promote an immune response
- Vaccines are not related to fertility



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